## Washington Report

CONGRESSMAN WALTER B. JONES

The most controversial matter before the Congress last week was the Resolution to cite Dr. Frank Stanton, President of CBS in Contempt of Congress.

This was brought about by Stanton's refusal to furnish certain documents pertaining to "The Selling of the Pentagon" program produced by CBS.

Those who opposed this Stanton citation charged it was a violation of the First Amendment; towit, the freedom of the press. Those of us who supported the Staggers citation insisted that the rights and the dignity of Congress was at

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I based my conclusion on a statement that Chairman Staggers made, which is as follows: "I had hoped that this controversy could be avoided. When the subcommittee issued its original subpena, Dr. Stanton wrote me requesting that we would "reconsider" the matter and modify the subpena so that it would call only for such materials as were broadcast and other information directly related thereto.

Subsequently, the subcommittee did, in fact, withdraw its first subpena. The modified subpena which we then issued does, in fact, call only for materials 'directly related' to the broadcast. Yet, Dr. Stanton has again refused to comply."

The House approved the Department of Transportation and Related Agencies Appropriations for fiscal '72. This appropriation was in the amount of \$2.7 billion, which was \$275 million less than the budget request.

Included was \$474 million for Coast Guard operations and in spite of the Administration's opposition, it included \$15 million to provide for the continuation of the Coast Guard selected reserve at the fiscal '71 level

I continue to be concerned about the increased cost of government as well as its unbelievable expansion in many areas. With this conviction, I voted against the bill which would create an Office of an Administrative Assistant to the Chief Justice of the Supreme Court.

It was estimated that this position would cost \$94,700 in the first year, with a recurring annual cost of \$86,000. This includes a salary of \$40,000 with a guaranteed retirement at age 65 of 80 percent of the annual salary.

It seems strange that past Chief Justices have been able to function without this assistance; and I am sure that the next session of Congress will see legislation of the same type for each of the other eight Justices.

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## Jerky, a Pioneer Food Item that Easily Serves the Astronaut Age

will not need refrigeration.

Labeling is also scrutinized as

part of the inspection process.

Every federally inspected plant

planning to produce jerky—as with any other meat product—

must have its label design and formula for production ap-

proved in advance by USDA's Consumer and Marketing

The information USDA requires on a label can help you

select the product you want.

The net weight must be shown,

and a statement must list all the

ingredients in order of weight,

with the heaviest first. The

name of the product itself—along with the ingredient

statement—gives you a clue as

to what you're buying. Here's a

Beef Jerky-Ingredients:

glutamate,

Beef, Salt, Sugar, Flavorings,

typical example:

Monosodium

Service.

"On the morning of the eighteenth we issued 6 lbs. of jirked Elk pr. man, this evening the Sergt. reported that it was all exhausted; the six lbs. have therefore lasted two days and a half only."

Making this entry in his journal on a January day in 1806, Meriwether Lewis made it pretty plain that jerky was highly popular among the men in the Lewis and Clark expedition.

Later on, America's pioneers similarly made jerky a staple in their diet as they forged westward. They, too, found it a nutritious food—and a particularly ideal one because it needed no refrigeration.

Today, no matter where you live, you can enjoy the savory flavor and chewiness of jerky after making a quick trip to most any supermarket or specialty foodstore.

Aside from its shelf-stable quality, which still makes it an asset on the trail, jerky can be tasty with your favorite drink, or an hors d'oeuvre or as a nutritious between-meal snack.

Descended from the dried meat known by early Andean peoples as "charqui," today's jerky is thinly sliced; usually made from beef; appropriately spiced; and air-dried, ovendried or smoked. With advanced processing techniques, jerky can now be made within 24 hours, instead of the two to three months it took for natural curing when the pioneers and Indians made it.

If processed by a company selling meat products across state lines, jerky must bear the round USDA inspection mark. Inspectors check sanitation of equipment, facilities and all materials used in processing, as well as the meat itself at various processing stages.

They see that the moistureprotein ratio of jerky doesn't exceed 0.75 to 1. To the consumer this means the product

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If jerky is produced from large chunks of meat and molded and formed before it's cut into strips and dried, C&MS requires that the product name include the words, "Sectioned and Formed."

The plain beef jerky comes closer to that which the pioneers produced, while the sectioned and formed kind is more uniform in appearance and texture.

Jerky is usally smoked by natural means, but if smoke flavoring has been added, USDA inspectors require that the words, "Smoked Flavoring Added," appear by the product name.

As is the case for all meat products, inspection helps provide "from hoof to package" assurance that it's a wholesome and truthfully labeled product.

And, if you're trying jerky for the first time, you'll soon discover, as did the men in Lewis and Clark's party, that your supply is exhausted before you know it!

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Since porpoises must surface every minute or so for air, they usually nap by swimming lazily with one eye open to gauge the size of the waves.

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