

As Seen in The Mirror's

SPORTS REFLECTIONS

of Athletes and Events

New Bern's Charlie Davis, bidding for a pro career with the Washington Redskins, has been sidelined for several days with a pulled leg muscle. However, he displayed enough ability in early practice sessions at Carlisle, Pa., to survive the initial cut off of 14 hopefuls.

Built like a village blacksmith, reminding this writer of Charlie (King Kong) Keller, the former UNC gridder was prone to injury during his college days, perhaps because he went all out on every play.

Dame Fortune seems to stack the cards against many athletes, including some of the best. Carolina's Danny Talbott had more than his share of aches and pains at Chapel Hill, and despite his fine record was seldom in top form.

In Major League baseball, Mickey Mantle has been a shining example of those who are beset by physical handicaps. Here's hoping Davis, who has plenty of heart to go with his brawn, will be able to shake the injury jinx and achieve his full potential.

The local boy was brought to the attention of Redskin owners by Chris Hamburger, who learned during his own college career that Charlie is the sort of fellow who isn't easily intimidated. Chris, of course, is known as one of the toughest battlers in pro ranks.

Coach Roger Thrift of the New Bern high school Bears, quite a passer himself when he was starring for East Carolina, can be expected to capitalize on the good throwers he has available. Richard Stille, a veteran, and Chuck Mohn, brought up from the JV team this year, ought to connect fairly often.

No aerial attack functions consistently, however, without dependable receivers and a forward wall capable of protecting the passer long enough to spot his target in the clear.

At worst, the Bruins should be a dangerous ball club during the Northeastern Conference campaign. At best, they could be very much in the running for the loop crown, down to the final wire.

Heat and Eat Meat Loaf Joins List Of Convenience Foods Now on Sale

Heat-and-eat meat loaf has joined the list of convenience foods now available from the frozen food department of the supermarket, reports Mrs. Ruby Uzzle, extension consumer marketing economist, North Carolina State University.

Similar to homemade meat loaf, this product contains coarsely ground U. S. Choice beef, cheddar cheese, dehydrated onions, green and red peppers, soya flour, tomatoes and spices. It requires a little over an hour to cook with no thawing necessary. And it has the additional advantage of be-

ing packed in its own disposable baking pan, thus eliminating the scouring job that follows the homemade loaf.

Other hurry-up meals could be prepared from the meatloaf after cooking, Mrs. Uzzle points out. She suggests splitting a toasted English muffin and topping it with a slice of baked meat loaf and slices of tomato and onion. Brush with melted butter, then broil until the onion and tomato are browned.

Another serving idea might include cutting the baked loaf into small squares. Arrange it on spaghetti and top with spaghetti sauce.

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