

Prospect Community

by Mrs. Broadus McGinnis

Visitors Thursday of Mrs. Annie Hames, Mrs. Eula Suttles and James Camp were Mr. and Mrs. Wade Harmon of Chesnee, Mrs. Janie Doggett of Forest City.

Mrs. Gracie Willingham visited Friday with Mrs. Effie Mosteller and Mrs. Broadus McGinnis.

Buddy Jr. and Cindy Willis of Greensboro are spending this week with their grandparents, Mr. and Mrs. J.T. Jolley.

Mrs. Nettie Tessner of Grover spent Friday night and Saturday with Mrs. Henry Crawford.

Mr. and Mrs. Jimmie Jolley and Danny of Trinity Community, Mrs. Effie Mosteller and Mrs. Broadus McGinnis visited Wednesday with Mrs. Cecile Jolley, Nina and pettus Mosteller. The Jolley's had supper with them.

Mrs. Selma Davis is a patient at the Rutherford Hospital with a broken hip.

Visitors last week of Madison McCraw and sisters included Mr. and Mrs. Henry Harris, Mr. and Mrs. Lynn Horton and Cecile Jolley of Cherokee Community, Mrs. Gothary Humphries of Cliffside and grandchildren, Alisia and Drury White of Greenville, Mr. and Mrs. Ode Humphries of Mayo, Mr. and Mrs. Hilton Miller of Rutherford County, Mrs. Georgia Beck of Spencer, Mrs. Frances Campbell and grandson, Chuck Dover of Gaffney, Wilma and Georgia McCraw, Elvin McCraw and Larry Petty and Grudger Walker.

Mr. and Mrs. John Compton spent from Thursday until Sunday at Linville Falls Campground near Grandfather's Mountain.

Mrs. Nettie Tessner and Mrs. Flora Crawford visited Mrs. Arthur Harris Friday night. Mr. and Mrs. Howard Jolley of Chesnee visited her Sunday. Later in the day they all visited Mr. and Mrs. Jack Scruggs in Ferry Community.

Mrs. Callie Ruppe visitors last week were Mr. and Mrs. Bobby Ruppe of Cowpens, Mrs. Golan Martin, Danny and Billy, of Cliffside, Mrs. Edisto Horton and Mrs. Johnnie Greene and Ann.

Duane Joles of Rutherford County spent Saturday with Rhonda and Elizabeth Price.

Sunday visitors of Mrs. Minnie Scruggs were Mr. and Mrs. Wade Bridges of Mooresboro, Mrs. Tom Moss of Mt. Sinai, Mrs. Frank Elmore and Mr. and Mrs. Mason Scruggs.

Mrs. Madge Parris of Gaffney spent Thursday with her sister, Mrs. Stella Scruggs.

Mrs. Willie Sellars and daughter, Fay, of Cowpens and Mr. and Mrs. Max Monroe of Ellenboro visited Sunday with Mr. and Mrs. Ira Elmore.

Flint Hill Community

by Ruby Ledbetter

The nominating committee of Flint Hill Baptist Church met Sunday at 6 p.m.

Those from our community in the hospital at this time are Mrs. Debro Webb, Mrs. Carl Weaver, Mrs. Joyce Rogers, Mr. J.B. Rogers, Sr. and Mrs. Nancy Ledbetter at Cleveland Memorial Hospital.

Those returning from vacations at the coast this week are Mr. and Mrs. Wallace Vinesette and family, Mr. and Mrs. Tillman Raduly and family, Mr. and Mrs. Lemual Cochran and family, and Mr. and Mrs. Bobby Ledbetter and family.

Mr. and Mrs. James Ledbetter, Shannon, Ashley, and Andrea Ledbetter, Mr. and Mrs. Larry Ledbetter, Emily and Jennifer Rochester and Willeam Harris spent the week at Surfside Beach, S.C.

Rev. and Mrs. Ed Sessom visited Rev. and Mrs. Bob Grant and Mr. Frittle in Greenville, S.C. on Tuesday. Mr. and Mrs. Slim Davis and Mr. Davis' mother of Raleigh were guests in the Sessom home last week.

Mrs. Nancy Freeman, Charels and Debra, and Mafrey Sessom visited Rev. and Mrs. Hazel Boyd in Dallas, N.C. on Monday. The Freeman children remained for a visit there.

Mr. and Mrs. David W. Ledbetter and Melissa of Concord spent Sunday with Mr. and Mrs. Durham Ledbetter. Mr. and Mrs. Joe Ledbetter, Jana and Joel Ledbetter of Spartanburg, S.C. were also Sunday guests.

