

Buds AND Blossoms

By
MAMIE MILLER



"The heavens declare the glory of God; and the firmament showeth his handywork. Day unto day uttereth speech, and night unto night showeth knowledge. There is no speech nor language where their voice is not heard."--Psalm 19:1, 2, 3.

Icicle veronica and Indigo veronica are excellent for cutting. They bloom in great abundance from spring until late fall. These plants are very good in your border.

The double sunflower or heliopsis is a huge everblooming plant. The flowers are golden orange, and will grow anywhere. Plant azure blue daisies for

bouquets during July and August. These are known as erigeron and are very attractive.

Vesper iris add beauty to your regular bearded iris. They are miniature in size and come in lovely color. These are good for arrangements too. Divide these about every two years, because they multiply fast.

Sword palm or Yucca (some people call it bear grass) is a good line divider or driveway protector. They are dangerous for children to play around as the needles on the ends of the swords are so sharp, but all animals respect the plant.

Grow lythrum in sunny borders or wet locations. These will grow anywhere. The flowers are on a long leafy stem of stately growth. They make lovely lasting bouquets.

Plant sweet lavender for attractive low, compact, silvery-foliaged plants that belong to the mint family. Grow these for lavender blooms in July and August, and use for nosegays and sachets when dried.

This week, for our Buds and Blossoms poem, we have selected these lines from the pen of an unknown writer:

Wouldn't this old world be better
If the folks we meet would say--
"I know something good about

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RONALD COLLINS—a former New Bern High school musician, is president of the band at Frederick College in Norfolk, Va., and a member of "The Knights" — an eight piece dance orchestra that appears on TV and plays many engagements in the Norfolk area. Ronald is standing in the center in the photo above.


What's COOKING?

Worcestershire sauce, sage, and pepper. Place a little of this mixture on each cabbage leaf. Fold over sides of leaf loosely and roll. Secure with picks or string. Brown on all sides in

For something different, New Bern housewives could do worse than try their hand at rice and ham stuffed cabbage rolls.

You'll need 12 large cabbage leaves; one cup of cooked rice; two cups of ground ham; one medium onion, chopped; one-half cup of sour cream; two tablespoons of catchup; two tablespoons of prepared mustard; one teaspoon of Worcestershire sauce; one-eighth teaspoon of sage; one-eighth teaspoon of pepper; one-third cup of butter or margarine, melted; one cup each of water and tomato juice; three bouillon cubes.

Remove the thick portion from each cabbage leaf. Cover leaves with boiling water and let stand three minutes, or until just wilted. Drain. Combine ham, onion, sour cream, catchup, mustard,

you!"
And treat us just that way?
Wouldn't it be fine and dandy
If each handclasp, fond and true,
Carried with it this assurance--
"I know something good about you!"

Wouldn't life be more happy
If the good that's in us all
Were the only thing about us
That folks bothered to recall?

Wouldn't life be more happy
If we praised the good we see?
For there's such a lot of goodness
In the worst of you and me!

Wouldn't it be nice to practice
That fine way of thinking too?
You know something good about me,
I know something good about you?

butter. Add water, tomato juice and bouillon cubes. Heat and stir to dissolve cubes. Reduce heat. Simmer, covered, 30-40 minutes. This recipe serves six.

Perhaps you have been hesitant about purchasing frozen packages of collards, turnips, and other leafy vegetables dear to the heart of many Southerners. You shouldn't be, since the chances are you'll be satisfied with any brand you pick up at your favorite store.

For best results, as any Rebel knows, prepare them with ham stock. Serving them just so, as they come out of the package, won't be pleasing to anyone who is used to the type of seasoning that prevails below the Mason-Dixon line.

A pig isn't pretty, but here in Dixie somebody ought to erect a statue in tribute to the millions of hogs that have made Southern cooking enjoyable. As for the health benefits, we won't go into that.

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