



## What's COOKING?

A reader in sunny California (The Mirror gets around) has requested the recipe for steamed Boston brown bread. It took some doing, but here's the recipe.

For ingredients, you'll need one cup of corn meal (this must be South Boston); one cup of rye flour, one cup of graham flour, one teaspoon of salt, one teaspoon of soda, hot water, one-half cup of molasses, two cups of sour milk, one cup of seedless raisins, and extra flour.

Combine meal, flours and salt in a mixing bowl. Dissolve soda in about two tablespoons of hot water, and stir at once into molasses. Combine with sour milk, then mix with dry ingredients.

Lightly flour raisins and add to mixture. Blend batter smoothly. Pour into three well greased, one-quart molds with tight covers--filling two-thirds full.

Steam three hours in a kettle of boiling water. Uncover molds. Place in a very slow oven (250 degrees) for twenty minutes, to dry and crust over the tops of the loaves, and let loaves recede a little from molds.

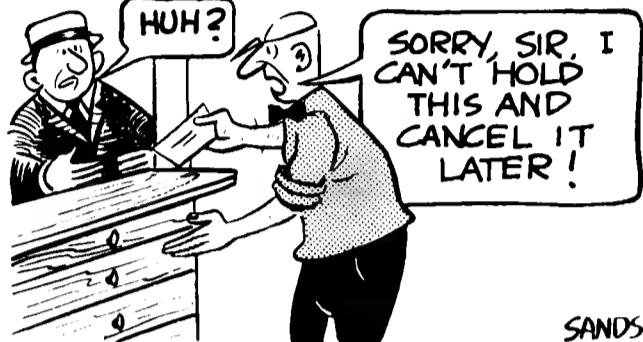
We haven't tried this recipe yet, but Yankees love steamed Boston brown bread--at least the ones in Boston--and it sounds delicious enough for Rebel fare too. Don't eat that second helping on your first try, however. The stuff might destroy your Southern drawl and give you a Back Bay accent.

Isn't it about time you mailed us your own favorite recipe? Share it with other Mirror readers. It doesn't have to be something fancy. Plain foods, with an added touch, have wide appeal. We'll be looking for your postcard or letter in our mail box.



### What's Your Postal I. Q. ?

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SANDS

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### Looking Glass—

(Continued from page 1) years ago was Ida Tucker. The card was placed in Harold's postoffice box, right on schedule.

Things like this emphasize the fact that identities aren't too hard to figure out in a small town. Quite often we'll phone someone we've never called before, and they recognize the voice right off. And sometimes when we dial the wrong number, the party at the other end will speak to us by name when excusing the ring.

In a town the size of New Bern, a high percentage of the pedestrians are recognizable from a considerable distance

because of the way they walk, cock their head on one side, or swing their arms. For example, we could recognize John R. Taylor's stride from here to Mars, if visibility were good.

As we've mentioned before, Horace Ellington--the blind concession--stand operator in the postoffice lobby here--doesn't even need vision to make positive identification of his many acquaintances. He recognizes their footsteps, their coughs, the way they clear their throats, or their brand of pipe tobacco.

Folks know you in a small town--more than you're aware of--and for the most part that's rather nice.

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"Having the proper kind of medical and life insurance protection can help assure that Happy New Year we all glibly talk about. Is a free insurance survey by an independent local agent the answer to adequate insurance?"

For the answer to this and all your insurance questions consult the John R. Taylor Agency. Phone ME 7-3866.

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