



No wonder you feel somewhat bewildered or frustrated, if this is your first baby. Every New Bern mother has had this experience.

With most new jobs, the beginner learns one part of the task at a time. He may be given

material to practice on before he is expected to work on the real thing. When he masters one piece of the job, he graduates to the next step.

Not so with babies. Once the baby is here, everything begins all at once—feeding, sleeping, bathing, washing the clothes, and so on. It's comforting to know that you soon master it all, and can settle down to enjoy the baby.

Caring for a baby becomes easier all the time, rather than harder. Another comforting thing to remember is that the baby is a lot tougher than he looks. He doesn't even notice that you are inexperienced, and keeps right on growing.

Getting enough to eat, and feeling safe and warm are about all a new baby needs. Food and love are about equally necessary, and when both are freely available, he can thrive. It's fortunate that both can be given at once.

The baby yowls with hunger, his grunts or cries, and his brief trials at getting some satisfaction out of his fist, having failed. Not just his stomach—his whole world is empty.

Then you come along with the complete answer—food. Be it breast or bottle, the nipple is the source of most of his happiness. He plunges into sucking. His rigid body relaxes. The room so filled with crying rage is still.

For both you and the baby, milk is more than nourishment. Feeding becomes a language between you. Later he learns that whatever he needs, you

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MASONIC
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Underground A-blast cracks earth's core and the world totters on the brink of destruction!

**CRACK
IN THE WORLD**
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Starring DANA JINETTE KIERON ALEXANDER
ANDREWS-SCOTT-MOORE-KNOX

- Ceramic Tile
- Quarry Porches
- Marble Fireplaces
- Rubber & Asphalt Tile

G. H. BRYAN
Tile Contractor
ME 7-5418

I appreciate the support I received in Tuesday's run-off election.

To my opponent, who succeeds me as alderman from the third ward, and to all other members of the incoming board, I extend wishes for a good administration.

-PETE CHAGARIS



JANETTE SCOTT seems a bit startled as she watches an atomic bomb explode in this scene from "Crack In The World," Paramount's new semi-science fiction film now at the Masonic Theatre.

will be there to try to comfort him. It's his first lesson in life.

**GARDEN
TIME**

By M. E. GARDNER
N. C. State College

As long as we produce food and fiber we will be using pesticides to control the insects and diseases which attack all crops. This is our annual contribution for using them safely and effectively.

We might begin by classifying pesticides: insecticides, for insects; fungicides, for diseases caused by the many fungi; rodenticides, for mice and moles; herbicides, for weed control; and antibiotics, for certain diseases caused by bacteria (fire blight of pear and apple).

Pesticide formulations may be placed in three classes: dusts; wettable powders; and emulsifiable concentrates. The dusts are used as dusts, while the wettable powders and emulsifiable concentrates are mixed with water and applied as sprays.

While some pesticides are safer to handle than others, all should be handled with extreme care, especially the insecticides. Use pure rubber gloves, never plastic or cloth. With some pesticides, respirators are recommended, also protective clothing.

STOP--READ THE LABEL-- before using any pesticide.

There are five poison control centers in North Carolina to serve the general public in case of poisoning resulting from the use of pesticides. You should know about these centers.

Mercy Hospital, Charlotte, EDison 4-6831; Duke University Hospital, Durham, DURham 9011, ext. 3951 or 3806 (night, ext 2413); Onslow Memorial Hospital, Jacksonville, Tel. 7242; Northern Hospital or Surry County, Mount Airy, N. C., STate 6-4151, ext. 211; James Walker Memorial Hospital, Wilmington, ROger 2-9611, ext. 240 (night, ext. 247 or 248).

If you ever have occasion to call, and I hope you do not, it is very important that the chemical be identified.

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