

Buds AND Blossoms

By
MAMIE MILLER



"The Lord is my light and my salvation; whom shall I fear? the Lord is the strength of my life; of whom shall I be afraid?"--Psalm 27:1.

Love-In-A-Mist is an annual, but it would be well to remember to plant it next spring. Leave space for this. It is of the Ranunculocloe family. It does well in meadows and waste places. It is sometimes called Devil-In-The-Bush because of the object in

the center of the bloom.

This plant grown in the Holy Land and has been used in place of pepper. The stems are used for medicine. Bread is flavored with parts of this flower. Love-In-The-Mist comes mostly in blue and white and is ideal for use in fresh and dried bouquets.

Pyrethrum is a Herbaceous perennial. It is known as the Painted Daisy. The foliage is dark green, and forms a mound where the usually leafless flower stalk rises. The foliage is pretty, even if it doesn't bloom well.

Scabiosa is an annual or a Herbaceous perennial. It is a native of Europe and Asia. The plant is used for the treating of scabies. In a garden club very much concerned with the way that members were having their gardens ruined by a neighbor's dog, one member came up with a clever idea.

Word was spread (for the benefit of the neighbor) that every garden on the block had Scabiosa in it. The neighbor wasn't a flower grower, and that word--Scabiosa--had an awful sound to her. Fearful that her dog would be poisoned, she took care to keep him in his own yard from that day on.

Don't put out roses until the bushes are completely dormant. Feed regularly, but don't rush too much. Visit nurseries for added shrubs, pansy plants, candytuft and English daisies. They should be planted now.

This week's Buds and Blossoms poem, from the incomparable pen of Robert Frost, is entitled "Reluctance."

Out through the fields and woods
And over the walls I have
wended,
I have climbed the hills of view
And looked at the world, and
descended;
I have come by the highway
home,
And lo, it is ended.

The leaves are all dead on the
ground,
Save those that the oak is



AND ON
THE BACK

USE CHRISTMAS SEALS
FIGHT TUBERCULOSIS
and other Respiratory Diseases



New Bern housewives who take pride in dishes that are delightfully different can do worse than try their hand at Swedish holiday bread.

For ingredients, you'll need two cups of milk; two packages of active dry or compressed yeast; one-half cup of lukewarm water; one-half cup of shortening; one-half cup of butter; one cup of sugar; two eggs, well beaten; one teaspoon of salt; one-half teaspoon of ground cardamom seed; seven cups of all-purpose flour; one-half pound of seedless raisins; one-half pound of citron, diced fine; one egg yolk; two tablespoons of sugar; two tablespoons of milk.

Scald the two cups of milk and let cool. Soften yeast in water, and add to the cooled

keeping
To ravel them one by one
And let them go scraping and
creeping
Out over the crusted snow,
When others are sleeping.

And the dead leaves lie huddled and still,
No longer blown hither and
thither;
The last lone aster is gone;
The flowers of the witch-
hazel wither;
The heart is still aching to
seek,
But the feet question "Whither?"

Ah, when to the heart of man
Was it ever less than a
treason
To go with the drift of things,
To yield with a grace to reason,
And bow and accept the end
Of a love or a season.

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milk. Cream together the shortening and sugar, and add. Then mix in the well-beaten eggs, salt and cardamom. Add three of the cups of flour and beat well. Combine the other cups with the raisins and citron; add to the first mixture. Blend and knead together for about five minutes.

Place in a greased bowl, cover, and let rise in a warm place until double in bulk. Knead down lightly. Divide dough in half. Put in two greased tube pans. Cover and let rise until double in bulk. Beat together the egg yolk, sugar and milk; brush the top of the dough with this. Bake at 375 degrees for about 40 minutes.

Having tried Swedish holiday bread, you may want to experiment with Swedish apricot loaf. You'll need three cups of all-purpose flour; one teaspoon of salt; three teaspoons of baking powder; one-half teaspoon of cinnamon; two-thirds cup of shortening; one cup of brown sugar, packed; two large eggs, beaten; one and three-fourths cups of milk; one and three-fourths cups of cooked chopped apricots.

Sift the dry ingredients together. Cream the shortening and sugar, and add the beaten eggs and milk. Stir in the apricots and dry ingredients. Bake in two greased loaf pans for about an hour and a quarter at 350 degrees.

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SORE AFFLICTION
I do not ask for healing
But, Lord, I ask for grace
That I in sore affliction
May see Thy blessed face.
That I might look to Thee, Lord,
And trust Thee more and more,
And know Thou makest blessings
Of my afflictions sore.
For great indeed are blessings
When Thine own Word I heed,
And turn to Thee and trust Thee
To fill my every need.
The healing of our bodies
Can make our bodies whole,
But sore affliction worketh
Great healing of the soul.
So in my sore affliction
I pray to ever be
A trusting and obedient child,
For then Thou healest me.
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