

HIGHLIGHTS

Weyerhaeuser

Computer Learning Project Progresses

A joint effort to bring improved computer training to Washington County High School students took another big step toward completion this week, says Berles Lee, region information systems manager for Weyerhaeuser Company. Modifications were made in the programs of a county-owned computer located at the Washington County courthouse in Plymouth, to allow students, using remote terminals at Plymouth High School, to "access" a portion of the computer's "brain power" while protecting county owned data bases, according to Lee.

The project is financed by \$21,000 from the Weyerhaeuser Company Foundation. Over the last several months, according to Lee, the computer has been adapted to provide telephone communication between it and remote terminals at the school.

"Once complete, this project will give our local students the best kind of computer experience", said Lee. "We're working with a big computer while most high schools have only the desk top, mini-computers to use."

Lee, who manager computer services for Weyerhaeuser in North Carolina, acted as consultant in developing the program and worked closely with Washington County Superintendent of Schools, Bob Alligood and his staff, and County Manager, Jack Disarno. The next steps are curriculum development and the hiring of an instructor for the program which is to be operational next school year.

Lewiston Sets Production Record

The Weyerhaeuser Company Sawmill at Lewiston set a new production record on May 25th, producing 15,144 board feet per hour with a total volume of 151,436 board feet in a 10-hour shift. The previous best was 143,096 board feet in a 10-hour shift, according to mill manager, Allen Lunsford.

The record setting performance included production 51% rough clears while averaging 170 logs per hour.

"This WAS A SUPERTeam EFFORT, Lunsford said, "and I congratulate all the people in production, on the yard and our maintenance and saw filing people who had a hand in it."

40 Years Service

One Weyerhaeuser employee from the North Carolina Region is being recognized in June for 40 years service to the company. He is Crawford Anthony Jr. of Roper.

35 Years Service

Three North Carolina Region employees are being honored in June for 35 years service with the company. They are Herbert W. Lamb of Roper, Wiley Moore of Plymouth, and Otis H. Smith Jr. of Williamston.

HEALTH HINT

save your skin

More and more Americans are moving toward the sun-belt.

Those who are careful can avoid the problems caused by too much exposure to the bright and sometimes intense sun. Too much of that sunshine can cause a skin condition called solar keratosis, which in some cases can become malignant if untreated.

The symptoms of solar keratosis include red, scaly patches, usually on the back of the hands or on the neck or face and other frequently exposed areas of the body. Anyone with such symptoms should see a doctor. You are more susceptible

if you're light-skinned, a blonde or redhead. Anyone whose job requires working many sunlit hours out of doors may also develop this condition. Farmers, fishermen and construction workers are among those most affected by the sun's power.

Doctors sometimes use a prescription medication made by Hoffmann-La Roche Inc. that is often applied to the skin with good results for people with solar keratosis.

Only a doctor can diagnose and treat you properly. If you suspect that you may be developing this or any other skin condition, it's a good idea to see your doctor.



Zinnias Bred Into Garden Prominence

Zinnias were once not only near the end of the gardening alphabet but also lowly ranked in popularity. Now the hardy flowering plants have been bred into prominence as a landscape flower of beauty and versatility. You may want to try some.

The breeders have developed zinnias of many colors, types and heights from which we may choose.

Zinnias are easy to grow, dependable annuals that bloom from midsummer to fall. They vary in height from six to 42 inches. Colors include white, yellow, pink, red, orange and lavender, and these colors are available in almost any shade. Individual flowers vary in diameter from less than three-fourths-inch up to six inches.

Select an area in your landscape that receives direct sunlight most of the day. Light is one of the most important environmental factors required to grow healthy zinnias. A shady area usually results in poor quality plants and flowers. An area that will grow good roses is a good spot in which to plant

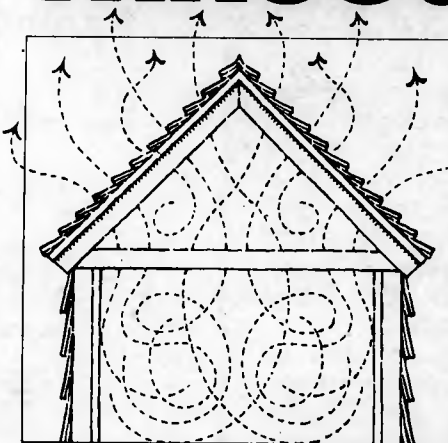
zinnias.

Almost any soil, if prepared properly, will grow good zinnias. If you have heavy clay or sandy-type soils, work some type of organic matter into the soil to a depth of six to eight inches. Organic matter improves both aeration and drainage. Excellent sources of organic matter include pine bark, peatmoss, rotted manure and aged sawdust.

Mix a good complete fertilizer, such as 8-8-10 or 10-10-10, into the flower bed prior to planting. Usually two to three pounds of fertilizer are sufficient for each 100 square feet of bed area. Have your soil tested several weeks before planting to determine if it needs lime. If the test shows that your soil needs lime, you can work the lime and fertilizer into the soil at the same time.

Most gardeners make the mistake of planting zinnias too close together. The small types grow six inches tall and are used for borders. They should be spaced six inches apart.

HOW YOU CAN STOP YOUR COOLING DOLLARS FROM GOING THROUGH THE ROOF.



Up to 23% of the cooling you pay for could be going through the roof, because of a poorly insulated attic.

So, if you're looking for a way to save energy, your attic is a good place to start. And, if

you need to borrow some money for insulation, CP&L is a good place to go.

We'll loan you up to \$600 at just 6% interest for attic or floor insulation, for storm windows and doors, or for other energy improvements.

Improvements that can help make any home more energy efficient from top to bottom.

For details about a 6% Home Improvement Loan, just contact Carolina Power & Light.

We can help you put a lid on wasted energy.

CP&L 6% HOME IMPROVEMENT LOANS.

To qualify, you must be a CP&L residential customer with electric heat or whole-house cooling.