Mr. and Mrs. James W. (Buddy) Long of Raleigh visited the James Longs during the weekend.

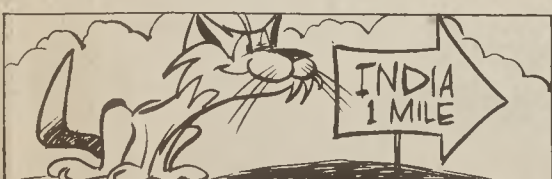
The children of Mr. and Mrs. Bobby Jones of Shelby spent a few days with their grandparents, Mr. and Mrs. William Mode. Mrs. Jones had surgery at Cleveland Memorial Hospital recently. On Sunday, Little Katina Jones celebrated her 5th birthday with a party at The Burger King in Shelby.

Olen Ledbetter, Ralph Harrill and Jerry Michael Dover went to Lake Wylie fishing Thursday.

Visiting in the home of Mr. and Mrs. Olen Ledbetter and family last week were Mr. and Mrs. Robbie Ledbetter, Robert and Lori Ledbetter of Shelby and a friend, Amy. Mr. and Mrs. Melvin Wood of Kings Mountain, Mrs. Erie Bryant of Patterson Springs and Mr. and Mrs. Cluff Burns and Herman and Jeff Ledbetter of Spartanburg, S.C. and Mrs. Jeann Hopkins of Fort Valley, Ga.

Mrs. Shelia Earls is home from Cleveland Memorial Hospital.

John Scruggs moved his letter from Flint Hill Baptist Church Sunday to Camps Creek Baptist Church.



It wasn't until the first century A.D. that cats were mentioned by European writers. There is no record of them in India until after the second century B.C.



SANDY GUFFEY

Plans Announced

Sandra O'Neil Guffey and Robert Lee Wall, Jr. have announced their engagement.

Daughter of Mr. and Mrs. Gail Guffey of Boiling Springs, the bride-elect attended Crest High School and Gardner-Webb College. She is employed by Life of Virginia Insurance Co. as a representative.

The prospective bridegroom is the son of Louise B. Hill of Rutherfordton. A graduate of Cool Springs High School, he recently graduated from the Life Underwriters Training Council at Cleveland Technical College. He is employed by Life of Virginia Insurance Co. as a representative.

The wedding is planned for August 16 at Boiling Springs Baptist Church.

UNSALTING OUR DIET FOR HEALTHY AND TASTY EATING

COMPANY MEALS WITH NO SALT



The incidence of hypertension is increasing among Americans and it is often related to excess sodium consumption. More and more, the hostess who entertains frequently must try to accommodate guests on salt-restricted diets.

To handle this situation without extra cooking, plan your menu around low-sodium dishes that everyone will enjoy. Most meals come alive with the judicious addition of herbs and other condiments. This recipe for Barbecued Lamb Chops is marinated first in a mixture of new Fleischmann's Unsalted Margarine, honey and other seasonings, then browned to perfection over glowing coals.

Substituting Fleischmann's Unsalted Margarine for butter and regular margarine is a good way to help reduce overall salt consumption for the whole family. It is terrific tasting and is both kosher and parve (milk free). And now you'll find Fleischmann's new formulation in the dairy case of your market.

BARBECUED LAMB CHOPS

Makes 4 servings

- 1/2 cup (1/2 stick) Fleischmann's Unsalted Margarine, melted
- 1/4 cup honey
- 1 tablespoon white vinegar
- 2 teaspoons rosemary leaves
- 1/2 teaspoon Worcestershire sauce
- 1/2 teaspoon ground black pepper
- 4 shoulder lamb chops, cut 1-inch thick

Combine Fleischmann's Unsalted Margarine, honey, vinegar, rosemary, Worcestershire sauce and pepper; mix well. Lay lamb chops in a shallow pan. Pour marinade over lamb. Let stand 3-4 hours at room temperature, turning occasionally.

Place lamb chops on broiler rack, 3 to 4 inches from heat source; brush with marinade. Broil 10 minutes on each side, brushing occasionally with marinade, for medium, or longer for well done.

Sodium: 130 MG. per serving



Silent film star Mary Pickford's real name was Gladys Smith.



A person breathes seven quarts of air every minute.

