

Macaroni and cheese combined comprise a popular combination in the average New Bern home. For a tasty variation, you'll probably like macaroni and cheese crown.

You'll need six ounces of elbow macaroni; one and a half cups of milk; two cups of shredded sharp Cheddar cheese; two eggs; one-fourth

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Brousse, lovely tidbit from Paris who gets drowned in a lake when she falls in love with the "Paranoiac". Film of the some name stars Janette Scott and Oliver Reed.

cup of enriched flour; onehalf teaspoon of salt; one-eighth teaspoon of pepper; broccoli in cream sauce.

Add one tablespoon of salt and macaroni to flour and a half cup of boiling water, Boil rapidly, stirring constantly, for two minutes. Cover, remove from heat and let stand ten minutes. Meanwhile, scald milk. Add cheese and stir over low heat until cheese is melted.

Beat eggs in large bowl. Blend flour, salt and pepper. Add milk mixture to eggs gradually, and stir until mixture is smooth. Rinse macaroni with warm water and drain well. Add macaroni to cheese mixture and mix well. Spoon into well greased one and a fourth quart ring mold.

Set in large pan and fill with hot water to a depth of about one inch. Bake in slow over (350 degrees) 45 to 50 minutes, or until set. Remove from oven and let cool five to ten minutes. Using spatula, loosen macaroni ring from sides of pan. Unmold and fill center of mold with broccoli in cream sauce.

For your brocolli in cream sauce you'll need one-third cup of butter or margarine; onethird cup of slivered blanched almonds; one-third cup of enriched flour: one-half teaspoon of salt; one-eighth teaspoon of pepper; two cups of milk; two 10-ounce packages of frozen broccoli pieces, cooked.

Melt butter or margarine in saucepan. Add almonds and brown lightly, stirring occasionally. Stir in flour, salt and pepper. Add milk gradually, stirring constantly, and cook until thickened. Stir in cooked broccoli and turn into center. This recipe makes six servings.

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Working Wives Constitute About 60 Per Cent of Women Laborers

Working wives are now about 60 per cent of the women in the U. S. labor force, Knowing how they manage their households --- and how much they contribute to family income---can help other homemakers decide whether outside employment provides worthwhile benefits.

Family economists of the Agricultural Research Service have been studying some of the economic effects on the family of the wife who works.

A recent study in Ohio included both city and rural families and both employed and nonemployed wives.

Some of the working wives lightened their homemaking job by hiring help to care for the children or do laundering, general housework or sewing. Most of those with preschool children (80 per cent in the city, 90 per cent in the country)

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The cost of paid help averaged \$450 for families with children under 6 years old, less than

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\$200 for those with older children only, and roughly \$100 for all-adult families. Nonemployed wives who hired help averaged less than \$100 for this (Continued on Page 7)

W. C. CHADWICK

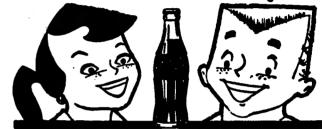
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