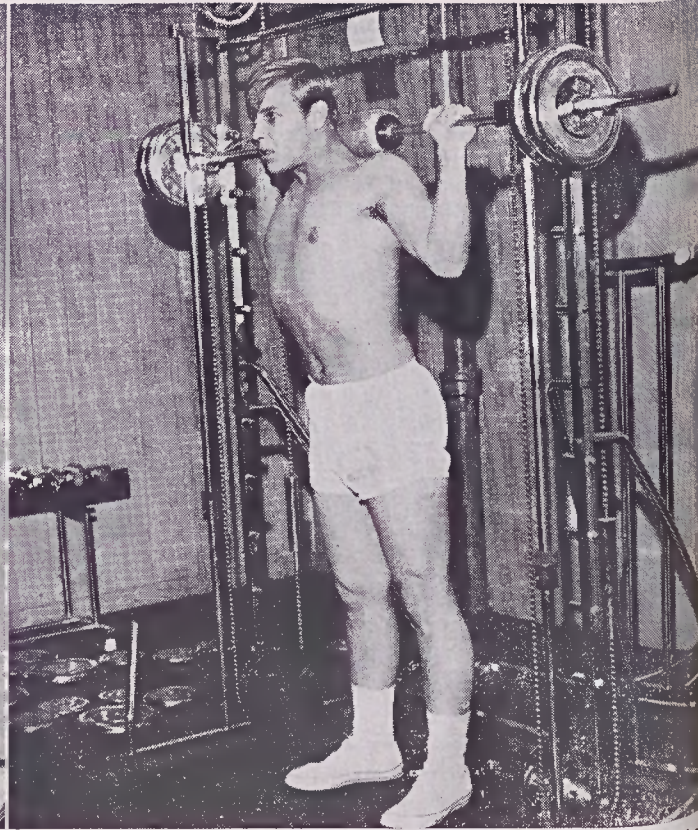




Janice Poteat, a sewer at Bedsread Finishing Mill, is shown using the Slendrocycle at Eden YMCA Health Club.



Danny Lewis, a Montfort cutting machine operator at the Sheet Finishing Mill, works out at the floor bench press.

'Y' Health Club To Have Open House

The Eden YMCA will hold open house at its new Health Club Sunday, March 8, from 2 p.m. until 5 p.m.

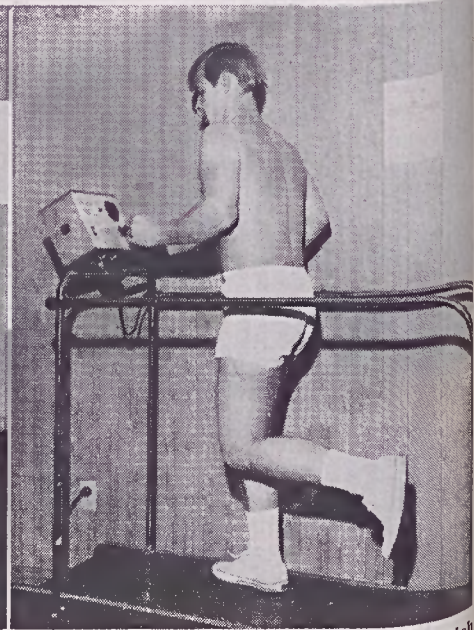
The public is cordially invited to the open house and all visitors will be eligible to register for attendance prizes, consisting of free memberships and gym suits.

The YMCA assumed operation of the Health Club effective January 1. The club at present is located in the Professional Building, adjacent to the Fieldcrest Store on new Highway 14. It is planned to move the equipment to the new Eden YMCA building when the building is completed.

Meanwhile, the Health Club is a busy place with certain hours set aside for women and other hours for men.



Janice lets the machine do the work. This is Figurama exercise massager.



Danny uses motorized treadmill which simulates walking, jogging or running.

New Superintendent

(Continued From Page Three)

and was assigned to the Calumet Mill in LaGrange.

He worked as cost accountant, operations research analyst, assistant superintendent and was superintendent for one and one-half years immediately prior to joining Fieldcrest.

Mr. Owen is married to the former Patricia Ann Hale, of LaGrange.

Book To Tell History Of Fieldale Towel Mill

(Continued From Page One)

Cleal, a cost analyst with the Martinsville DuPont Nylon Plant.

The Bassett Printing Corp. will publish the book. Malcolm Donald Coe, president of Bassett Printing and an editor and publisher, will be the editor.

Several years ago, Hiram Herbert, a Roanoke author, was commissioned to write the story of industry. He spent

more than a year on the project and wrote stories about 20 major industries.

But his work was not published. It was held up until recently because other interests made it impractical for him to revise the manuscripts. Mrs. Cleal will use much of the basic research in the Herbert stories, but she will rewrite all the material, incorporating developments since the first writing.

THE MILL WHISTLE