



PEACE TIME GUARDIANS — Members of New Bern's Battery B, 690th Field Artillery, seen in first row left to right are R. L. Matthews, M. A. Howell, G. D. Clark, L. C. Wiggins Jr., M. W. Eubanks, R. E. Lee, A. R. Dixon, B. D. Powell, V. E. Gaskins, C. F. Sapp. Second row, E. G. Karam, J. R. Stallings, J. R. Harrington, A. L. Peele, M. J. Evans, E. W. Nobles, H. G. Edwards, W. T. Morgan, W. F. Teague, J. O. Smith. Third row, T. J. Ebron, O. T. Chance, J. A. Hancock, A. Rouse, G. L. Thomas, H. F. Rivenbark, D. B. Hardison, L. W. Peele, M. Potter Jr., R. D. Keel, W. R. Sandlin Jr.

and such things outside the car. SUDDEN THAWT . . . The whammy may speed up our indignation, but it sure slows down our driving. ANON . . . Her lips quivered as they approached mine. My whole

frame trembled as I looked into her eyes. Her body shook with intensity as our lips met, and my chin vibrated and my body shuddered as I held her. The moral is, of course, never kiss a girl with the engine running.

Free Wheeling

By BILL CROWELL

Dept. of Motor Vehicles, State of North Carolina

HAZARD . . . There's nothing new about "highway hypnosis." It's still a wolf in sheep's clothing and it can kill you if you aren't alert. Highway hypnosis, remember, is the relaxed feeling of security one experiences driving hour after hour along new improved highways. You sometimes get it after long periods of steady driving.

As you go along mile after mile on straight, easy and level roadway you may be lulled by the constant drone of the engine and tires, the sameness of the scenery, fixed eye position and the general monotony of flawless car operation.

You may develop a false sense of security and grow less aware of actual traffic conditions. In this sub-alert state, you may drive off the road, plow into traffic or anything else in your path, or even doze off at the wheel.

Or you may grow so accustomed to sustained speeds that you lose the ability to judge speed accurately. You may well be unaware that your speed is above safe or posted limits. Accidents that happen from such sub-alert driving are generally bad ones.

Motor Vehicles Department authorities suggest that you check your speedometer often, vary your speed slightly now and then, and keep yourself fully alert at all times.

Keep a car window open beside you so that a stream of fresh air blows across your face. Stop at least every hour, whether you feel like it or not.

When you do stop, take time to wash your face and freshen up, get gasoline, a bit to eat, a cup of coffee, and walk around a little. If

possible, change drivers at these rest stops.

All such measures help prevent grogginess, combat "highway hypnosis," and reduce the likelihood of driving at unrealized speeds.

In addition to fresh air, varied speeds, frequent stops and rest, ex-

perienced drivers suggest different tips for maintaining alertness. Some of them are:

Avoid heavy, sleep-inducing meals.

Glance at passing scenery to avoid steady focusing of eyes ahead.

Wear loose, comfortable clothing.

Avoid long driving periods, especially at night.

Listen to a snappy radio program.

Avoid oversmoking.

Be interested in road markings, traffic signs, colors, other traffic



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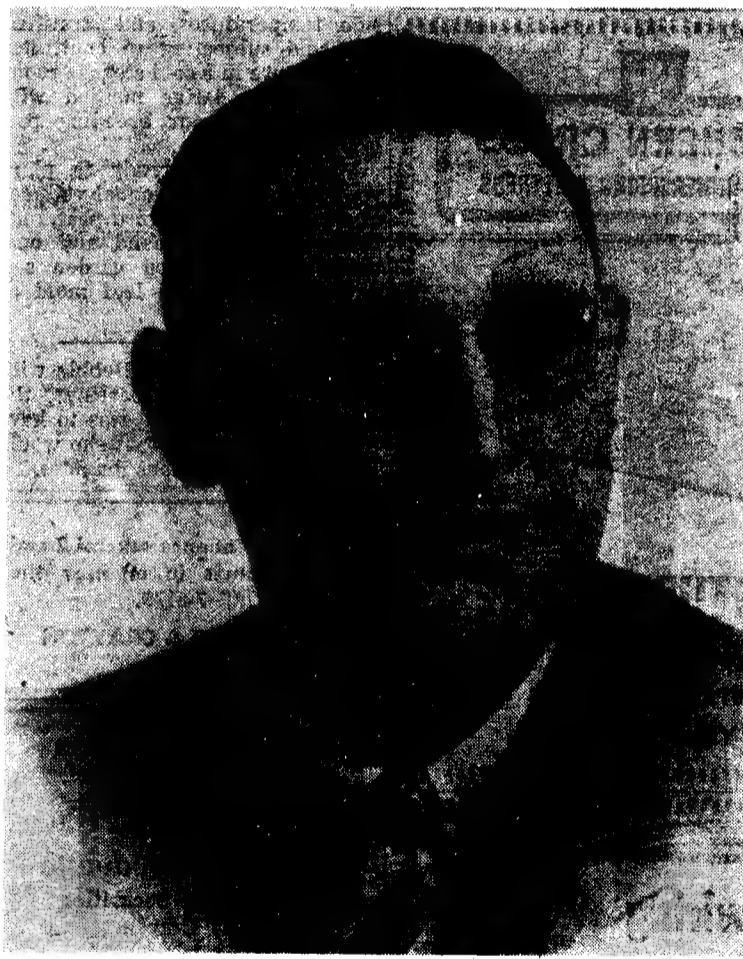
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