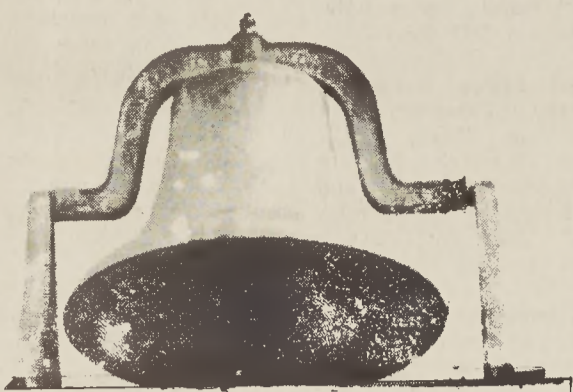


Boiling Springs



Church Bell At Boiling Springs Baptist Church

Community

By Louise Moore

Mr. and Mrs. Jerry L. Ellis announced the birth of a son, Christopher Lyn. He was born in Cleveland Memorial Hospital on August 28. Grandparents are Mr. and Mrs. Larry L. Ellis of Mooresboro and Mr. and Mrs. Michall Whitaker of Gaffney, S.C. Great-Grandmothers are Mrs. J.E. White and Mrs. F. B. Moor of Gaffney, S.C.

Mr. and Mrs. Jack Beason of Chester, S.C., visited Mr. and Mrs. Glenn Moore on Thursday, Mr. and Mrs. Moore visited Mrs. Chris Greene and Christopher Joe in Waco on Tuesday.

Mr. and Mrs. Marion Morehead of Earl were Thursday evening dinner guests of Mrs. Maude Burroughs.

Community sympathy is expressed to the family in the recent death of Mr. Herbert P. Greene of Boiling Springs.

A group from Boiling Springs Baptist Church attended music day at Broughton Hospital in Morganton last week.

Mr. and Mrs. Marion Hamrick visited Rev. and Mrs. M.D. Blanton in Forest City on Saturday night.

Mr. and Mrs. Carl Weaver and Mr. and Mrs. Carl Debrew

and son, Craig, went to Pisgah National Forest recently. The Weaver's attended alumni service at Hot Springs and the Debrews went on a picnic.

Mr. and Mrs. Bill Hubbard and children of Greenville, S.C. visited with Mr. and Mrs. N.P. Guffy on Sunday afternoon.

Mr. and Mrs. Harvey Cooke Jr. of Shelby were Sunday dinner guests of Mr. and Mrs. Fay Crowe.

The Family of the late John Greene held their annual reunion in the fellowship hall of Boiling Springs Baptist Church on Sunday. A large crowd of family members were there to enjoy dinner and to gather for an afternoon of fellowship.

Mrs. Martin Reade and daughter, Karen, of Hampton, Va., spent a week with Mrs. Blane Whisnant recently.

Mrs. Karl Hedrick was honored with a dinner for her birthday on Saturday evening by her children and grandchildren at the home of Mr. and Mrs. Allen Jones.

Mr. Jimmy Holland of Hendersonville, spent the weekend with his mother, Mrs. Zeb Holland.

Humans, Cocklebur, Ragweed, And Goldenrod: This Time We Air Our Differences

We are in the midst of the ragweed, cocklebur, goldenrod season. And if you see a friend who is constantly sneezing, with a runny nose, swollen, red eyes with dark circles beneath them and a pocket full of kleenex, pity him for he is one of millions of people who are allergic to the pollen of these "devil" plants. He anticipates this time of year with the same fever as a tussle with a bear or being staked - stripped - over an ant hill.

Of these plagues on humankind, the ragweed is the most harsh from the standpoint of misery it causes. The weed gets its name from its tattered appearance. According to Dr. J.W. Hardin, professor of botany at N.C. State University, the common ragweed is the most abundant - growing up to four feet tall. The greenish flowers grow in small clusters on its spiked stem tips. The flowers contain sacs that hold the pollen. It is within these sacs that wads of pollen await to be literally exploded into the air. Dr. Hardin said it is believed that pressure causes the sacs to erupt. The pollen can be carried hundreds of yards on the wind before it settles to the ground, but it can be picked up again and be carried as specks of dust. It takes several cleansing rains before it is buried - so to speak. A frost or two usually takes care of the plant.

Dr. Hardin said the cocklebur is also a problem to allergy sufferers at this time of year. It, too, is a flowering plant that is related to the ragweed. Like the ragweed, it is pollinated by the wind and spreads its misery likewise. The bur is the part left from the flower. It, along with its seeds, is poisonous to livestock, Dr. Hardin cautioned. On the other hand, the goldenrod - the least offensive of the big three - is an insect-pollinated plant. The pollen is sticky and very little gets into the atmosphere. Only when the pollen dries out does it become wind-borne.

Dr. Hardin said the goldenrod's affect on allergy sufferers may be mostly psychological because it blooms at the same time as ragweed and cocklebur and is very showy. He opines that people see it in fields in great numbers when they are having allergy symptoms and associate it with ragweed and cocklebur. He said pine trees present somewhat the same situation. When people are experiencing allergic symptoms it is easy

to blame what they see when, actually, it may be oak, hickory and other hardwoods that are to blame.

