

## Church Highlights

### Grant It Lord

By ALMA DRAKE

*Grant it Lord, that I may be,  
pleasing my God, only to Thee.  
Grant it Lord, while on this way  
I'll be of help to someone each day.  
Grant it Lord, when my race is won  
you'll look at me and say,  
"My child well done".*

### Helpful Hints

Allow an infant or young child to stay with a competent baby sitter fairly frequently. When an infant or child sees and relates only to his or her parents, there may be a shock or rebellion when an abrupt or forced separation occurs.

Cut calories by broiling or roasting meat on a rack so it remains above the drippings. Pan broiling, rather than frying, also cuts back calories.

What if tofu? The soybean by-product is rich in nutrients, with a soft, cream cheese consistency. It can be served uncooked with

flavorings, such as soy sauce or green onions. Or it can be stewed with meat, fish and vegetables. Tofu can also be mixed with oil and lemon juice in the blender to make soy mayonnaise.

To dramatize the pattern of your china, pick up an accent color in the tablecloth.

Cast iron pots and pans should not be washed in a dishwasher as they will rust. The hot water and detergents remove the protective seasoning. To re-season the utensil, coat it with unsalted fat and heat in a slow oven for one to two hours.

### In Memory

#### CHARLES J. HARRIETT

Charles Jennings Harriett, 68, of Pollocksville, R-1, Box 196, died Sunday. Funeral service was Wednesday at 11:00 a.m. at Cotton Funeral Home Chapel. Burial was in Greenleaf Memorial Park.

He is survived by his widow Nannie Beth Harriett; two sons, Charles Edwin Harriett of New Bern and John Becton Harriett of USAR, Colo.; two foster sons, Donnie Avery of Angeca and Jerry Avery of Pollocksville; two brothers, James Harriett of New Bern, and George Harriett of Rocky Mount; one sister, Julia Williams of Wallace and four grandchildren.

#### WILLIAM E. BUTLER

MARION, S.C.—William Edgar Butler, 71, died Saturday. Funeral was held Monday, November 22nd., at Marion First United Methodist Church. Burial was in Rose Hill Cemetery.

Surviving: wife, Mrs. Eslie Huff Butler; daughter, Mrs. Anne Hill of Florence; sisters, Mrs. Sally Moore of Vanceboro, N.C., Mrs. Winnie Monfalcone of Newport News, Va.; two grandchildren.

#### RONALD G. KITE

WASHINGTON, N.C.—Ronald Glen Kite, 35, died Sunday. Funeral was 2 p.m. Wednesday, Paul Funeral Home Chapel. Burial, Kite family cemetery, Route 1, Vanceboro.

Surviving: wife, Mrs. Mattie Barnes Kite; son, Ronald Glen Kite, Jr., of the home; daughters, Miss Rhonda Lynn Kite of the home, Mrs. Tammey Kite Barber of Route 1, Vanceboro; brother, Roger Lee Kite of Route 1, Vanceboro; sisters, Mrs. Doris K. Woolard of Blounts Creek, Mrs. Judy K. Jenkins of Dover.

#### IDA L. WIGGINS

CHOCOWINITY—Ida Lewis Wiggins, 91, died, Sunday. Funeral was 2 p.m. Tuesday, Paul Funeral Home Chapel. Burial was in the Juniper Chapel Free Will Baptist Church cemetery, Vanceboro.

Surviving: daughters, Mrs. Ada Buck and Mrs. Lottie Bright, both of Route 1, Chocowinity; sons, Josh Wiggins of Route 1, Chocowinity, Mayhue Wiggins of Route 1, Vanceboro, Hubert Wiggins of Route 2, Vanceboro; 16 grandchildren; 22 great-grandchildren; five great-great-grandchildren.

## Woman's Auxiliary Honors Senior Citizens

By ALMA DRAKE

The Woman's Auxiliary of the Vanceboro Pentecostal Holiness Church honored their Senior Citizens Saturday afternoon, November 20, 1982, in The Rev. Dave Fulcher Fellowship Hall.

Our Superintendent, Mr. Lee Waters, was Master of Ceremonies for the evening. He welcomed each one.

Mrs. Jeannette Boyd led the congregation in singing, "Love Lifted Me."

Mr. Waters took prayer requests and the prayer was led by Mrs. Ruth Morris.

He introduced our

guest speaker, Sister Lera Mantyla.

Sister Mantyla began by telling a personal witty story.

Her scripture was Psalm: 78. She spoke on how God can furnish a table in the wilderness. She stressed how God took care of His children in the Bible days and how He still takes care of His own. She ended by saying as David, I have been young and now am old and I have never seen the righteous forsaken or His children begging bread.

Rev. Frank R. Moore gave the blessing on the food and the occasion.

The Hostesses for the evening were: Mrs. Jeannette Boyd, Mrs. Pauline Waters, Mrs. Dot Casey, Mrs. Joyce Toler and Mrs. Peggy Evans.

The waitresses were: Miss Sherry Evans, Miss Lynda Evans, Miss Marcia Casey and Miss Frankie Moore.

They served a delicious dinner of turkey, dressing and gravy, potato salad, collards, sweet potato fluff, rolls and tea. The desserts were Lemon pie and chocolate cake.

The tables were adorned with white linen and lace cloths, with cedar branches in the

center of the table with two gold lighted candles, yellow mums and white chrysanthemums.

Everyone enjoyed a comedy skit called "The Tubbers", featuring Mrs. Joyce Toler, Mrs. Pauline Waters, Mrs. Jeannette Boyd, Mrs. Dot Casey and Mrs. Peggy Evans.

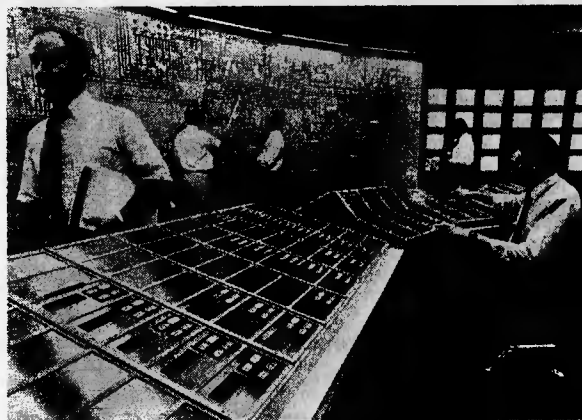
There were forty present.

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Revival Service at The Vanceboro Pentecostal Holiness Church beginning Friday night, Nov. 26th - 28th. at 7:30 p.m.

Rev. Bobby Howard will be guest speaker. Everyone is invited to attend.

# WE BURN THE MIDNIGHT OIL, SO WE WON'T WASTE A LOT OF MONEY ON OIL.



The photograph isn't a scene from "Star Wars" or the NASA Space Center. It's CP&L's Energy Control.

Here, we're working 24 hours a day, 365 days a year, to maintain the

most economical "energy mix" every hour of the day.

The idea is to use all the nuclear we can, since it costs us only about 1/2¢ per kilowatt hour for fuel.

Coal costs about 2¢; oil, a staggering 10¢ to 14¢.

That's why we're happy to say that we're one of the lowest users of oil in the country. In fact, we use oil for only about 1% of the electricity we generate.

Because the more we can get out of our energy dollar, the more you can get out of yours.

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