



TOT TALK

Your baby has probably put himself on some kind of schedule. With a little firmness, you can adjust his rhythm to fit into your preferred household pattern.

If you want the day to begin, say, at 7 o'clock, feed the baby then and let the rest of the day follow almost automatically. Feeding four hours apart would fall around 11 and 3 and so on.

If, on the other hand, you want to start earlier, waken the baby at 6 a. m. to feed him. Each household has its own pattern, and the baby can fit comfortably to any system which is reasonably consistent from day to day and which considers his own hunger interval.

It's a help to both you and the baby to work around some kind of plan. On the other hand,

don't let a schedule dominate. You get flustered if you can't maintain it. He becomes irritable at being prodded or forced to wait when for some reason his stomach is on a different timetable.

After awhile, the baby omits one night feeding. Let the baby sleep as long as he will after 6 o'clock (or evening) feeding. Nine out of ten babies will skip one night feeding at about 3 or 4 weeks of age.

If you are using bottles, redistribute the formula into the number of bottles you now will be using. Sometime thereafter, by 2 or 3 months of age, most babies will go through the night without taking food from about 6 p. m. to 5 a. m.

When yours is content with four bottles, divide the entire formula into these four parts. For awhile, the baby may waken earlier than you'd like, but you can change him to a more convenient hour as time goes by.

Some parents like to waken the baby for a night feeding before they retire. There is no objection to this practice, but there comes a point when the baby will make an adjustment naturally to a long sleep at night if left to waken himself.

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No genuine observer can decide otherwise than that the homes of a nation are the bulwarks of personnel and national safety and thrift.--Holland.

In all the world there is nothing so remarkable as a great man, nothing so rare, nothing which so well repays study.--Theodore Parker.

Truth is not exciting enough to those who depend on the characters and lives of their

MASONIC STARTING FRIDAY



Ursula Andress in her role as Ayesha, beautiful Queen of an African kingdom, in "SHE," screen version of the world-famous adventure novel by H. Rider Haggard. The unusual motion picture combines romance, spectacle and fantasy.

neighbors for all their amusement.--Bancroft.

Everything that looks to the future elevates human nature; for never is life so low or so little as when occupied with the present.--Landor.

We often pretend to fear what we really despise, and more often to despise what we really fear.--Colton.

There is nothing so small but that we may honor God by asking His guidance of it, or insult Him by taking it into our own hands.--Ruskin.

His daily prayer, far better understood in acts than words, was simply doing good.--Whittier.

We are disgusted by gossip; yet it is of importance to keep the angels in their proprieties.--Emerson.

Folly is like the growth of weeds, always luxurious and spontaneous; wisdom, like flowers, requires cultivation.--Hosea Ballou.

The head learns new things, but the heart forevermore practices old experiences. Therefore our life is but a new form of the way men have lived from the beginning.--Henry Ward Beecher.

Not in the achievement, but in the endurance of the human soul, does it show its divine grandeur and its alliance with the infinite God.--Chapin.

Every duty we omit obscures some truth we should have known.--Ruskin.

Dependence is a perpetual call upon humanity, and a greater incitement to tenderness and pity than any other motive whatever.--Addison.

It is a little thing to speak a phrase of common comfort, which by daily use has almost lost its sense; yet on the ear of him who thought to die unmourned it will fall like choicest music.--Talfourd.

We may have the confidence of another without possessing his heart. If his heart be ours, there is no need for revelation or confidence.--Du Coeur.

Art is based on a strong sentiment of religion, on a profound and mighty earnestness; hence it is so prone to cooperate with religion.--Goethe.

He, who when called upon to speak a disagreeable truth, tells it boldly and has done, is both bolder and milder than he who nibbles in a low voice and never ceases nibbling.--Lavater.

Despondency is not a state of humility; on the contrary, it is the vexation and despair of a cowardly pride; whether we stumble or whether we fall, we must only think of rising again.--Fenelon.

Disabled Veterans Still Can Restart GI Insurance

Less than ten months remain for eligible veterans to take advantage of the new GI insurance which will remain on sale until midnight May 2, 1966, according to Judson D. DeRamus, Manager of the Carolina Veterans Administration Regional Office.

At the end of June, the second full month in which the insurance has been on sale, more than 100,000 veterans have applied for and been issued some form of the new policies.

The insurance is open to those veterans originally eligible for GI insurance between October 8, 1940, and January 1, 1957, and who failed to take

it out or, having purchased it, let all or part of it lapse.

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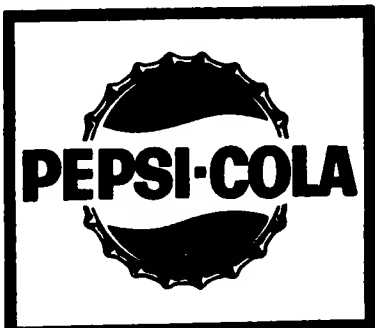
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