

School lunch menus

Vanceboro Elementary School

By Mrs. Sallie Moore, Lunchroom Manager

Breakfast:

Monday - Cereal, orange juice, milk; Tuesday - Doughnut, fruit, milk; Wednesday - Toast & jelly, sausage, juice, milk; Thursday - Mini bun, banana, milk; Friday - Pot tart, tangerine, milk.

Lunch:

Monday - Sloppy joe, pork & beans, orange wedges, oatmeal cake, milk; Tuesday - Vegetable soup/beef, crackers, cheese toast, sliced peaches, milk; Wednesday - Pizza, tossed salad, French fries, pineapple cake, milk; Thursday - Chicken & pastry, candied yams, green beans, cornbread, milk; Friday, Spaghetti w/sauce, cole slaw, cheese biscuit, apple sauce, milk.

Jan. 15-19

Ft. Barnwell Elementary School

by Katherine Mitchell, manager

Menus for Jan. 11-12

Breakfast:

Thursday - Pot tarts, mixed fruits, milk; Friday - Frosty Rice, orange juice, milk.

Lunch:

Thursday - Fish portions, french fries, green beans, jello cups, cornbread, milk; Friday - Spaghetti w/meat sauce, tossed salad, chilled peaches, french bread, milk.

West Craven Jr. High School

Lynette Dudley, Lunchroom Manager

Breakfast:

Monday - Pop tart, juice, milk; Tuesday - Pancake/syrup, sausage, juice, milk; Wednesday - Cereal, fruit, milk; Thursday - Scrambled eggs, buttered

toast, juice, milk; Friday - Mini bun, fruit, milk.

Lunch:

Monday - Barbecued chicken, potato salad, peach half, roll, milk or Ham & cheese on bun, mustard, potato salad, peach half, milk; Tuesday - Beef-aroni, tossed salad, French fries/ketchup, roll, milk or Fish on bun, tartar sauce, tossed salad, French fries/ketchup, milk; Wednesday - Vegetable beef soup, crackers, grilled cheese sandwiches, fruited jello, milk or Hamburger steak-ketchup, creamed potatoes-gravy, string beans, roll, milk; Thursday - Chicken salad, crackers, French fries/ketchup, fruit cup, sweet roll, milk or Hot dog/chili, French fries - ketchup, fruit cup, sweet roll, milk; Friday - Barbecue on bun, French fries/ketchup, cole slaw, milk or Hamburger on bun, chili, French fries - ketchup, cole slaw, milk.

crackers, grilled cheese sandwich, pear half, milk or Hamburger on bun, chili, tossed salad, baked beans, milk; Wednesday - Hot dog on bun, chili, cole slaw, French fries w/ketchup, milk or Chicken salad, crackers, string beans, peaches, sweet roll w/butter, milk; Thursday - Fried chicken, potato salad, sliced peaches, string beans, hot butter roll, milk or Fish/cheese on bun, tartar sauce, tossed salad, green peas, lemon pudding, milk; Friday - Barbecue on bun, cole slaw, French fries, milk or Cream turkey on rice, cranberry salad, string beans, hot butter roll, milk.

In and around Ernul

by Mrs. Alma Drake

Miss Lynn Drake is a patient at Craven County Hospital. Linster C. Gaskins is a patient in Craven County Hospital. Miss Wanda Drake has returned to Cullowhee, where she will resume her studies. The highlight of her stay at home was a New Year's Eve Party with her friends. They enjoyed refreshments of lime punch and assorted dips and chips. The home was decorated for the occasion and everyone had a good time. Those attending were Tammy Troutner, John Drake, Carl Willis, Carolyn Jenkins, Paula, Jerry and Ronnie Jones and Debbie Nipper.



WINS TV--Project chairman, Gary Fulcher of the New Bern Jaycees presents John Drake with a 12 inch black and white T.V. for second place in the recent Cystic Fibrosis Bowl-A-Thon held at the B & R Bowling Lanes in New Bern. This was John's first experience with bowling. [Photo by Wanda Drake]



BOWL-A-THON--Jackie White, daughter of Mr. and Mrs. Butch White of Vanceboro tries her hand at bowling in the recent Bowl-A-Thon for Cystic Fibrosis sponsored by the New Bern Jaycees. [Photo by Gary Fulcher]

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