

THE FEDERATION JOURNAL
 "Lifting As We Climb"
 Issued by
 The N. C. Federation of Negro
 Woman's Club
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 Rich Square

Editorial

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Bennett College, Greensboro, N. C.
 Historians of the future may find that the American Negro from 1864-954 spent a major portion of his energies in adjusting to and making comfortable the White world. If there was any energy left over the Negro spent this on himself, his family, his neighbor, and his racial group.

The Supreme Court decision of 1954 regarding segregation brought a change. The Negro stopped and took a look-see into himself and his own condition. What he found was too much out go and too little in-go. It was this profound observation that brought on the marches, the sit-ins, the freedom riders. The Negro said to himself I must preserve myself so that my children can be persons of dignity and worth. They must have the chance to work for themselves as well as for others and for this no price is too great to pay.

The White population long used to pampering which it did not entirely earn or pay for, not only found the marchers, the sit-ins, the kneel-ins, the freedom riders strange but found themselves suddenly exposed to the cold reality of human indifference. Their servants, the Negroes they knew were now preoccupied. These former friends worked for the day's pay but there was no longer on the doorstep that bonus of warm human affection. The bonus now went for "Freedom."

The Negro regardless of his economic and cultural status, who was vaguely thought of as dependent upon the white world's generosity and goodness of heart, faced police dogs, electric prodders and jail bars alone and unafraid. It was as if the Negro was now a stranger. In reality he was preoccupied with his Father's business—the preservation of himself for the Kingdom. He who had so long preserved the White man now had turned his face resolutely to another and far more realistic goal—namely his own salvation.

That some White men and women have been able to comprehend this profound shift in thought, feel-

State Scrap Book Display

It was nice having seven scrap books on display and certainly hope there will be many more clubs concerned with the value of preserving "History of Club" with pictures, news clippings, programs and other interesting treasures that will tell your story to the next generation.

First place to Daughters of Doras, Durham

Second place to Matron's of Elizabeth City

Third place to Mary B. Talbert, Rocky Mount.

Fourth place to Flower and Art, Rich Square

The following suggestions were given by the Judges, please study them.

Days To Remember In November

National Cat Week (Nov. 4 - 10)
 "Be kind to felines!"

Birthday of the U.S. Marine Corps (Nov. 10)

Children's Book Week Nov. 11-17)

"Three Cheers For Books" is the 1963 slogan for the National Children's Book Week, November 10th through 16th. It is a rousing acclamation that heralds the 45th annual celebration of this event, sponsored by the Children's Book Council, 175 Fifth Ave. — New York 10, N. Y.

American Education Week (Nov. 11-17)

Aviation Month (starts Nov. 21)
 Thanksgiving Day (Nov. 28)

ing and action is nothing short of a miracle.

One day a new accommodation will come. It is hoped that this accommodation would be a working together of men and women of equal worth and dignity. An intimate look at things as they are will reveal that there is not hate in the Negro heart — but neither is here any love. What must be born is mutual respect and this is a two way street. Neither the Negro world nor the White world can create this street alone. I must be done together.

This of course will be just one more chapter in the history of the relationships of human beings one to another. There will be nothing new. Just something better to work for.

N. C. Council On Human Relations

The N. C. Federation of Negro Women regularly contribute to the Council on Human Relations.

The releases come to the desk of the president. To share some of the highlights with you we list the following.

(1) We are enclosing two statements coming out of our executive committee meeting on July 11. One is a statement commending Governor Sanford for his constructive leadership in the current racial crisis. The other is a statement commenting on certain aspects of the racial crisis and urging continued efforts to end discrimination and segregation in our state. Both statements were sent to all daily newspapers in North Carolina on July 12.

(2) The executive committee urges our members and friends to write to our North Carolina congressmen and senators, expressing individual views in regard to the need for civil rights legislation. Particularly, it is hoped that the democratic processes of the congress will not be obstructed and defeated by a filibuster; that our own representatives will not aid in such obstruction.

(3) One of the reasons why so much desegregation has been accomplished without incident in the past few weeks is that for years the Council on Human Relations, and before it the Commission on Interracial Cooperation, has been disseminating facts and information, holding conferences with public officials, and working in local communities to increase understanding of racial problems and to sensitize people to the injustices involved. This fact is generally overlooked when credit is given for the changes that have taken place.

(4) CHURCH ORGANIZATIONS GEAR FOR ACTION

The UNITED PRESBYTERIAN CHURCH, USA, at its General Assembly in May, set up a Presbyterian Interracial Council of 250 members, and voted to allocate \$500,000 for emergency program to implement the teachings on human relations in scripture and the pronouncements of the Church. According to Dr. Marshall L. Scott, Moderator of the Assembly, this interracial council is the "first spontaneous movement within the Presbyterian Church in a whole generation."

The GENERAL BOARD of the NATIONAL COUNCIL OF CHURCHES, in the face of "a crisis involving the entire nation and the fundamental concepts of freedom and justice," has called on the churches to "confess omissions
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Religious Emphasis

A Day At A Time

By LARRY SCHWARTZ

Reprinted from
 "The Missouri Ruralist"
 Seven tips for daily living
 you might want to post
 over your workbench,
 desk or kitchen sink

There is a workable solution in dealing with our problems, and that is to live a day at a time. We might be prompt for one day or refrain from gossiping for 24 hours whereas the thought of promptness for a year and the elimination of gossip for 365 days might overwhelm us. Furthermore, if we fail in our intentions on one day, it is better to start on the next day than to wait for another year. In days of difficulty and times of tragedy, it is impossible for us to see very far ahead. Then it becomes absolutely necessary for us to live one day at a time. But when the sky is cloudless, we cannot see very far ahead. Who knows, for instance, what an hour can bring forth? If we could look into the future, some of us might not have the courage to proceed. But if we live a day at a time, somehow we get through the worst weeks and the years.

We do not have strength to bear today's burden and tomorrow's anxiety. "Sufficient unto the day is the evil thereof," said Jesus. But we can trust tomorrow to God, and He will give us strength for today. In the Book of Deuteronomy, there is an assurance we need to repeat: "As thy days, so shall thy strength be." In God we can find resources to be our best today. So,

1. Today, I will try to fill my life with so many worthwhile interests and activities that everything unworthy will be crowded out.

2. Today, I will try to make the choices, speak the words and do the things approved of God, regardless of what others may think.

3. Today, I will try to understand those about me, considering their motives as well as their conduct, their needs as well as their demands.

4. Today, I will find job by bringing happiness to someone else. Great friendships may be mine if I am friendly.

5. Today, I shall humbly try to learn something new and thus strengthen my mind.

6. Today, I shall be confident. If fears assail, I shall trust in God, my friends and myself.

7. Today, I shall set aside a little time for Bible study and prayer to develop my relationship with God.