

MIRROR MEDITATION

By EMMITT L. BRINSON

I am sincerely convinced that when this universe was set in motion, the Supreme Intelligence also set up a continuity of laws. Not only patterns of individualism, but, a plan in which mankind as a whole shall follow.

These laws pertaining to individualism are so exacting in its evolution, man has come to feel it is the natural thing that will happen. Plant a seed of corn, and corn will grow. Thus the basic designs of which all of Creation is set, the countless invisible intelligent workings of organisms which man can not change has come to be called the; "Nature of things" or "Nature".

All patterns of life and matter will follow its design and reach its goal when in its natural setting, its habitat, its place, its climate, and most of all--"ITS PURPOSE". A fish can not live out of water--nor can anything continue to exist, away from its natural laws.

All of nature is so locked within its pattern and purpose

that man himself, with all his knowledge, is but an observer. Each time he finds a new use for energy or matter he has but come upon or looked into "Nature at work."

No matter what man might try to do, he will never change the natural order of things. He might, in all his effort upset a small part, or individual thing. Like grafting a limb or cross a breed, but in its continuity of existence, it will fall in line, or revert to its natural pattern.

Therefore, man would have to practically move heaven and earth--to keep constantly at his effort to steer, to attempt this change--But Never could he make it a permanent thing. This constant flow of Creation will not be changed and anything, any person, any nation that sets its individual ideals against the flow of Creation, or the natural designs of life, is headed for defeat.

Since all of existence is set to pattern from the smallest to the greatest; since the smallest particle of matter and life; the atom, the DNA's, to the countless billions of stars in infinite space must follow a predetermined plan, so must mankind as a whole have a purpose. Not only individual, but universal.

The Nature of all things

Masonic Feature



NO SECRET FROM THIS AGENT-- Nancy Sinatra makes no secret of her intentions from Steve Rossi in Paramount Pictures' Technicolor comedy, "The Last of the Secret Agents?," which marks the screen debut of Marty Allen and Steve Rossi and which opens Sunday at the Masonic Theatre.

shall remain. While the invisible natural order of man's biological design continues to follow its set pattern, the only improvement has been his mind--and along with it--his lot. Therefore, the natural purpose of mankind as a whole must have a long range plan and extends into the eternal.

Mind, thought and awareness are not material. In itself it is spiritual. It is not caught up in the basic designs of continuity. It is free from all else. It is a part of the universal mind itself; a part of the Creator. It is that part which uses this earthly house to express itself. It is a part of the creative power and mind that shall never die--It is eternal!

While Man's body might be shackled with chain and with man-made laws, his mind is free, and can never be bound. Brainwashed as some might be, left alone to freedom of thought he taps an essence of truth and will follow the laws of Creation; or freedom, or peace and love. When one faces this urge of the universal mind, he is dealing with a reality impossible to escape, and attunes himself to the infinite Creative Power of God.

And so mankind as a whole is destined to abide by the Creator's original intent, or fall by the wayside. Review carefully the rise and fall of empires through-out history, or of groups, or of people. When they are consciously or unconsciously aligned with the divine laws; the nature of things; or the powerful flow of creation, they have prospered. By the same degree, if they have gone contrary to these laws, they can not survive and have been destroyed.

Ah, Yes--All man's prob-

TIPS FOR HOME MAKING

By CORETTA T. CHERRY



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With the change of the season many changes take place within the household. One major change is the return of the children to the classroom. School times bring about many responsibilities for the homemaker.

One of the most important tasks for the homemaker is to provide a suitable study area for the children. The study area need not be large in space; however, it should be quiet, pleasant and it must have good light.

The desk or table used for study should be a comfortable height for the child and certainly the chair should be comfortable. A light colored blotter on the study desk is a must and has a two fold purpose; first, it prevents glare, cuts down on contrast of light and dark areas, so pupil's eye doesn't have to adjust to great contrasts, and also protects the top of the desk. You will notice that I said a light colored blotter, light grey, beige or any pastel tint is an excellent choice.

There should be general light in the background of the study area and specific light at the desk. A wise choice for the specific light at the desk is; use of a pair of wall lamps with 100 watt bulbs each. The lamps must have diffuser heads with light colored shades and should be placed 30 inches apart, 15 inches from desk top and be 17 inches from desk edge. If desk is more than two feet wide select serving arm lamps.

Another responsibility for Mrs. Homemaker is the entertaining for the various holidays as they appear on the calendar. Of course the first is Halloween.

For the grade mother the following suggestion might come in handy for the school party. Basic Party Punch and chocolate or ginger bread cupcakes. Decorate the cup cakes with pumpkin faces made with either orange colored whipped cream

lems, individual or universal can be solved by tuning in on God's Natural Laws' His crea-

tive intent; His purpose; for it is within this stream of truth we too become eternal.

Ebrahim Sahba of the Iranian Poets Association says that the pictures sent back to earth from space ships showing the moon to be rough and barren have ruined its romantic potential for poets.

put on with a pastry tube or corn candy might be used.

The recipe for Basic Party Punch is as follows:

- 2 No. 5 cans grapefruit juice
- 1 quart ginger ale
- 2 No. 2 cans pineapple juice
- 1 No. 2 can orange juice
- 2 sliced limes or oranges

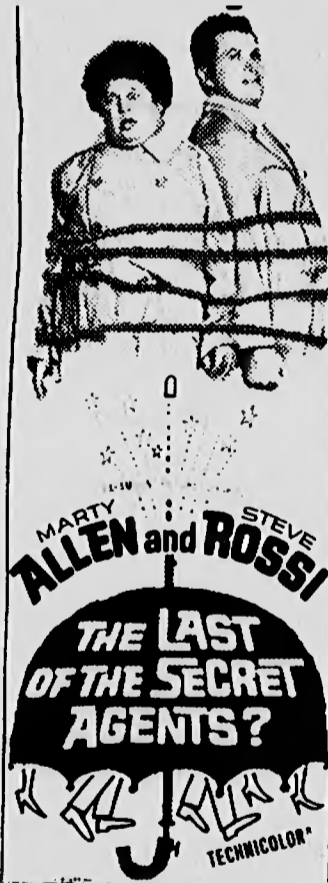
Chill grapefruit juice, gingerale and pineapple juice. Remove label from orange juice and place in freezer. Freeze until firm. Pour citrus juices and gingerale into punch bowl. Remove both ends from can of frozen juice and pour out into punch. Float fruit slices on top. This recipe will serve 50 thirsty little ones.

For the birthday party that comes in the Halloween season a chocolate layer cake with candy pumpkins used for candle holders or whipped cream pumpkin face could be substituted for the cup cakes.

Sandwiches, nuts, and candy can be added with the cup cakes and punch for the teen age group or adult neighborhood gathering.

These simple refreshments will turn the trick or treat day into a happy holiday occasion for all who take part.

Masonic STARTING SUNDAY



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