

FORT BARNWELL HIGHLIGHTS

The St. John AME Zion Church of Ft. Barnwell has planned a special program in celebration of Livingston College Day on February 21, 1982 at 3:00 p. m.

They will have Mrs. B. H. Mitchell of Ft. Barnwell and Mrs. E. F. Hill of Kinston as guest speakers.

They are inviting their many friends to share in the services. The program is sponsored by The Young Women's Society and The Buds of Promise.

Word has been received that Mr. Elijah Pugh has been admitted to Craven County Hospital early Sunday morning due to illness.

Mrs. Ethel M. Skeens is a patient at Lenoir Memorial Hospital after having surgery.

Mrs. Mittie Burney and Mrs. Sue Mae Greene of Ft. Barnwell have been dismissed from the hospital and are recuperating at their respective homes.

School Menus

Elementary School

Feb. 15-19

BREAKFAST:

Monday: School Closed.

Tuesday: Waffles

w/Syrup, Juice, Milk.

Wednesday: Pop Tarts,

Fruit Cup, Milk. **Thurs-**

day: Sausage Biscuit,

Jelly, Applesauce, Milk.

Friday: Mini Bun,

Pineapple Chunks, Milk.

Every morning there

will be assorted cereals,

assorted juices or

assorted fruits and milk

available.

LUNCH:

Monday: Vacation

Day, School Closed.

Tuesday: Country

Style Steak w/Rice &

Gravy, Hot Dog in Bun,

Chef Salad, Green Leafy

Vegetables, French

Fries, Fruit Cup, Hot

Rolls, Gingerbread,

Milk/Drink.

Wednesday: Beef

Stew w/Vegetables, Club

Sandwich w/Soup, Chef

Salad, Cabbage, Peaches,

Lettuce & Tomato,

Cornbread, Cookie,

Milk/Drink.

Thursday: Bar-B-Q,

Tuna Salad, Chef Salad,

Cole Slaw, French Fries,

Mixed Vegetables, Corn

Muffins, Pineapple

upside down cake,

Milk/Drink.

Friday: Chili Con

Carne, Grilled Cheese

Sandwich, Chef Salad,

Tossed Salad, Corn on

Cob, Green Leafy Vege-

tables, French Fries,

Fruit Pie, Milk/Drink.

Assorted Fresh Fruit

and Ice Cream daily.

Wearing a hat is a good idea in cold weather; 90 percent of body heat is lost through the head.

Pita bread is a good low calorie substitute for thick slices of whole wheat.

Middle & High School

Monday: Vacation Day, School Closed.

Tuesday: Lasagna,

Grilled Ham & Cheese

Sandwich, Egg Salad,

Chef Salad, Tossed Salad,

Buttered Peas & Carrots,

French Fries, Corn

O'Brian, French Bread,

Cake w/Icing, Milk/

Drink.

Wednesday: Smoked

Sausage, Hoagie, Cheese-

burger, Chef Salad,

Buttered Succatash,

Lettuce & Tomato,

Seasoned Blackeyed

Peas, Spiced Applesauce,

Macaroni & Cheese, Hot

Rolls, Cookie, Milk/

Drink.

Thursday: Chicken &

Pastry, Hot Dog, Tuna

Salad on Lettuce, Chef

Salad, French Fries,

Buttered Broccoli w/

Cheese Sauce, Chilled

Peaches, Sweet Potato

Fluff, Crackers, Cinna-

mon Roll, Milk/Drink.

Friday: Fried Fish

Portions, Sloppy Joe,

Club Sandwich, Chef

Salad, Cole Slaw, French

Fries, Seasoned Lima

Beans, Scalloped Toma-

atoes, Baked Cornbread,

Milk/Drink.

Assorted Ice Cream

and Fresh Fruits daily.

Brussels sprouts are really an ancient vegetable that originated in northern Europe in the 1500's.

Eggs darken aluminum, so it's a good idea not to beat egg whites in an aluminum bowl.

Cheese tastes best at room temperature. Remove it from the refrigerator 30 to 60 minutes before use to allow it to warm.



