





"Barsaleau" plush broadlood room setting is a most practical of

## Boy Scouts Will Honor Families

Clarence Martin, of the Engineering Department, and his family will be among those honored during Boy Scout Week February 7 to 13 as the Boy Scouts of America dramatize how Scouting contributes to better family life.

Four members of the Martin family are active in the Scout program. Clarence is a scoutmaster; his wife is a den mother; Charles, the oldest son, is a Boy Scout; and Dennis, the next oldest, is a Cub Scout. The youngest member of the family, four-year-old Glenn, is yet too young.

Under the current program of national purpose, "Strengthen America . . . Character Counts," the nation's 5,235,000 Cub Scouts, Boy Scouts, Explorers and adult leaders will observe the 52nd anniversary of the Boy Scouts of America.

Locally, the 504 Scouts of Dan River District, Cherokee Council, will share in the observance. Emphasis will be placed on the family's contribution to Scouting and the American way of life.

Typical Scout families will be recognized and the Scouts will honor parents.

## The Flu And You

By DR. J. A. SANFORD Medical Director, Fieldcrest Mills

Influenza produces an illness with symptoms of a severe "virus attack" with which we are all familiar.

The simple protective vaccination you can take can play an important part in guarding you against discomfort and unpleasantness. However, once the disease in contracted, the vaccine is ineffective.

There is no distinctive symptom of influenza. The disease starts quickly after an incubation period of 24-72 hours.

There may be weakness, lassitude, chills, muscular pain, headaches, fever 101-103 degrees, nausea, vomiting, sore throat, and cough. Not every patient will show all of these symptoms, but any combination of them.

## Doctor Should Be Consulted

There is no specific treatment. Bed rest, aspirin and plenty of fluids are effective measures, but your doctor should be consulted, to forestall any complications.

The disease ordinarily will run its course in 2-5 days, after which there may be a period of feeling weak. Early treatment may in many cases lessen the length of illness.

Influenza is highly contagious, presumably spread through direct personal contact or droplet infection through coughing or sneezing. Heavily populated industrial areas are therefore more vulnerable to an epidemic than thinlysettled regions.



Clarence Martin, of the Engineering Department, has All-Scout family.