

What's Cooking

One of The Mirror's Yankee readers in New York City wants a recipe for "real Southern corn bread." There are quite a few such recipes. The one we're passing along is seldom used in Dixie today, but it dates back to General Robert E. Lee and even earlier.

If you all up yonder want to try it, break two small eggs from a Southern hen into a bowl and add one teaspoon of salt. Then add one teaspoon of sugar, and beat with a fork.

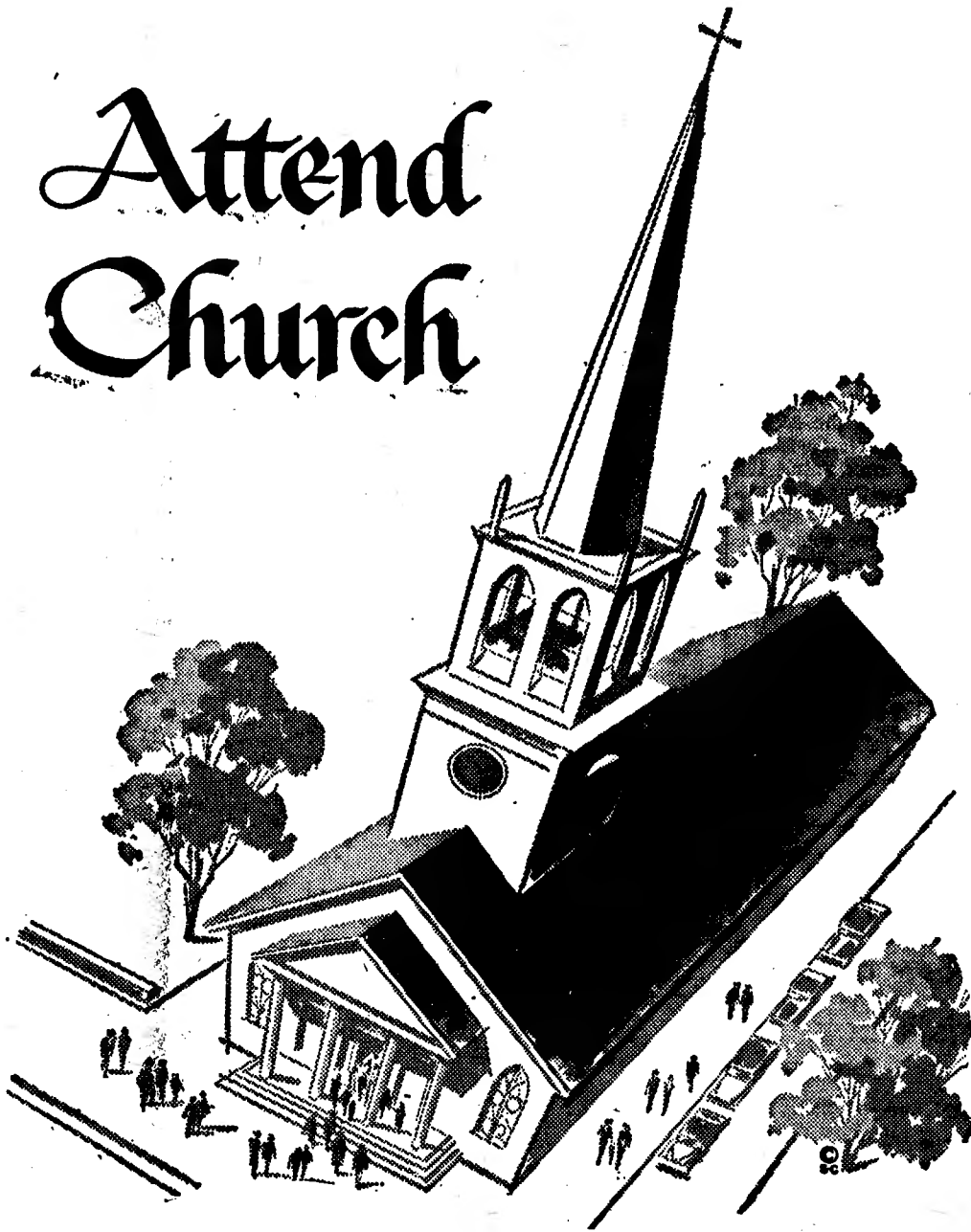
Add one cup of buttermilk in which one-half teaspoon of baking soda has been stirred. Add one cup of cornmeal, one teaspoon of baking powder, two tablespoons of bacon grease or oil, one-half cup of cold, left-over grits, and mix quickly and pour into a hot, greased iron skillet.

Bake about 15 or 20 minutes in a 400 degree oven. (The recipe warns that you can't make this corn bread unless you have cold grits on hand.) We're yet to try it, but we are told that it's substantial and sticks together instead of crumbling.

And 'tis said, it also crunches. Brown and slightly crusty, it encloses a light, slightly moist, and almost chewy inside. Served hot from the oven, it emits almost a hiss of steam, as the first piece is cut open and a large chunk of butter is slipped in to melt.

If this kind of corn bread is any better than the delicious corn muffins we have at our house, it's the best eating imaginable. And while we're talking about corn bread, we

Attend Church



GARDEN TIME

By M. E. GARDNER

This is "Scuppernon" time in the South's cotton belt. In eastern Carolina this delightful fruit reaches perfection in all of its distinctive, tasty goodness.

Every family in eastern Carolina should have Muscadine grapes if they have room enough. More should be grown for commercial sale, too.

The Scuppernon is still the most desirable variety of the large Muscadine family and should be included in your variety list. One vine each of Topsail and Burgaw planted with Scuppernon will give you variety and plenty of fruit for the family and friends.

Scuppernon and Topsail are both self and cross-unfruitful. They should not be planted alone or together. Burgaw is a self-fruitful variety and will furnish pollen for both Topsail and Scuppernon.

If you are interested in planting Muscadines for either home or commercial use, write me and I will send you information.

"Please suggest a method of growing strawberries to cut the weed problem to a minimum."

Select a good spot in your garden 5 feet wide and 60 feet long, or the equivalent in square feet. Have the soil tested and apply fertilizer and lime as indicated. If fertilizer is indicated, especially phosphate, apply to surface and plow under.

For convenience, let's assume that you have available a plot of ground 5 feet x 60 feet. Plow up a low bed 5 feet x 60 feet. Prepare the soil as for seed sowing. Fumigate the prepared area with methyl bromide, one-pound (can) per 100 square feet. This will require three one-pound cans for the 300 square feet. The gas must be confined. For this, use a plastic cover, which may be purchased from your garden center. This material is poisonous, so carefully follow instructions on the can.

Set four rows of plants in the bed

hasten to remind you that you're missing the finest October seafood anyone could ask for, if you aren't enjoying the wonderful spots available at your favorite fish market.

Folks down east have long insisted that spots in season top all other fish, and we heartily agree. They aren't in season long, so you'd better get them while you can.

TOO CASUAL

Buffalo — It's getting harder to get those jobless checks all the time! People arriving in shorts, clam-diggers and swimming trunks at the State Unemployment Office here are finding it tough to convince the officials they're ready to

go to work.

Joe A. Sweeney, district superintendent says such informally attired persons look as if they are just stopping to pick up their checks on the way to the beach.

They are then taken off the jobless benefits lists.

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