

Along The Pathway

Along the pathway of life, Fathers' Day is here upon us again. Father, or Dad, whichever you choose to call him, is a very special person in the home. Some children think of Dad as the protecting force in the home. They count on him and turn to him when the going gets rough. There are many times when children need someone to do repairs on special toys, bikes and others. Many times children think Dad is just the guy they need. I have heard some children say, "My Dad can do anything."

Dad, your child is watching you. Many times they think anything Dad does is all right. Children often try to imitate things they see Dad do. Dad, it pays to watch everything you do, for you may see it rehearsed by your children. Will you be proud to see your child follow the same lifestyle you have followed? If not, now is the time to change things you prefer your children not to do.

Dad, your children need you. It is up to you to help your children to be the man or woman that you can be proud of. It will make you proud when your children look up and say, "Dad, I love you and I am proud of you. Dad, you are the greatest Dad a child could have."

Dad, if you want your children to grow up to be the people you'll be proud of, teach them the right way to live and practice your teachings at all times. Proverbs 4 is a good chapter for a father's instructions. Don't stop there; we need all of God's word. We need to teach it and live it 365 days a year.

Children, don't forget there is a very important part for you. Even if you are the grown-up child of your parents. The word plainly tells us to honor our fathers and mothers. It is wonderful to have a special day set aside to honor them, but let's remember to honor them in words and deeds the other 364 days of the year.

Happy Fathers' Day To Every Dad

Dads, you are all special, with a special role to play in life. Dad, we may often fail to say just three very simple great words,

But Dad, to you on your day our thoughts to you do turn, From the depths of our hearts we wish to say we love you. Happy Fathers' Day to you, Dad, happy Fathers' Day to you. May this day be the beginning of an exciting role as Dad, As you and your children look to the future together. Dad, you are a very special person to that son or daughter. May this day be the greatest you ever had as a Dad. Happy Fathers' Day to every Dad, everywhere.

Memories of Dad

Dad, as time goes by, we miss you more and more, But we do hold many precious memories in store. Dad, you were a very special Dad to us all, So many things that we did, we often recall. Many times we're lonely and long to see you, Many times we feel forsaken and blue, But Dad, we remember the God you served, And know for you a home He reserved. Dad, we remember how you prayed, That none of us would ever stray. Those memories give us courage to go on. Dad, we hope to meet you on that eternal dawn.

— Reba W. Mitchell

FACE THE FACTS: DRUGS ARE A DEAD END

Partnership for a Drug-Free America.

We wish to send heartfelt thanks to St. James, St. Peter, Chapman's Chapter and Burning Bush and also to each and everyone that gave a helping hand during the departure of our loved one. With all our love from the bottom of our hearts, we thank you all and may God continue blessing you always.

The German & Hawkins families
Let not your heart be troubled ye believe in God believe also in me.

GRAINGER STUDIO Giant Package Special LIVING COLOR PORTRAITS



You Get All This
2 - 11 x 14s
2 - 8 x 10s
2 - 5 x 7s
8 - Wallets
12 - Giant Wallets

Pay \$3.00 When Photographed And Only \$18.95 Plus State And Local Taxes When You Pick Up Your Package
NO LIMIT PER FAMILY — VARIETY OF POSES

VANCEBORO, N.C.

CANNON'S VARIETY

Friday, June 24, 1988

12 NOON TIL 6:00 p.m.

Down East Cooking

By REBA W. MITCHELL
With the summer seasons comes plenty of fresh vegetables and fresh fruit. That makes summer a great time for a special day to be reserved to honor someone special — such a "dear old Dad."

There are many great dishes to prepare for family gatherings honoring Dad. Many times families that have home gardens often see Dad with an important role in preparing and cultivating the garden. Father's Day is a

good day to have some of those favorites fresh from the garden he has helped plant and cultivate, or purchase produce from a farmers' market or other places that sell locally-grown produce. Dad will love it.

Company pot roast with fresh vegetables, such as green beans or sweet peas, wity dessert made from fresh fruit would be a welcome meal for a hungry Dad on Father's Day, especially with all

the family around to enjoy the meal with him.

Company Pot Roast
2 1/2 to 3 lb. pot roast
1 to 2 lbs. cooking oil
1 sliced onion
1 tsp. salt
1/4 tsp. black pepper
1/4 tsp. red pepper
1/4 tsp. rubbed sage
1 1/2 cups water
8 sliced carrots
6 quartered potatoes
1 can cream of mushroom soup
In a large skillet or Dutch oven, brown pot roast and onion in hot oil. Add remaining ingredients, except potatoes, carrots and soup. Cook 2 to 3 hours or until tender. Add vegetables and soup, cover and simmer until vegetables are tender, about 30 minutes. Spoon juices over meat and vegetables from time to time.

Blueberry Crisp
6 cups blueberries
1 lbs. lemon juice
1 lbs. water
1/4 cup sugar
1/2 cup self-rising flour
1/2 cup rolled oats
1 tsp. cinnamon
1/2 cup margarine
Heat oven to 375 degrees. Place blueberries in an 8-in. or 9-in. square pan. Sprinkle with lemon juice and water. In a small bowl, combine remaining ingredients.

Blend with a pastry blender until crumbly. Sprinkle over blueberries. Bake for 40 to 45 minutes. Serve with vanilla ice cream.

Banana-Strawberry Cooler
10-oz. pkg. frozen strawberries
2 to 3 sliced bananas
1/4 sugar
1 qt. cold milk
1/4 tsp. almond extract
Few drops red food coloring
Thaw strawberries. Combine all ingredients into blender. Blend until smooth. Serve ice cold.

