

Only Work and Profit Will Do The Job

In an era of costly government social programs and high taxes, Norman A. Bailey, economist, Columbia University, New York, puts into a few words some basic truths that we are too prone to forget.

Bailey says: "The only way to develop the economy of any country is through the formation of capital. There is no other way. Only work and profit will drive away poverty.

"If the underdeveloped wish to progress, they must discard the illusion that they can have high wages and costly programs of social welfare, and at the same time rapid industrial development.

"The most prosperous countries, as well as those with the highest degree of social justice, are those operating within the framework of political freedom, free enterprise, high profits regularly reinvested, and a government that confines itself to a limited number of public needs and functions."

No Place Like Home - For Accidents

Be it ever so humble, there's no place like home — for accidents, that is.

Home accidents are responsible for twice the number of disabling injuries as work accidents — and nearly twice the deaths. Nearly one out of four of these accidents happen to workers off the job.

Remember to take safety with you when you leave work, says the National Safety Council. Accident prevention is a round-the-clock job.

Towel Mill Honors Top Weavers, Fixers

The Towel Mill's list of top quality weavers and loomfixers carries several new names, indicating continuing keen competition for the quality titles.

To encourage quality and efficiency in the weave room, the Towel Mill each week singles out for recognition the weavers and fixers with the best records.

Names of the leading operators are posted on the weave room bulletin board and are printed in The Mill Whistle.

The "Weavers of the Week" are those with the lowest per cent of seconds with respect to the standards for the various loom groups.

The "top" loomfixers are determined through a combination of low seconds and high loom efficiency on the sections for which they are responsible.

The leading operators for the most recent periods of record are listed below.

Weavers—W/E April 16

Dobby Terry Joda Talbert
Jacquard Terry James Stoneman
Draper & Cam Coy McAlexander

Fixers—W/E April 16

Dobby Terry Leonard Wright
Jacquard Terry Carlton Rakes
Draper & Cam Jess Hopkins

Weavers—W/E April 9

Dobby Terry Charlie Ramsey
Jacquard Terry Elmer Haynes
Draper & Cam James Graham

Fixers—W/E April 9

Dobby Terry Newton Dixon
Jacquard Terry None
Draper & Cam Roy Whitlock

About Heart Failure

By DR. J. A. SANFORD
Medical Director, Fieldcrest Mills

Heart failure! Our misconceptions about this term go back to childhood when we used to say, "I was so scared I nearly had heart failure." We thought heart failure meant to drop dead.

Heart failure does not mean the heart stops beating. A failing heart continues to work, but with less strength than is needed for good health.

Medical science has found ways to strengthen the heart and to help patients control their heart failure.

Congestive heart failure occurs when the heart's ability to circulate the blood normally through the body has been weakened by some form of heart or blood vessel disease. Among these are hardening of the arteries (arterio sclerosis) as in coronary disease, severe high blood pressure, rheumatic fever, and birth heart defects.

Ordinarily, heart failure does not come on suddenly. The following symptoms may develop:

1. Difficult breathing during ordinary activity.
2. Frequent waking at night with shortness of breath.
3. Swelling of ankles, legs, and sometimes abdomen.
4. Rapid increase in weight, due to water in tissues.

Seeing a physician is advisable should any of these symptoms develop. With medical care, heart failure need not make an invalid of the patient. Most



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SERVICE ANNIVERSARIES

Fieldcrest Mills extends congratulations to the following employees who, since our last issue, have observed notable anniversaries of continuous service with the company.

Forty Years

Jesse Ben Carter Bedspread

Thirty-Five Years

George D. Merriman Towel
Annie H. Angle Towel

Thirty Years

Dewey W. Gauldin, Sr. Blanket
Elma M. Reynolds Bedspread

Twenty-Five Years

Hugh T. Bundy Blanket
James L. Marlowe General Offices

Twenty Years

Helen K. Smith Towel
Irene T. Grogan Finishing
Cora C. Minter Bleachery
Roy F. Barbour Towel
Lynn Cohen, Jr. Bedspread

Fifteen Years

Benjamin C. Motley Sheeting
Richard H. Minter Blanket
Silas B. Odell Karastan
Elsie G. Tuttle Bleachery
Lucille R. Bradford Sheeting
J. Willard Minter Sheeting
Robert L. Turner Towel
Doris S. Hubbard Karastan
Doris M. Tilley Bedspread

Ten Years

Unicy H. Melton Karastan Spinning
Gladys Vernon .. Karastan Spinning

mild or moderate cases and many severe ones respond well to treatment. Only a physician can recognize and treat heart failure. The sooner he is consulted, the sooner the condition can be relieved or controlled.