

SPIRITUAL HEALTH

None of you would consider going through a day without performing many acts necessary for health, for physical health, that is. To be a well-developed person, one must also be healthy and grow spiritually.

For instance, who would deny the need for sufficient good, wholesome food daily? It is the same with the soul. Everyone needs to feed his soul daily upon the word of God.

Does not everyone desire physical cleanliness? Thus also it is very vital for one to continually ask forgiveness for those sins committed daily, for those sins which are the cause of hearts that are not clean.

Every normal person wants to exercise his body. So with our whole selves--we ought to give our very selves in service for others.

There are many opportunities here to enable you to follow the spiritual health rules.

Come to morning watch daily as you go by Lakeside Building to breakfast. You will not be sorry that you "sought God in the morning when the day was at its best." Since Scripture and a meditation guide will be there to help you, you will certainly enjoy your own meditation and prayer there where the view of that part of God's world is very beautiful.

Every Tuesday evening after supper there are services in the Upper Room in Gaither. This little period of worship together has always proved a great blessing. You are also welcome to enter the Upper Room at any time for your private devotions.

On Thesday and Thursday nights in each dorm many small prayer groups will be meeting. You will want to be in one of these and experience a very real sense of the tie that binds hearts of those who pray.

These are a few ways, but won't you be on the lookout for the other ways which are your privilege to aid in performing the acts which are all-important in the spiritual growth and welfare of individual's?

Be sure to attend all the entertainments planned for you this week. You may miss something if you don't!

THE DIALETTE

The DIALETTE is the official newspaper of Montreat College, and is published monthly by the Staff of Student Publications. Its purpose is to give the student body a fair and unprejudiced view of campus life.

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THE DORMITORIES SPEAK....

I'm College Hall, the big square building in back of Gaither. I'm really a very beautiful building, and that is not conceit, either, because many people have said so. I am very well taken care of by Miss Daniel, my house mother, and Aloyne Draper, the house president.

My name is Fellowship. At least that is what everyone calls me. Really it is "World Fellowship Building." I'm taller than College Hall, three floors and I have a beautiful view of the lake before me. Mrs. Mauldin, my house mother, Evan Wrenn, my house president and Betty Gibbs, my assistant house president, all have a firm grip on me to keep me from falling over when ever one is having a good time.

I'm the Assembly Inn, and way up on my top floors live all the High School students. When they go through my halls, I feel as if a whole hive of bees had suddenly moved in. The queen bee---that is, my house mother---is Mrs. Baumgarden.

Try out for the STAFF OF STUDENT PUBLICATIONS

Do you enjoy writing? The Staff will soon sponsor a campaign for new members. There are several vacancies to be filled. If you have a talent for writing, be sure to sign up for an interview.