Dr. Hardin said the ragweed is essentially drought-resistant and the crop this year is abundant - as it nearly always is. And there is no place in North Carolina to get away from it. He allowed that the only places that would have a fairly low ragweed pollen count would be mountain peaks over 5,000 feet. Even then, it can be carried on the wind to the height.

What makes ragweed so tough for allergy sufferers to deal with? According to Dr. Lyn Jordan, a Smithfield family physician, ragweed pollen has the ability to stick to the surface of the nose and cause a tremendous amount of redness, swelling and watery discharge - along with itchy eyes and blurred vision. He said if people are allergic to anything, they will be allergic to ragweed.

Dr. Jordan said the best treatment is to stay indoors during the ragweed season as much as

possible. If you have to go out, do so before 10 o'clock in the morning before the pollen starts flying around so much. If you get to go out during the day, he said it might be wise to wear a

surgical mask. Otherwise, he said antihistamine or a decongestant of some kind may be helpful in relieving symptoms. (A service of the N.C. Academy of Family Physicians.)

SCHOOL BUS SAFETY



Every school day, 750,000 children ride in North Carolina's school buses. Remind your children to follow school bus rules and regulations. Their decisions when they are near a school bus can make all the difference.

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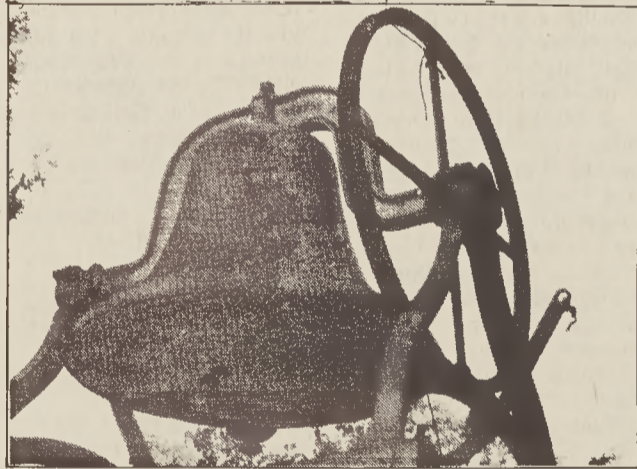


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Mt. Pleasant



Community News

By Betty Blanton

A family steak dinner was enjoyed at the home of Mr. and Mrs. Joe Davison in Shelby by her parents Mr. and Mrs. Shull Whitaker on Saturday evening.

Mr. and Mrs. Garland Jolley and Miss Hazel Jolley attended the wedding of Mrs. Jolley's nephew, Phil Harris to Linda Randall at the Race Path Baptist Church on Saturday afternoon. Miss Jolley was soloist for the ceremony.

Visitors to Presbyterian Hospital on Sunday afternoon to visit with Tim Walker who is a patient there were Mrs. Louise Harris, Mrs. Katie Hamrick, Mrs. Sharon Webb, and Mr. Bobby Luckadoo.

Week-end guests of their parents, Mr. and Mrs. Wayne Houser at their home on Lake Houser were Mr. and Mrs. Darrell Pridden of Florence and Mr. and Mrs. Garry Houser of Charlotte.

A day of fishing and picnicing

was enjoyed on Monday when Mr. and Mrs. Braxton Guffey of Cliffside visited with Mrs. Ruth Dawson at her cabin on Lake Houser.

Labor Day was spent seeing the beauty of Chimney Rock and Lake Lure by Mr. and Mrs. Homer Sarratt, Jr. and Mr. and Mrs. Clayton Scruggs of Cliffside.

Two sisters enjoyed a delightful visit on Labor Day when Mrs. Garland Jolley visited with Mrs. Kathleen Murray in the Campfield Community.

Mr. and Mrs. Calvin Dixon will be flying this week to California for a visit with Richard and Kathy Jones.

Penny Blanton of Hilton Head visited with her father, Ranny Blanton who is a patient in the hospital this week.

Tim Walker is recuperating in Presbyterian Hospital after surgery last weekend is expected home the latter part of the week.

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Telecourse	Broadcast	Channel(s)	Repeats	Channel(s)	First Lesson
HUM 101C In Our Own Image	6:30-7 am T and Th	Cable 22	8-9 pm, Th 9-10 am, Sat.	Cable 22	Sept. 6
SOC 202 Family Portrait: study of contemporary life styles	7-7:30 am T and Th	Cable 22	9-10 pm, Th 8-9 am, Sun	Cable 22	Sept. 6
BUS 235 The Business Of Management	10-11 am, Sat	17,33,58 & Cable 8	8-9 pm, Wed	Cable 22	Aug. 27
ECO 102 The Money Puzzle: the world of macroeconomics	11-12 noon	17,33,58 & Cable 8	9-10 pm, Wed	Cable 22	Aug. 27

Registration/Orientation At Cleveland Technical College:

BUS 235 and ECO 102 Thursday, August 18, 12 noon or 7 p.m.

HUM 101C and SOC 202 Wednesday, September 7, 12 noon or 7 p.m.

For Information, Call 484-4000

Cleveland Technical College

137 S Post Road - Shelby, NC 28150

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