

# Buds AND Blossoms

By  
**MAMIE MILLER**



Althea is a member of the mallow family. It is called sweet weed, wymote and marsh mallow. It is an attractive shrub that is filled during the day with single and some double blooms. Purple, white, lavender and pink are popular colors. The

root is used for medicinal purposes. Early settlers made poultices for coughs, colds and hoarseness. It was sometimes used as an eye wash. The shrub roots well.

Did you ever search the woods for asarabacca leaves? The leaves are heart shaped. The root and leaves have been used for heart patients when it was impossible to get a doctor's treatment.

Many plants are used for other purposes, as well as to be pretty. Maidenhair fern is used for massages for hair, and hair tonic. Quince seed makes a solution to set curls. Rosemary is used to keep hair from uncurling. It makes hair glossy too. Sage leaves, Southern wood ashes, and walnut hulls are good hair rinses and shampoos. Divide thrift when it has

finished blooming. Try some of the other colors beside the pink and rose. It comes in white, lilac, red and shades of rose. Prune all blooming shrubbery that has already bloomed. Spray roses each week. Fertilize them well for new growth. Growlythrum for brilliant spikes. It is a hardy plant that you will enjoy for years.

This week, for our Buds and Blossoms poem, our choice is "Hard Knocks" by Edgar A. Guest.

I'm not the man to say that failure's sweet,  
Nor tell a chap to laugh when things go wrong;  
I know it hurts to have to take defeat  
An' no one likes to lose before a throng;  
It isn't very pleasant not to win  
When you have done the very

best you could;  
But if you're down, get up an' buckle in--  
A lickin' often does a fellow good.

I've seen some chaps who never knew their power  
Until somebody knocked 'em to the floor;  
I've known men who discovered in an hour  
A courage they had never shown before.

I've seen 'em rise from failure to the top  
By doin' things they hadn't understood  
Before the day disaster made 'em drop--  
A lickin' often does a fellow good.

Success is not the teacher,  
wise an' true;  
That gruff old failure is, remember that;  
She's much too apt to make a fool of you,  
Which isn't true of blows that knock you flat.  
Hard knocks are painful things an' hard to bear,  
An' most of us would dodge 'em if we could;  
There's something mighty broadening in care--  
A lickin' often does a fellow good.

**WE BUY WRECKED AUTOS  
MODELS 1955 AND UP  
When You Think of Used  
Auto Parts — Think of Us.  
SAULTER AUTO SALVAGE  
CO.  
Morehead Hwy. — Dial ME 7-9910**

**THERE'S NO  
PARKING  
PROBLEM  
AT  
ROSS  
BARBER SHOP**  
1308 Old Cherry Point Road

**MIRROR  
MEDITATION**  
By EMMITT L. BRINSON

With the beauty of spring bursting forth all about us, bringing with it new life from a dormant state; watching the forms take shape from latent energies, one wonders why we are so blind to ourselves and the power of spirit that awaits our direction within us.

We readily accept and use the power potential in all the modern equipment and machinery at our disposal. We pay much attention to its upkeep. We know and accept its efficiency; yet we neglect, and we are even ignorant of the fact that a much greater power awaits us within ourselves.--ours to be used.

It is the same power that has been temporarily trapped by the inventor, for there is nothing man can make or use that evades the flow of the energies, or the design of law and order. All must be there to properly perform.

We would not drive our cars with the brakes on, we would not listen to music with several instruments off key. Why then do we go through life with the brakes set, wearing ourselves out physically, and pulling ourselves down mentally, because we are out of tune? Living lives in varying degrees of spiritual inefficiency?

The proof of this truth is all about us in everything we see and in all we do. We are not constantly conscious of all the functions of our bodies. We do not know how or why some of it works. We only know that it does work, just as we see from day to day the flower take on form and beauty.

We do not have to accept a single circumstance--or suffering--or position in life un-

(Continued on Page 3)

**IT'S  
Braddy's**  
FOR DRY CLEANING  
& LAUNDRY  
Pick-Up and  
Delivery Service  
320 First Street  
ME 7-2159

**DIXON BROS.  
NURSERY**  
Glenburnie  
GROWERS OF FINE  
TREES, SHRUBS  
AND PLANTS

**SALES & SERVICE  
G. E. Appliances, Stereo  
and T.V.  
APPLIANCE CENTER**  
1402 Neuse Blvd. Tel. ME 7-4223

**THIS WEEKEND  
IT'S PEPSI**

for those  
who think  
young!

**PEPSI-COLA**

Get an extra carton today!

**TRYON - FRI. - SAT.**

**SEE...  
TWO THOUSAND  
MANIACS!**

A Horror Movie that Shocks  
Every Emotion Known to Man.  
You'll Shudder at Its Violence -  
Unequaled in Screen History.  
(Inadvisable for Children Under 16)

**BEAR**  
Wheel  
Alignment  
Can Add 50%  
to Life of Tires

Get Our Free  
"BEAR" Inspection  
Today

**PAUL'S**  
KINSTON HIGHWAY  
Dial ME 7-4206  
Floyd Paul, Sr.

**TO THE VOTERS  
OF  
CRAVEN COUNTY**

All Polling Places Will Be Open from  
9 a.m. to 6 p.m. for the

**New  
Registration**

On the Following Saturdays: April 25,  
May 2, May 9 and May 16, 1964.

**PRIMARY ELECTIONS WILL  
BE SATURDAY, MAY 30, 1964**

PRECINCT	REGISTRAR	POLLING PLACES
FIRST WARD	Mrs. Thelma Garrell	City Hall
SECOND WARD	Mrs. L. G. Pate	County Courthouse
THIRD WARD	Mrs. Inez Shipp	Fire House
FOURTH WARD	Mrs. Polly Ann Dixon	Trent Ct. Com. Bldg.
BERNE	Mrs. Mildred Hammond	Riverside Fire House
TISDALE	W. M. Pugh	Ghent School Bldg.
BRIDGETON	Mrs. Carrie Stillee	City Hall
TRUITT	Mrs. W. T. Cuthrell	Mrs. Cuthrell House
ERNUL	James Arthur Ispock	R. R. Depot
VANCEBORO	Mrs. Mabel Joyner	City Hall
MAPLE CYPRESS	J. W. Joyner	C. Wetherington Store
FT. BARNWELL	Hobson Lane	School House
DOVER	P. G. Whitley	City Hall
COVE CITY	Miss Cora McCoy	City Hall
JASPER	T. O. Wetherington	School House
TUSCARORA	Charles Ewell	C. M. Ewell's Home
CLARK	John R. Wetherington	Stewart's Store
GRANTHAMS	Mrs. Edith Lee	Brinson School
RHEMS	Mrs. Lottie Simmons	Mrs. Simmons Home
CROATAN	Joe Hughes	Tom Haywood's Store
HAVELOCK	Mrs. Richard Tuttle	Havelock Town Hall
BACHELOR	Haywood Harris	Community Center

**BE SURE TO REGISTER!**

A. A. KAUFER, JR.  
CHAIRMAN CRAVEN COUNTY  
BOARD OF ELECTIONS