(photo by Richard Cannon)

With not much to do but play, Ronzell, Walter and Alton Green found themselves with their wagon stuck in the ditch. These are the sons of Walter and Mary Green of Route 1, Vanceboro. This is an example of how some of our citizens took advantage of the pretty weather this area experienced during the past weekend.

Guillotine Is Part Of Display

CHAPEL HILL—There's a guillotine in the Health Science Library at the University of North Carolina at Chapel Hill, but it's not used to punish students with overdue books.

It is tonsillectomy guillotine, which is part of the library's collection of antique medical instruments.

Items from the collection, which was unpacked, organized and photographed last spring, are on display in the library and have generated a great deal of interest said Nancy Bruce, rare books librarian.

"We have had these items for several years," Bruce said. "but until we did some housekeeping in connection with our construction and renovation, they had been stashed away in a closet."

In April, Bruce called on the expertise of Dr. Peter Curtis, assistant professor of family medicine, and Dr. Michael McVaugh, professor of history, for help with the instruments, which had been donated and collected throughout the years. They spent an entire day unpacking instruments while Jay Clary, media technician in the department of family medicine, photographed the contents of each box.

Among the items discovered were scarificators used for bloodletting, a purple glass lens to focus sunlight for treating warts, a primitive polygraph, a pewter enema and dental keys for extracting molars. There were also two saddlebag medicine kits, a home delivery kit, plantation and ship medicine kits, amputation kits and a direct blood transfusion kit.

Several groups of the instruments, including a World War I medic's belt, belonged to Dr. James B. Bullitt, chairman of the UNC-CH department of pathology and bacteriology from 1913-46. "He appears to have been a remarkably well-equipped physician," Bruce said, adding that Bullitt's materials include three boxes of slides and a complete ophthalmologist's lens kit.

Many of the instruments were collected by Dr. W. Reece Berryhill, dean of the UNC-CH medical school from 1941-64. "He apparently accepted some donations from the U.S. Surgeon General's Office," Bruce said, "but the catalog of his collection was lost years ago."

"We do not even know the history of ownership of a large ophthalmologist's lens kit with gold rimmed lenses," she said. "It's probably the most valuable item in the collection."

The library plans to keep a representative group of instruments for display purposes and for students to research and identify. The library has a variety of old catalogs and recent histories which are useful in identifying the instruments.

"We don't plan to become a museum," Bruce said, "but we do want to make the instruments we have available for classroom use. Students of both medicine and history are aghast when they see these things and read the theory behind their use. They can't imagine that some of them were ever used."

The Schedule

February 14:

Quarterly Meeting at Queen's Chapel FWB Church, Vanceboro. Speaker: Morning - Rev. W.J. Best, Evening: Rev. George Foy, From 11 a.m. - 5 p.m.

February 16:

Hearing on Tobacco 10:00 a.m. - 12:30 p.m.
King's Restaurant Hwy. 70, Kinston

February 19

Blue & Gold Banquet 7:00 p.m.
Vanceboro Farm Life School

February 20:

Show & Do Camp Bonner All day

February 20:

Cayton Crime Watch

February 22:

Women and Chemical Depending
Cost: \$15.00 per person
Centenary Methodist Church New Bern

February 23:

Mobile Health Van of Craven County Department of Health 10:00 a.m. 3:00 p.m. Vanceboro Town Hall

February 23:

Classes for Hospice program will begin at 4 p.m. - 6 p.m. & again at 7:30 - 9:30 at Fire Dept.

February 27:

District Arts Festival
Garden Street Christian Church
Kinston

398...399...400

The countdown is on, and plans for the celebration of the 400th anniversary of the Roanoke Voyages of 1584-1587 are well underway. The Voyages brought the first English settlers to the New World and culminated in the mysterious "Lost Colony" of 1587. The celebration will begin in mid 1984 and stretch through 1987. For updates, call John Neville, Executive Secretary of America's Four Hundredth Anniversary Committee, in Raleigh, (919)-7334788.

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