

Idleness

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If only we could make people realize they do not have to be lonely or unhappy, with sagging shoulders and a burden on his soul. Straighten your shoulders, look up skyward to God, give a smile or a handshake let people know life is worth living. Find work to keep you busy and the loneliness runs away.

John Burroughs, a poet, wrote, "An idle man is a wretched man." Surely no one knew better than he the blessedness of work, of life-giving and life-sustaining work. Had he not been idle himself once, and one of the most utterly dejected of God's creatures? Life had become empty for him, he couldn't eat or sleep. Work saved him.

Good hard work on a farm, raking, hoeing, feeling the good earth between your fingers, feeling a closeness with people and with God, watching the birds flying, catching the insects, hearing the different noises, looking up, seeing the sky, the clouds, the beautiful things of God's earth. Work while you are able—don't let your life stagnate. Keep moving—don't let old age stop you from trying.

A man is literally what he thinks; his character being the complete sum of all his thoughts. Man is buffeted by circumstances so long as he has no will power to resist—but when he realizes that he is a living creative power and that he is in command of his own life—then he becomes his own master. The divinity that shapes our ends is in ourselves. A man can only rise, conquer and achieve by lifting up and doing for himself. Work for higher aims, gain experience from your failures by trying harder.

The man-I-Yet-May-Be—yesterday I dragged wearily along the Man-I-Am—between the Man-I-Might-Have-Been and the Man-I-Yet-May-Be. But now, today, I feel that with Christ's help all things are possible in a new-born life of today, and the Man-I-Yet-May-Be draws closer to my side.

Copied Lela Barrow



Keith Hundley



Dr. Edwin R. Brown

YMCA Elects Officers

Keith R. Hundley, Region Public Affairs Manager, has been elected president of the New Bern-Craven County Family YMCA and Dr. Edwin

R. Brown, Planning Forester, has been elected to a three-year term on the Board of Directors of that organization.

The YMCA was established in New Bern four years ago and has been supported by Weyerhaeuser Company from its beginning.

Tri-County Senior Citizen Menus

Feb. 10-16, 1984

Friday: Barbecued Pork, 4 oz., Cabbage Slaw, w/Green Pepper, Seasoned Field Peas, (canned), Cornbread, Margarine, Orange Jello w/Mixed Fruit-1/4 cup, Milk.

Monday: Fried Chicken, one leg, & one thigh, Broccoli, Seasoned Yellow Squash, Roll, Margarine, Temptation Pudding w/Apricots, Milk.

Tuesday: Roast Turkey, Gravy, Dressing, Cranberry Sauce, Candied Yams, Orange Juice, Roll, Margarine, Sliced Peaches, Milk.

Wednesday: Tuna Fish Casserole, Green Peas, 3 slices tomatoes on lettuce, Roll, Margarine, Lemon Pudding, Milk.

Thursday: Braised Beef Cubes over Noodles, Seasoned Turnip Greens, (Frozen), Grapefruit Juice, Cornbread, Margarine, Glazed, Sliced Apples, Milk.



A group of owls is known as a parliament.



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- Turkey Wings lb. **69¢**
Waynesboro (H or W)
- Country Hams lb. **\$1.59**
Star
- Bacon 12 oz. **\$1.49**
Kingum Smoked
- Link Sausage lb. **\$1.69**
House of Raeford
- Turkey Bologna lb. **99¢**
Curtiss
- Beef Franks 12 oz. **\$1.29**
Country Style
- Backbone lb. **\$1.49**
Sliced
- Pork Liver lb. **39¢**
Choice
- Chuck Steak lb. **\$1.59**
Choice
- Shoulder Roast lb. **\$1.79**
Fresh
- Ground Beef lb. **\$1.29**



- W.S. Red Delicious Apples 3 lb. bag **\$1.19**
- Belgain Village, Cut Green Beans
- Carrots, Mixed Vegetables or Peas 12 oz. **2/79¢**
- Temt Luncheon Meat 12 oz. **\$1.09**
- Crisp Western Lettuce head **39¢**
- Tasty Cherry Tomatoes pint **79¢**
- Russett Baking Potatoes 5 lb. bag **\$1.09**
- Generic Toilet Tissue (4 roll pkg.) **69¢**



- All Flavors Coca Cola 2 liter **99¢**
- Old South Orange Juice 84 oz. **89¢**
Kraft Parkay
- Margarine 1 lb. **69¢**
Kraft
- Mayonnaise 1 qt. **\$1.69**
Armours
- Beef Stew 24 oz. **\$1.29**
Bounty
- Towels Jumbo Roll **79¢**
Twin Pet
- Dog Food all flavors #300 **4/\$1**
Kraft Jet
- Marshmallow 20 oz. **49¢**