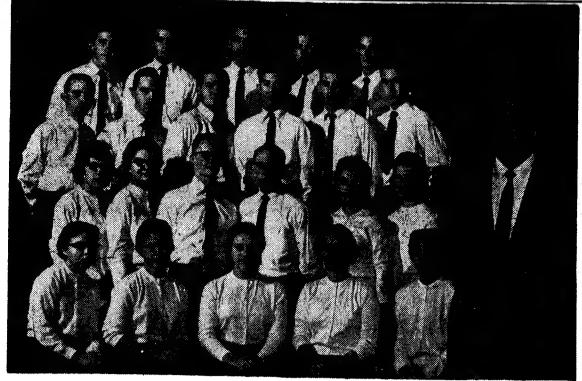
Friday, April 11, 1958

58

THE NEW BERN MIRROR, NEW BERN, N. C.



WILL SING HERE THURSDAY-Mount Olive Junior College glee club, under the direction of Professor of Music Eugene Mauney, shown at right, will present a program

of songs and music at Ruth's Chapel FWB church here Thursday evening, April 17. The public is cordially invited to attend.

Mulching Proposed as Way to Hold Moisture and Control Weed Growth

There's something new in the newspapers, have been used with trolled virtually all weeds except serving moisture. However, it in material-which seems to be quite leaves able to pierce the film. corporates an old principle-mulch- effective-is polyethylene film. ing

specialist for the N. C. Agricul- tion, was tested on vegetable plots many materials, including sawdust, partment of Agriculture's Beltsstraw, grass clippings and shredded ville, Md., Research Center. It con-

way of controlling weeds and con- varying degress of success. A new nutgrass, which has sharp pointed

In addition, stated Banadyga, the This black plastic, first tried at crops mulched with polyethylene Albert Banadyga, horticulture the Kentucky State Experiment Sta- during the dry 1957 season grew faster and larger and yielded more tural Extension Service, says that grown last year at the U.S. De- than similar plants grown without mulch.

> Banadyga reminded the home ardner that the soil should be ferfriable condition before it is covered with film and the plants set in place.

If additional plant food is needed later, fertilizer in solution can be poured into the opening around each plant, through holes punched in the film, or along the edges of the covered plant bed-where it will soak in as rain does when it falls on the film.

As a means of saving labor in home gardening-as well as increasing the yields-look into the possibility of using this newly developed film as an aid to vegetable production.

ie Hall, a beloved member of New Bern's First Baptist church, still chuckles over the way her grandmother reacted when she was born

"I don't believe she ever forgave me," says Mrs. Hall. That, who had no use for Abe or any-



BREADS AND SPREADS—Bread and butter on the table at every meal. That's the rule for active people-especially for hard workers and lively children. They need bread in addition to other foods to fill energy needs. Sit-down workers should not eat bread in preference to fruit and vegetables, meats, eggs and milk. Overweights should budget their calories from bread or crackers. Instead, choose enriched bread, serve dark breads. make cereal breads-for the health of your family. Nutritionists recommend it.

MAKING THE BREAD COUNT-Make a plain meal tempting by toasting the bread or rolls, and serving with jam or jelly.

Serve raisin toast, cinnamon toast, toasted English muffins often.

Fresh hot muffins or biscuits rived with blue eyes instead of the

lovely Confederate grey. "I don't

think she liked that, either," says

'Miss Mamie.'

make a slim meal seem bountiful. For muffins, doughnuts, or coffee cake past their first freshness, just heat in a double boiler-good as new!

Page 5

BREADS IN OTHER ROLES Use dry bread for a custard bread pudding and add coconut for a deluxe flavor. Or, unsweetened chocolate (heating it in the milk) is quite good.

Fresh, hot coffee cakes, cinna-mon buns, or butterscotch rolls make a delicious dessert, served with hot coffee, tea, or milk.

Stuff rolls with a salad mixture for luncheon. Serve hot dogs, toasted luncheon sandwiches.

A good conscience is the best looking-glass of heaven.-Cudworth.



