



we BALANCE ourselves according to what we feel is the NATURAL flow of THE UNIVERSE... THE Garden-UNIVERSE THAT WAS... and SHOULD BE.

BUT OUR ORGANIC DIETS, BREATHING EXERCISES, and MEDITATIVE CONTORTIONS are as hopeless as



tending a window-box in NEW YORK CITY.

The Garden is more than eating fruit off of a tree. And physical purification is not the answer to SOUL HUNGER.

BY STEFFI GEISER

Life in the Garden WAS NATURAL because MAN and GOD were Together.



MAN CAN'T GET BACK TOGETHER WITH GOD BY EATING



THAT WAS THE PROBLEM IN THE FIRST PLACE!

BUT EVEN WAY BACK WHEN (when man + GOD first started to be UN-TOGETHER),

GOD promised that HE HIMSELF would provide a WAY BACK.

Jesus is the way.*

* Jesus said "I am the way, the truth, and the life. No man comes [BACK] to the Father except by me." John 14:6 That's why he died on the cross on our behalf!

"It is written, Man shall not live by bread alone, but by every word that proceeds out of the mouth of GOD." MATTHEW 4:4



some of us have learned to care about the bodies we walk around in. and have begun to treat them with RESPECT.

We are looking for the way to "get ourselves back to the Garden"

we simulate what we suppose to be NATURAL. we tame our diets we clean our systems we purify our bloodstreams we build-UP, slim-down, RELax and PREserve our bodies.