



HINTS TO Homemakers
BY RUTH CURRENT
STATE HOME DEMONSTRATION AGENT

HAND WASH LINGERIE—The general rules for hand washing of colored garments such as hosiery, socks, lingerie, blouses, and scarves are quite simple:

1. Use lukewarm water.
2. Use mild soap or detergent to prepare suds.
3. Wash quickly (do not soak) and gently squeeze suds through and through the fabric. If badly soiled, apply soap or detergent right to spots with fingertips, or repeat washing with a second fresh water.
4. Rinse thoroughly and squeeze out excess water.
5. Smooth to shape and hang to dry (or roll in a Turkish towel) to prepare for immediate ironing if pressing is needed.

It is true that hot water cleans faster than warm, but for fabrics which are not color fast, warm water is safer. The lower temperature is recommended for all colored fabrics which are not guaranteed fast color. Some white fabrics, silk, wool and some of the new synthetics also need the protection of warm water as they are inclined to become yellow at high temperatures.

SLIPS—Don't let your slips get so dirty that they need to be scrubbed. Even dark slips need regular washing. It is safe to soak white slips in lukewarm water and suds, but dark ones should be washed quickly. After washing and rinsing, hang evenly on line or rod to hasten drying. Nylon slips rarely need pressing, but others may need smoothing with an iron. Have these slightly damp. Press on the wrong side with a moderate iron. Place a folded towel or soft cloth under lace or embroidery to make the pattern stand up nicely.

SERVE SALAD WITH AN ARTIST'S TOUCH—Salads should have

an "untouched" appearance—too much handling makes them unattractive. Have plates or salad bowls well chilled and large enough to avoid crowding. Add dressing just before serving! With a number of salads to fix, arrange one ingredient on all plates before adding the next.

Today, salads can come to the table at almost any point in the meal—as main course, appetizer, side dish, even dessert. When salad is a side dish, the plate is placed at the left and removed after the main course. As an appetizer or main dish, the plate is in the center.

When setting the table, the salad fork goes to the left—outside the dinner fork if salad is served at the start of the meal; inside, next to the plate if it comes at the end of the main course. Many people feel it is unnecessary to provide both a dinner fork and a salad fork for informal meals. It is considered quite proper nowadays to cut salad with a knife when necessary. Bowl or platter salads require a large serving fork and spoon.

Horse-radish, pickle relish, caraway, sesame, celery and mustard seed add distinctive flavor to both salads and salad dressings. Don't overlook fresh and dried herbs, such as sage, mint, chives, basil, oregano and dill. Use sharp table sauces like Worcestershire and Tabasco for a zesty tang. Crunchy nuts and raisins give a pleasing texture and taste contrast to fish, meat and fruit salads, and aspics. Keep garlic, celery salt, onion salt, minced onion and onion juice on hand. Add "sugar and spice and everything nice" and you have a good list of pantry shelf ingredients for salad making.

ECONOMIC HIGHLIGHTS

Change in Educational Trend Noted in Both U.S. and Russia

Criticism of American education, on all levels from the first grade to graduate school, is certainly not a new phenomena. But it reached something of a fever pitch when the Soviet Union sent Sputnik I into orbit, and news of communism's scientific achievements began to make the headlines. A great many people felt, and with sound reason, that American youth was not being prepared for the challenges of this grim atomic era.

In the light of this, two articles in U. S. News & World Report of October 3 are of unusual interest. One deals with what is going on in American schools; the other with a "new look" in Soviet educational policy.

The magazine says: "... Signs of a new trend in American education are appearing. That trend is toward higher scholastic standards, more emphasis on learning, a tougher attitude toward frills and toward lazy pupils."

Chapter and verse are cited. In a Miami school, for instance, 9th grade students now have to take mathematics to qualify for a high school diploma—until now, only three years of English and one of mathematics were required. Examinations will be harder throughout the Miami system. True-false questions, the easy kind, will be supplanted by the essay type.

In a Georgia county, school time will no longer be used for extracurricular activities, and requirements in mathematics and science have been increased. Bright 8th grade students will be started on courses formerly limited to high school.

In Texas high schools the stress will be on more science and English, plus a year's course in world history that wasn't demanded until now. The Houston superintendent of schools says: "There's no doubt that it's going to be harder this year for a student to get through high school."

In Washington, D. C., the school term has been extended by a week, and the brighter students will be pushed ahead at a faster pace.

So it goes, throughout the country. To sum up, as U. S. News sees it, the trend is toward fewer frills, more basic studies, tougher tests, increased homework, and the exacting of more work and more advanced work from superior children.

There has also been a change in Russia—a very different kind of change. Full time schooling will last only seven or eight years for most children. Then they'll go to work, on the farms or in the factories. In most cases, high-school education will be given on a part-time basis—at night, or through correspondence courses. Only the select few will be able to attend college. To quote the magazine directly: "Under the new system, most Soviet youngsters will have no choice but to go to work at an

early age. Only the brightest and most 'politically reliable' will ever get to college, and there probably will study on a parttime basis while holding down a regular job."

Russia, it seems, needs workers

more urgently than it needs intellectuals and her educational system has been abruptly geared to that need. The American child, by contrast, is being given sharply improving education opportunity.

Nearly 42,000 More State Citizens Get SS Payments

Social security payments are going to 41,935 more people in North Carolina today than a year ago. This increase of 23 per cent in the short space of twelve months is due chiefly to the 1954 and 1956 changes in the law which brought farmers into the program.

John Ingle, manager of the Raleigh social security office, reported that this increase brought the number receiving payments to a record total of 227,000. Their payments amount to more than \$123,000,000 in a year. These payments are going to persons who have reached retirement age, to the survivors of deceased workers and to persons who are disabled.

Ingle pointed out that the 1958 amendments to the law make additional persons eligible for benefits who could not previously qualify. These would include some children who became disabled before reaching age 18, certain dependents of workers receiving disability benefits and dependent parents of deceased workers. Other improvements provide that re-marriage will not terminate a benefit in every case.

Ingle said that anyone who had

a question about his own eligibility should get in touch with the nearest social security district office. The Raleigh office is at 114 West Morgan street.

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