Boiling Springs Community

by Louise Moore

Mr. and Mrs. Ray Crowe were hostess at their home Sunday at a surprise 35th wedding anniversary dinner for his parents, Mr. and Mrs. Gilbert Crowe. Other guests included Mr. and Mrs. Fay Crowe, Mr. and Mrs. Charles Bearder of the Trinity Community, Mr. and Mrs. Charles McCraw of Gaffney, S.C., Mr. and Mrs. Don Hasting and children, Mr. and Mrs. Ray Daves and children, Mr. and Mrs. J.R. Greene, Mr. and Mrs. Herman Bridges and Mr. and Mrs. Jimmy Greene and family, all of Boiling Springs.

Mrs. Ethel Greene and Mrs. Joe Hamrick visited Mrs. Virginia Pennington in Forest City Tuesday evening.

Mrs. Maude Burroughs spent the day Tuesday with Miss Selma DeBurlie in Henrietta.

Mr. and Mrs. E.D. Moore spent Wednesday with Mr. and Mrs. Therman Moore in Spartanburg, S.C.

Mr. and Mrs. Earl Garnto of Brandt, Fla. spent Saturday with Mr. and Mrs. Hal B. Greene.

Miss Winnie Lemmons and Mrs. Mary Galloway of Gaffney, S.C. visited with Miss Etna Holland Sunday afternoon.

Community sympathy is expressed to Jimmy and Robert McKinney in the death of their brother, Robert McKinney of Charlotte.

Renda Goode and Max Goode, Jr. are spending two weeks here with their grandparents, Mr. and Mrs. Blane Whisnant.

Mr. and Mrs. Ted Daves and Anna Marie toured Washington, D.C. last week.



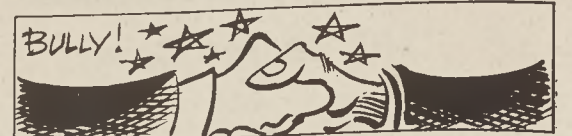
A shoe rack for the closet floor will keep shoes orderly and also inhibit tendencies to throw items on the closet floor.



The word bride is derived from an ancient Germanic word meaning "to cook."



Some people once believed that if a frog came to your door, you would soon be married.



On New Year's Day, 1907, Theodore Roosevelt shook hands with 8,513 people.

Lula Austin
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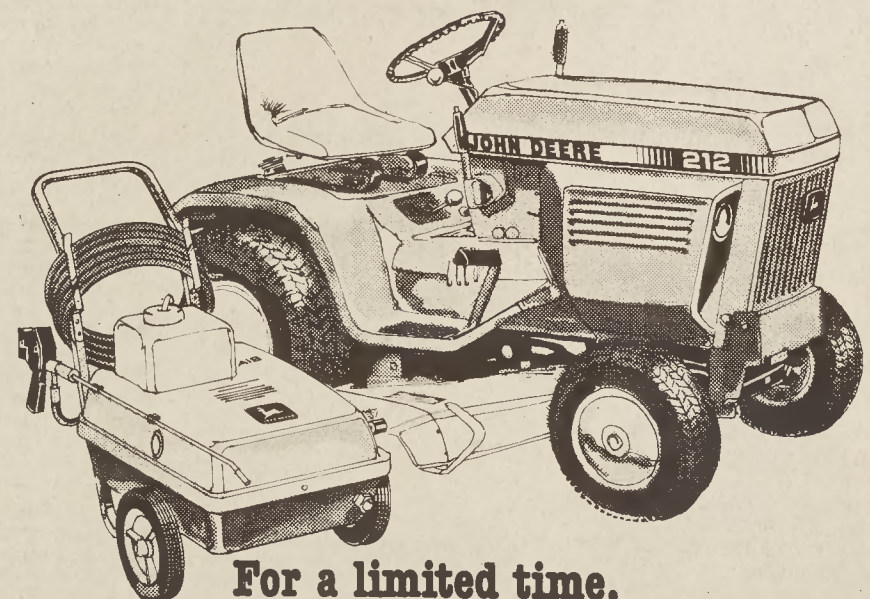
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DOWN TO EARTH VALUES



It pays to spend a little more for a John Deere



For a limited time, you can spend a little less

Many of the first John Deere Lawn and Garden Tractors built in 1963 are still running. Proves you get what you pay for. During Down-to-Earth Values days, get the John Deere quality product you want at savings. All lawn tractor or lawn and garden tractors are \$10 per horsepower off the retail price. You save \$80 to \$200. Eight

other popular products are reduced \$2 - \$15 - \$30 - \$50 - \$80 off their suggested retail prices. Including 21-inch walk-behind mowers, the 68 Riding Mower, tillers, gas grills and more. Spend a little less on a lot of quality during John Deere Down-to-Earth Values days. All offers expire May 31.



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