



TOT TALK

Believe it or not, there's a father in Bradenton, Fla., who manages to read bedtime stories to his three small children every night, even though he has to be out of town a great deal of the time.

When he is away, his wife plays one of the tape recordings he has made to take care of just such a situation. "Since I can't be with you tonight," he starts off, "I'll read about Goldilocks and the Three Bears over the tap recorder."

Interspersed in the narration are questions like "Are you asleep, Jeannie?" or "Have you been good today, Lee?" We have it on good authority that the kids invariably come up with prompt replies, just as they would do if their Daddy were actually present.

We know that some of our readers have tape recorders too, and may want to try this method of amusing the children while they are waiting for the Sand Man to put in an appearance. If you ask us, it's a cute idea, and certainly cleverer than having your moppets finally keel over from weariness while sharing with you a television program that isn't suitable for them.

TV provides a wealth of entertainment for the modern child, although it has fallen far short of

its potential in the juvenile field. Even with its limitations, it gives the child of today more entertainment in a week than youngsters of past generations got in an entire year.

However, along the way, parents in so many instances have forsaken the wonderful custom of reading stories to their children. Such reading brings the parent into closer association with his or her offspring. Too late, those of us who don't avail ourselves of this experience realize that the precious moments we might have had are gone forever.

Admittedly, we lose our children to others at an early age. They find young associates who appeal to them, and much as we may hate for it to happen we are forced to take a back seat. Some of this is our own fault.

Take time to read those bedtime stories. You won't regret it.

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What's Cooking

Any New Bern housewife is bound to get praise from her family when she serves tuna-cheese roll-ups. You start off by making 16 small thin pancakes from your favorite pancake mix, adding additional liquid for a thin batter. The pancakes should be about six inches across.

For your pancake filling you'll need two tablespoons of chopped pimento; four tablespoons of chopped green pepper; two tablespoons of chopped onion; one 7-ounce can of tuna; one cup of small-curd cottage cheese; one egg, well beaten; one-fourth cup of sour cream with chives; one teaspoon of Worcestershire sauce; one teaspoon of prepared mustard; one teaspoon of salt; one-fourth teaspoon of pepper.

Combine all these ingredients. Place about two tablespoons filling in the center of each pancake. Roll up. Put the filled pancakes in a baking pan, seam upside down, and cover with topping. For your topping you'll need one cup of sour cream with chives, and one-half cup of shredded Cheddar cheese.

Spoon the sour cream over the pancakes. Sprinkle with Cheddar cheese, and bake at 350 degrees for fifteen minutes. This recipe is supposed to serve eight people, but you'll discover that tuna-cheese roll-ups are so delicious you'll probably run short.

We've said it before, but it can't be emphasized too often that Autumn is a wonderful time to have seafood on your table. Whether you're cooking outside, or elect to remain indoors, you can't beat seafood in some form.

With Halloween coming up, you may get a measure of satisfaction out of cooking your own goodies for the little goblins and ghosts and gypsies who will be knocking on your door for the usual trick or treat routine.

It is doubtful that you'll save money by preparing your own cookies or candy, but the kids will appreciate your gift more than sweets that were store bought. Frankly, we can't help but resent the larger boys and girls who get into the act, even though we treat them too. As for the tots, it's a delight to have them come calling.

It is more important to know where you are going than to get there quickly. Do not mistake activity for achievement.—Mabel Newcomber

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As Seen in The Mirror's SPORTS REFLECTIONS of Athletes and Events

What a difference a year makes! Twelve months ago the New Bern High school Bears and the Greenville Phantoms were the recognized class of the Northeastern Conference, and the Greenies went on to win the loop crown.

Friday night the two clubs meet again here, but this time the glory that both once enjoyed is gone. Frequently defeated during the 1962 campaign, they have already been eliminated as a possible champion, and have only the leavings to fight over.

Despite this dismal predicament, the Bruins and the Phantoms can be counted on to come up with an exciting ball game. Last Friday the Greenville eleven spoiled Elizabeth City's championship aspirations, and will be favored against the locals. Naturally, the New Bern team would like very much to salvage a victory over a bitter rival to ease the pangs of their current misery.

Two reasons why the Bears can't compare with last year's outfit were much in evidence at East Carolina College Stadium last Saturday night. Ronald Wallace, an ex-Bruin star, was the chief ground gainer for a Chowan College team that lost 7-6 to the E.C.C. fresh-

men in a thrilling contest. On one occasion, he broke loose for a 60 yard gallop.

Norman Swindell, another star on New Bern's 1961 outfit, was in the limelight too. He called the offensive plays for the East Carolina team, and did such an excellent job from his blocking back position that only two or three plays were sent in from the Pirate bench.

Since both Swindell and Wallace were excellent blockers in High school, it wasn't surprising that the two youngsters came up with outstanding performances in this department Saturday night. Swindell was the better blocker, but Wallace offset this with his ball carrying and was used on defense in tough situations.

When you lose boys like Wallace and Swindell not to mention Donald Davis and Leon Potter, from your high school team, you've had it. Coach Bill Klutz of the Bears can attest to that fact.

He who spends all his time hating his enemies misses chances to do many more useful things.—Hugh Murr

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