

MIRROR MEDITATION
By EMMITT L. BRINSON

"Man can not live by bread alone." To recognize the truth of this is to find one's place in the order of things and rise above or transcend the physical environment about us. Every particle, every thing there is, life and inert, is tuned to a higher order of Creation. We are locked with-



A REAL PRINCE . . . Official portrait of Crown Prince Abdullah, son of King Hussein of Jordan and his English-born wife, shows the young man in the traditional robes of Arab dress.

in these laws of God and partake of the same energies in quantities as designed for our level of being.

There are so many billions of things happening within us daily that we are not conscious of. The sun was made to shine on all and each receives its share. The energy that rations the shares to a blade of grass, the leaves of a tree, a vegetable, a beautiful rose, and to each its own is and endless flow in the miracle stream of life. All the intricate workings of organisms that make life possible is tuned to these laws of God.

Man has sought, over the ages, to find his place in this order of things, and it is a spiritual insight to realize we belong to a higher order, or a greater whole. Lower forms of life, plant life and living matter without minds, follow its pattern and design within these natural laws, and partake of the food as provided and regulated by the Creator. "Man can not live by this bread alone." He need the word of God, even if

Proof of Age Available From Bureau of Census

Last year, more than 12,000 residents of North Carolina turned to the Bureau of the Census, U. S. Department of Commerce, for help in proving where and when they were born, the Bureau reported today. They needed proof of age to collect social security and other retirement benefits. They needed it to obtain passports. They needed it to qualify for jobs carrying certain age or citizenship requirements. They needed it for some forms of insurance.

These persons who requested assistance from the Census Bureau last year were among an estimated 20 million United States residents who are without proof of age or birthplace. The historical records of the Census Bureau provide the only acceptable source of this information for many of these people. Since its beginning in 1790, the U. S. Census has recorded identifying data for almost 350 million persons, many of them listed several times in separate censuses. The Bureau has provided copies of these records to about three and one-half million people, as legal proof

of age, place of birth, citizenship, or kinship.

Persons seeking such a record for social security purposes should go to the local social security office, or, for other purposes, write to the Personal Census Service Branch, Bureau of the Census, Pittsburg, Kansas, for an application form. A fee of \$3.00 is charged for a search of not more than two censuses for one person and for one copy of the information found. Additional copies cost \$1.00 each. An expedited search costs \$4.00. Expedited searches are usually completed within a few days while the routine \$3.00 search may take up to 30 days, depending upon the backlog of requests.

The personal information in the records of the 1900 and later Censuses is confidential

by law and may be furnished only upon the written request of the person to whom it relates or, for a proper purpose, a legal representative such as a guardian or administrator of an estate. Information regarding a child who has not reached legal age may be obtained upon the written request of either parent.

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LESSONS OF THE YEAR

For I learn as the years roll onward
And leave the past behind,
That much I have counted sorrow
But proves that our God is kind;
That many a flower I longed for
Had a hidden thorn of pain,
And many a rugged bypath
Led to fields of golden grain.

So the heart from the hardest trial
Gains the purest joy of all,
And the lips that have tasted sadness
The sweetest songs that fall.
Then as joy comes after sorrow,
And love's the reward of pain,
So after earth is Heaven,
And out of our loss is gain.

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it is tuned down to our level to receive it.

As we realize the whole of Creation is designed and controlled by a spiritual order of perfect balance and truth, we feel the magnetism of being drawn to the spiritual center the universal mind has brought to a focal point in us.

To become engrossed with the economic and material needs of man, ignores the purpose of life. This divine spark which gives us inspiration, peace of mind and happiness, can not be content to work only for the bread or material that perishes and wastes away. For we need the harmony and companionship of this Great Mind--this Great Spirit that throbs within us.

To partake of the spiritual food, God really acts in and through us. We are a part of that Spiritual Power itself.

Like the blazing energy of the sun stepped down to the needs of a single cell in a blade of grass, so does the universal mind and power of God step down to quicken and inspire our souls. We can not find our place or purpose in life until we can partake of this spiritual food--to distinguish between our physical and spiritual needs.

For the fullness of our potentials and fulfillment of our lives we must let go and rise above the physical barriers we have falsely placed as requirements of life, and receive the blessings and beauty the spiritual truth will endow and invest in us.

This in truth is the requirement in the life of man. Without it he is out of tune with God. He is lost in purpose--He is without heart--He is without soul--He is nothing--He becomes utterly lost. For what does it profit a man if he gives the whole world and loses his soul?

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