

**MIRROR  
MEDITATION**

By EMMITT L. BRINSON

Have you ever asked the question; What is Creation? Where did it come from? When we think deeply about this we are confronted with a reality that we are dealing with an infinite power that makes things out of itself, by itself. Perpetually becoming the thing it makes. Everything made out of that which cannot be seen. The invisible becoming visible in accordance with a set pattern.



**EYES HAVE IT . . . Don't let the innocent expressions fool you. The six-week-old kittens have a fairly impressive record of destruction at their owner's home in Rainham, Kent, England.**

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Structures of nature which defy not only the skill but the comprehension of man. He can only observe and imitate up to certain limitations.  
All this beautiful and glorious creation came from somewhere. In what did it originate? Mind? Thought? Imagination? Yes! It had to be a mind far greater than our own. A mind in which our mind is subordinate. Thinking of which our thoughts are a part. Thoughts that are continually creative. Emergency and action from thought emanating from the unseen, or a domain unknown -- invisible -- spiritual.  
When we reach this point of logic and reason we realize that we too can become creative by tapping this source of power in which all existence is an entity. Creative thinking akin to our interpretation called talent. Creative power akin to our interpretation of prayer.  
This is why science has uncovered that our very physical condition is controlled mostly by our mental condition. What we think as good or what we fear as bad. In reality when we think of anything we are using the ever creative mind of the Creator. We Create good or bad for ourselves. When we think of our thoughts in this manner we find an unlimited potential available that can keep us constantly in the channels of good, for that which we fear also creates the thing we fear as bad. How true this is of health.  
This is also why we find within ourselves a power called talent. Anything we desire to do we find a source of knowledge which seems to be already possessed--already there, and as we put this talent to use we find new channels of commensurate power opening to us from within. This is the Creative mind of God in which we are a part, even available when we are in tune with him.  
Christ said, "It is done to us as we believe". When we consider this in connection with prayer it is plain and obvious. We believe we will have done to us that which we pray for and it will be so. Our sincerity becomes the creator and answer through the creative na-

ture of thought, whether it be in healing or the betterment of life and its entanglements. There is no limit to the power of prayer.

The greatest thing that could ever happen to us is the discovery of this creative power within our own thoughts, and even greater to put and keep in constant use for good. Knowing that even bad thoughts too will come true. When we consider every thought to be creative we can feel that we are constantly in tune with the Creator, constantly in touch or in companionship with him. In constant positive prayer, eliminating negative thoughts, eliminating ideas which create unhappiness, illness, and stress.

I sincerely believe this possibility; That life offers an access to the Creative power of God, ready and willing to respond in our power of thought. Every thought could be a prayer, affirm or deny the good we desire. This has been dramatically the result of prayer therapy research by Professor William R. Parker.

Unless our thoughts are positive for good, they can also be dangerous.

What a new life awaits us if we but use the power of creative prayer, through constant awareness and thought. Could this be the avenue to a perfect life as pointed out by the Savior? I wonder--

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Great minds, like heaven, are pleased in doing good, though the ungrateful subjects of their favors are barren in return.--Rowe.

God is glorified, not by our groans, but our thanksgivings; and all good thoughts and good action claim a natural alliance with good cheer.--Whipple.

If you have been badly wronged, forgive and forget.--Mary Baker Eddy.

My care is like my shadow in the sun. Follows me flying, flies when I pursue it.--Queen Elizabeth I.

As a weak limb grows stronger by exercise, so will your faith be strengthened by the very efforts you make in stretching it out toward things unseen.--Aughey.

There are two freedoms--the false, where a man is free to do what he likes; the true, where a man is free to do what he ought.--Kingsley.

Among real friends there is no rivalry or jealousy of one another, but they are satisfied and contented alike whether they are equal or one of them is superior.--Plutarch.

The generous who is always just, and the just who is al-

ways generous, may, unannounced, approach the throne of heaven.--Lavater.

It's a great comfort to some people to groan over their imaginary ills.--Thackeray.

We hate some persons because we do not know them; and we will not know them because we hate them.--Colton.

Controversy, though always an evil in itself, is sometimes a necessary evil.--Whately.

Cultivation to the mind is as necessary as food to the body.--Cicero.

What I began by reading, I must finish by acting.--Henry David Thoreau.

The sharpest sting of adversity it borrows from our own impatience.--George Horne.

A thing of beauty is a joy forever; its loveliness increases; it will never pass into nothingness.--John Keats.

Trials teach mortals not to lean on a material staff, a broken reed, which pierces the heart.--Mary Baker Eddy.

There are two subjects that are constantly presented to the American public and just as constantly ignored--seat belts and social security.

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