

Be Safe When Handling And Lifting

Manual materials handling and lifting are topics being discussed in the March safety talks given by members of the Safety Department to the mill safety committees.

The careful use of hand trucks found in production areas and in storage areas is emphasized and safety hints are given for employees who use these trucks.

Production trucks should be pushed and not pulled so that the truck does not run up on the employee's heel. Hands should be kept inside the truck when pushing and not on the sides where they could be crushed.

The wheels on hand trucks should be kept free of thread and debris. Many strain injuries are caused by trying to push trucks whose wheels are clogged.

Employees using wooden bottom

General Supt. Named At Bedsread Finish.



Stephen A. Robinson, previously a shift foreman in the warehouse at the Karastan Service Center, was appointed general superintendent of the Bedsread Finishing Mill effective March 1.

A native of Charlotte, Mr. Robinson received his B.A. degree in business administration from Davidson College in 1966 and his MBA with a major in marketing from Emory University in 1969.

He joined the Karastan Rug Mill as a staff assistant in the superintendent's office in June 1969. He became a shift foreman in the warehouse at the Karastan Service Center in January 1970 and served in that capacity until his latest appointment.

hand trucks should exercise caution to avoid getting splinters in their hands. Gloves should be used when necessary. Feet rather than hands should be used to push down the spring bottom in doff boxes.

Hand trucks used in warehouse areas present two major hazards. The tips on which the load rests may stick out and cause a tripping hazard. Also the trucks are heavy and may tip over if not stored properly.

It is suggested that the trucks be stored in such a way that the tips are not sticking out and the trucks are held upright. The best way to do this is to put the tips under a bale, a load of material, etc., or to lay the trucks down out of the way of traffic.

Lifting

Improper lifting can result in pulled muscles, disc lesions or hernia. For this reason the Safety Department recommends the use of six steps for proper lifting developed by Dr. B. T. Davies, an English authority on body mechanics.

These six steps involve the proper placement of the feet, the correct position of the back, chin, arms and elbows, the proper hand grip and the correct positioning of body weight.

Dr. Davies' method states that the feet should be parted, one alongside, one behind the object to be lifted; the back should be straight, nearly vertical; the chin should be tucked in; the object should be gripped with the whole hand; arms and elbows should be tucked in; and the body weight should be directly over the feet.

Payrolls and Taxes At Eden Total \$34-Million

(Continued from Page One)

nance Social Security taxes for employees; but the Company pays 100% of the taxes to provide the state-administered compensation for eligible employees when out of work.

In addition to the more than \$34-million pumped into the economy by direct payments, large sums were distributed in the form of fringe benefits for the 4,989 active employees and their dependents and for pensions to the company's retired employees. A majority of the retired employees live in the Eden area.

The foregoing figures do not include capital expenditures for land, buildings, machinery or equipment.

Money spent for purchases of goods and services from local firms and expenditures for raw materials also are excluded.

The figures apply only to Eden and Rockingham County and do not include any money paid out at other manufacturing locations or sales divisions.



Six steps for proper lifting, developed by Dr. B. T. Davies, are demonstrated in pictures above. Dr. Davies is a noted English authority on body mechanics.