Strawberry Jubilee
1 cup sweetened strawberries
4 cups vanilla ice cream
1/4 cup milk
Chop strawberries and add milk and shake. Pour into four glasses. Add scoop of ice cream to each glass and top with a whole strawberry if desired.

Strawberry Ice Cream Soda
1/3 cup crushed strawberries
3 lbs. milk
1 scoop strawberry ice cream
carbonated water
Put strawberries, milk and ice cream in a large glass. Add chilled carbonated water almost to rim. Stir and serve.

Church News

Vanceboro Pentecostal Holiness Church
The Women's Ministry met June 7 in the fellowship hall of the Vanceboro Pentecostal Holiness Church.

The meeting was brought to order by Jeanette Boyd. Reba Mitchell gave the devotion. Scriptures used were Proverbs 3:1-12 and Psalms 34:17-22. The topic was "Are You Really Concerned?"

The devotion brought up the following questions:
Do parents want to bring their children up to know and accept of the Lord Jesus as savior?

Has consideration be given to how fast time is passing?
How quickly may the last opportunity for salvation slip by?
The devotions were followed

by prayer requests and prayer. Minutes were read by Brenda Manning, secretary, and approved. The penny report was given by Mrs. Mitchell. She reported that 1,117 feet of pennies have been collected. Other projects were discussed. Lenna Mae Orman was elected delegate for the Women's Ministries Convention at Falcon. She also won the door prize at the meeting.

Vivian Purser, hostess, served refreshments. The next meeting will be July 5 at the church. The topic will be prayer and praise.

Bible School
Macedonia Free Will Baptist Church will sponsor a Vacation Bible School June 20 through June 24 from 9 a.m. to noon. The public is invited.

Reunion

Members of the Hill, Carrow, Ecklin and Godley families in eastern North Carolina will meet for their annual reunion June 25 at the home of John R. Hill, Sepony Creek, Rocky Mount Reservoir, Rocky Mount.

Take Rocky Mount Exit 132 off I-95 to the Exxon station and follow signs.

The main event will be the distribution of the Hill and Related Families of Eastern North Caroli-

na publication that has been prepared by Rev. William Blunt Hill of Raleigh. The cost of the publication is \$15. The reunion begins at 11 a.m.

A catered barbecue lunch will be provided at a cost of \$5.50 for adults and \$2.75 for children. For those planning to attend, contact Gerald Hill, 5263 Windy Hill Dr., Raleigh, N.C., 27609. He will also take reservations for the publication.

BUY U.S. SAVINGS BONDS

For the current rate call... 1-800-US-BONDS

FATHER'S DAY SALE

June 16-22

Men's Coveralls Large Only	\$22.00
Pocket T Shirts Asstd. Sizes & Colors	\$2.66
Summer Cloth Hats Asstd. Colors	\$2.00
Men's White Handkerchiefs	4/1

Father's Day Cards

CANNON'S VARIETY STORE

244-0508

Vanceboro

A planned outage to upgrade electric service will affect CP&L and Tideland EMC customers in parts of Beaufort, Craven and Pamlico counties.

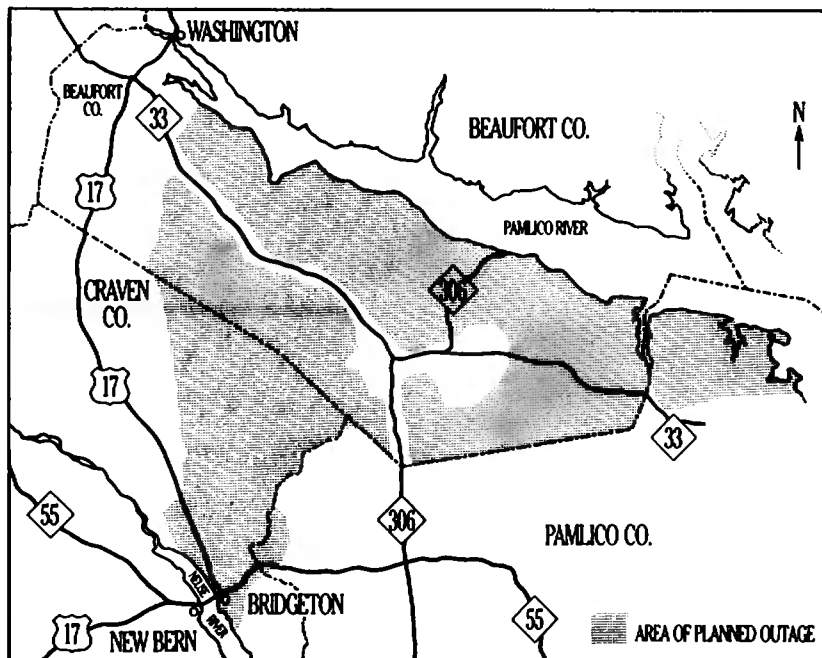
Who: About 8,500 customers served by CP&L's Bridgeton substation and by Tideland EMC's Edwards substation.

What: A planned interruption of electric service.

When: Friday, June 17 from 8 a.m. to 11 a.m.

Where: Portions of Beaufort, Craven and Pamlico counties. See map for areas affected.

Why: To upgrade transmission facilities to provide customers with reliable electric service as the area and the need for electricity continue to grow.



In addition to the three hours interruption of service, a brief interruption of up to five minutes will occur between 1 p.m. and 6 p.m. on Friday, June 17.

Should you have any questions, please call the CP&L New Bern office at 636-1306 or the Tideland EMC office in Grantsboro at 745-4127.

We are sorry for any inconvenience this outage may cause, but it is necessary to make these improvements to serve you better.

CP&L

Carolina Power & Light Company