

THE FEDERATION JOURNAL

"Lifting as we climb"

Issued by

The N. C. Federation of Negro
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Editorials

A Milestone

This issue of the Journal salutes the Club Women of North Carolina—more than 100 clubs of some 2,000 women. The world looks to us with hope and confidence, knowing that wherever there is a woman's club, there is effective action for a better community, a better state, a better nation and a better world.

The hats of men are off to us—children rise up to call us blessed.

The key to the success of these 50 years is Leading not Driving. As most of us know, to our sorrow, the "Driver" gets things done by "driving us crazy," while the true "Leader" encourages each one to contribute her best and often brings out hidden talents we did not dream we had.

The 50 years of success then is due also to each member's participation. You have shown a willingness to live and work as year round active citizens. "Lifting as We Climb." This "Lifting" has put us where we are and will take us onward:

Therein lies the challenge which must be met.

Editor

The Toll of Day

Many a church is remembered for its windows of stained glass—windows that sing as you look upon them.

Passing such windows in the morning one sees that they are brilliant crimson glowed; blues have a scintillating purity; yellows are like flowing gold.

Passing the same way in late afternoon, one might expect to see the same glories, but no, there is a change! The fading daylight has or is taking its toll from color. Instead the blues are subdued and quiet; yellows and greens have blended into mauve and brown and purple. The windows so full of life in the sunlight, have become dreamy, and filled with rest.

These windows are like life. The sparkle and vivacity and activity

New State Committees

In line with the program of the National Association of Colored Women's Clubs, I am trying to set up the following committees. The chairman has not been determined for each one as yet. We are still at work on this.

It is hoped that during each year our clubs will go forward with at least one activity during the regular meeting or otherwise on each of these subjects. Then report the same to the state chairman. Every two years the chairman will be making her report for North Carolina to the National Association on blanks they provide for that purpose. This year during our Convention in Wilson, each chairman will have an opportunity to come before us with suggestions, the plans of her committee, reports, and materials.

If you have some report of your

activities for 1959 by convention time, pass them on to me or to Mrs. Collins and we will see that they reach the correct chairman.

COMMITTEES:

Civil Defense
Courtesy and Scrap Book
Temperance
Human Relations
Child Welfare and Family Life
Health and Safety
Statistics
Women in Industry
Nutrition
Church Relations
Government Bonds and Peace
Citizenship
Delinquency and Crime
Education
Cultural Habits
Arts and Crafts
Economics and Business
Fraternal Relations
E. M. Spellman, President

Being a Better Club Member

In setting up a self-improvement program to insure your own advancement, start here:—

1. The Gift of Expression—successful people read extensively and widely out ride their specialty. Do likewise, and your gift of expression will grow and blossom.

2. Keen Observation—and an inquiring mind. You can acquire both by a constant awareness of the world around you. (Was not the steam engine inspired by a tea kettle?)

3. Excellent Memory—all messages are recorded in the brain, but you can choose to forget things because of an unconscious emotional reaction. To improve memory, make a conscious effort to analyze why you forget.

4. A Sense of Perspective—in the business world, this means establishing the true importance of events and facts. Master the process, and you will soon be regarded as a genius.

Executive's Digest

of youth have quieted to richness and to a beauty which soothes, rather than excites.

Even a single day is like the colors of these windows, changing gradually from wide-awake activity to gray tranquillity.

May our lives be like the stained glass windows of the church, a thing of beauty when it passes through the brilliance of day to the quiet serenity of age.

This has happened to many who shared in the origin of our Federation.

Editor

What Reading Is Most Like

Reading is like visiting a new and exciting world. It may be a fascinating world, or a mysterious world, depending on what type of book you are reading. If you are reading a nonfiction book you will probably find yourself in a true adventurous world.

If you are reading a fiction book you will find yourself in a make believe world.

Without reading this world would still be in a primitive age with people using grunts to try to communicate with each other, or just plain pointing to something.

There are two different types of reading: To read for fun or for information. We should try to do both types of reading because it is our duty to the society in which we live to be informed.

2nd National Library Week to be observed April 12-18, 1959.

GUEST SPEAKER

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Barre, Pa.; family moving to Auburn, N. Y., means that she had both elementary and secondary education there. Then graduated from University of Chicago with graduate study at N. Y. University, Hunter College, etc.

Professional experience in social work as an executive, Y.W.C.A. in Baltimore, Brooklyn, and Norfolk. The Department of Welfare in N. Y. City as administrator, case worker and director of the Division of Social Service. Now in Public Relations, doing research, developing programs and projects for organizations and businesses.



Just a reminder of our project, The Braille Magazine. One cent a year — 50 cents a club member — would do wonders for our project. Present the idea to your clubs. Bring a contribution to the convention.

—Mrs. L. V. Merrick
Braille Magazine editor

"How precious is a candle in a darkened room! What a joy to know you have lighted that candle."

A large number of the readers of our Negro Braille Magazine are deaf-blind. Imagine, if you can, the loneliness and anguish of such a walled-in existence. They sense about them an interesting, yet mysterious world, in which they have little part without our help. Throbbing in their breasts are natural emotions and desires to belong—to lead useful and normal lives as far as possible. Therefore, we beg of you to increase your contributions to our project, which is the lighted candle of Braille. Let this be your personal thank offering to God for your sight and hearing. Each club president should stress this individual appeal, so we may be proud of our report at our 50th Anniversary celebration.

—Mrs. L. V. Merrick, Editor

Member's Daughter Makes Good

Miss E. M. Horrington, daughter of Dr. and Mrs. M. H. Horrington of Statesville, completed work for the degree of Doctor of Philosophy at Cornell University in 1958, and is now associate professor of Nutrition at Southern University, Baton Rouge, La.

While studying at Cornell she held a research assistantship and was elected to membership in Sigma Delta Epsilon. In 1945 she received a Bachelor of Science degree in Biological Science at North Carolina College. Her thesis for the doctorate was on the subject, "Parabiosis of Rats of Two Different Ages."