Acts and Actions

always glad to see each other.

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"Actions speak louder than words." Sometimes written words bring you closer than spoken words. Especially to people in sorrow or distress, people who have lost a loved one. A writer of Guideposts suggested taking a word, and dividing the letters in the word, making something good out of each letter and giving to friends who are depressed.

For her friend she chose the word "Acts."

A - Adoration which could mean Dear Heavenly Father; a salutation acknowledging God's power and love.

C - Confession - you ask God's forgiveness for things you have neglected to do for not showing love-Living life selfishly.

T - Thanksgiving - in the past. Thanking God for the gifts of nature, family, friends, health and most of all the gift of Jesus.

S - Supplication - The asking, petitioning part.

How consoling it is to turn our troubles and those of others over no God, knowing He cares!

The thoughts from this writer's article has helped me and I hope it helps you That was my idea in giving parts of her ideas to

I Sam. 2:3 Talk no more so proudly; let your arrogancy come out of your mouth, for the Lord is a God of knowledge, and by him actions are weighed.

Children **Entering Public** School

All children who will enter the New Bern-Craven County Schools for the first time in September, 1984, need to preregister prior to the opening of school.

The office at each school is open, even though school is not in session. Parents of children entering school for the first time should preregister their children in the area of their residence. Questions concerning the appropriate school can be answered by calling the central office at 638-2133.

the classifieds

Tri-County Senior Citizens Menu

August 10 - 16, 1984 Friday: 8 oz. pork choppette, sweet potato patties, steamed cabbage, roll, margarine, diced canteloupe, milk.

Monday: 3 oz. oven fried chicken liver, mashed potatoes, mustard greens, roll, margarine, grapefruit sections,

Tuesday: 4 oz. meat loaf, 1 oz. brown gravy, broccoli, marinated tomatoes, with green peppers, roll, margarine, molasses gingerbread cake,

Wednesday: 1/4 fried chicken, mashed yams, green beans, roll, margarine, 1/2 c. orange iuice, milk.

Thursday: 3 oz. broiled filet of fish, green peas, cole slaw, baked cornbread, margarine, peach cobbler, milk.

Pepsi Presents Michael Jackson's World Tour **Victory Autographed Cans**

6 pack for \$1 79

Coupon available with each purchase.

Mrs. W.R. Copeland was the winner of the Super Discount Card \$25 Gift Certificate.

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Downtown Vanceboro

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Kenneth Perkins D.D.S. P.A.

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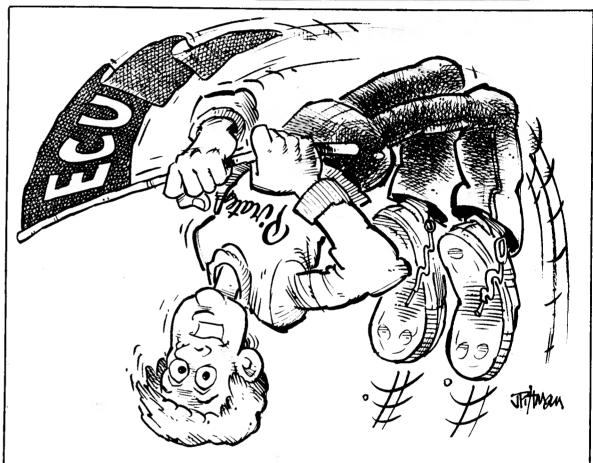
563 Evans Street Greenville, N.C. 752-5126

Main Street Vanceboro, N.C. 244-1179

Area Happenings

Mrs. Ruby Miller has as her guests this week her daughter Mrs. Warren S. McClelland of Atlanta, Ga. Accompanying Mrs. McClelland are her children and grandchildren: Dr. & Mrs. John S. McClelland, Spence, Elizabeth and Sarah of Baton Rouge, La., Mrs. Linda Hughes and Jordan, Miss Nina and Kay McClelland of Atlanta. Kay is featured on the serial "The Catlins" which airs daily on channel 24, WTBS.





Vanceboro's flipped over the Pirates attack!

We're Going After The BEST.

Everyone's flipping over Pirate football. So, don't wait. Call 757-6500 for season tickets or drop by any Wachovia Bank branch in Eastern North Carolina.

Season Tickets Get 'em!

