

DURHAM CLUBS CONGRATULATIONS TO THE EDITOR

The Durham Club women congratulate the editor of the N. C. State Federation "Journal" for her splendid work given on the issues that have been published and wish to commend her highly for her untiring efforts and her patience in this undertaking under rather discouraging circumstances. We would urge clubs throughout the State to "rally" to the support of the efficient editor of our "Journal" support of the efficient editor of our "Journal."

The "Junior Mothers" Club at Durham is about to "chase" the Seniors out of business in club work. These young women—mostly daughters of the members of the "Senior Mothers Club," are enthusiastically at work. They report very splendid meetings and the following activities:

1. A Thanksgiving distribution of bags of fruit, etc., to the patients at Lincoln hospital.

2. Christmas found them assisting the "Women's Auxiliary of the American Legion" in toy gifts to underprivileged children.

3. A donation of \$3.00 to the "American Bible Society."

4. Painted the "maternity ward" at Lincoln Hospital.

5. Help to the "John Avery Boys' Club," Durham.

6. Making plans to furnish a "private room for expectant mothers."

This club, about three years old, plans to federate in May.

The "Utopias" are alive and alert to the needs of their fellowmen. Under the leadership of Mesdames Nettie Johnson and Madge Turner, President and Vice-President, respectively, the club reports such motivation for greater work from these ladies as surpassed any they'd anticipated. The sick, needy and bereaved received help and cheer throughout the year with emphasis at Thanksgiving and Christmas. Other contributions were made to the local Community Chest fund, T. B. Christmas Seals, the Red Cross, Y. W. C. A., and they add "of course our own Girls' Training School," at Rocky Mount.

To bring messages of help they had the Revs. T. A. Valentine of St. Joseph A. M. E. Zion Church and J. A. Cannon of Twine Memorial Presbyterian Church, also Dr. Randolph, recently returned from the Pacific theater of war.

The "Daughters of Dorcas Club" during its long years of existence can truly say it is proud of the work of Durham clubs, having "set the pattern" of activi-

ties. This club, still led by our beloved President Mrs. A. M. Moore—whose attendance is well nigh perfect—and inspired by our Vice-President Mrs. A. D. Shepard—this dear woman almost a "shut-in"—"moves on"!

Dorcas Club, with pardonable pride, challenges any club as to its enthusiasm and loyalty among members. Weather—hot, cold, ice or snow—is never a barrier to its meetings—the women come! The "State Federation's" policies are heartily endorsed and "Dorcas" Club continues to commend to every club throughout the State the rule of lending help, cheer, happiness and Christian fellowship among men everywhere.

RULES FOR DAILY LIFE

(Psalm 1)

Begin the day with God:

Kneel down to Him in prayer
Lift up thy heart to His abode,
And seek His love to share.

Open the book of God

And read a portion there:
That it may hallow all thy thoughts
And sweeten all thy care.

Go through the day with God,

Whate'er thy work may be;
Where'er thou art—at home, abroad,
He still is near to thee.

Converse in mind with God

Thy spirit heavenward raise:
Acknowledge every good bestowed
And offer grateful praise.

Conclude the day with God

Thy sins to Him confess;
Trust in the Lord's atoning blood,
And plead His righteousness.

Lie down at night with God

Who gives His servants sleep;
And when thou tread'st the vale of death
He will thee guard and keep.

—From Comfort Series No. 45.

CHANGING ATTITUDES

(Continued from page 1)

"What have you done to my boy?"
"He's so different."

Sometimes we wonder why some parents don't take a little of their time to plan a definite program for their child. Certainly the home could do far more for the child, if love and understanding, on the part of the parent, create for him an environment suitable for his nurture.

Lack of physical equipment, and other handicaps have impeded the program as originally planned, but with the proper facilities and an interested staff we look forward to the development of a finer young citizenry for our great State through the training that Morrison shall offer.

SPARKLING THOUGHTS

(Continued from page 2)

qualified voters who choose to vote, that constitute the political power of the state.

WHEN EVENING COMES

When evening comes, go off into a quiet place and review your day.

Have you been kind and thoughtful, or mean and thoughtless?

Have you kept an even temper, or have you lost your temper when things have gone wrong?

Have you been pleasant or grouchy?

Have you inspired those whom you have met, or have you depressed and discouraged them?

Have you done something worthwhile and creative, or have you wasted the day with petty things?

Have you been fair and square in what you have done?

Have you increased the happy moments in the lives of others, or have you thought only of self?

Have you enlarged your mental horizon, expanded your personality—have you grown larger, or shrunk smaller?

What we do day by day determines what we become. Hour by hour we build our lives for better or worse.

A daily inventory will help to keep us on the right track, headed toward our highest ideals.

SOUND LOGIC

If you throw an apple at a horse, he will rear and run, no matter how juicy the apple may be. But if you gently hold it towards him, let him smell and smell it, and then draw it away, he will follow you all over a pasture to get that same apple. Horses and humans have much in common. Handling either is largely a matter of understanding.

ARE WE LISTENING?

Some boys were teasing a poor bare-footed lad one day, making fun of his faith in God. They said to him: "If God really loved you, why doesn't He take better care of you, why doesn't He tell somebody to send you a pair of shoes?"

The lad seemed puzzled for a moment, then with tears rushing to his eyes, replied: "I think God does tell people, but they are not listening."

Are we listening?

THERE IS GLADNESS

(Continued from page 1)

President, 66 and 17.

Addor Club, Mrs. Frances Little, President, 12 and 12.

High Falls Club, Mrs. Madie Davis, President, 3 and 3.

Eagle Springs Club, Mrs. Catherine Brower, President, 3 and 3.

Shady Grove Club, Mrs. Charley Brown, President, 10 and 5.

Total: Towels, 222; bath cloths, 107.