

BREAKFAST SERVED DAILY IN ALL ELEMENTARY SCHOOLS!
 Manager's Specialty Entree, Choice Cereal, Fruit/Juice & Milk.

A complete lunch includes one entree, a choice of two vegetables, one fruit, bread, dessert & beverage; lowfat milk, whole milk, or milkshake.



DEC. '88 LUNCH MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 Sausage Pizza Tuna Salad Potatoes Applesauce Broccoli Manager Choice Cookie	6 Chicken Nuggets Salisbury Steak W/Rice Peas Orange Wedges Fried Okra Cherry Dessert	7 Cheeseburger Smoked Sausage Steamed Cabbage Candied Yams Pineapple Applesauce Cake	8 Barbeque Pork W/Cornbread Hot Dog W/Chili Potatoes Cole Slaw Peaches Manager Choice Dessert	9 Cheese Pizza Fork Pattie W/Macaroni & Cheese Lima Beans Seasoned Greens Spiced Apples Chocolate Pudding W/Topping
12 Pepperoni Pizza Spaghetti Tossed Salad Mixed Vegetable Chilled Fruit Peanut Butter Cookie	13 Chicken Nuggets Deli Ham & Cheese Potatoes Petite Bananas Blackeye Peas Jello W/Topping	14 Fishwich Chili W/Nacho Chips Cole Slaw Apple Slices Corn Manager Choice Dessert	15 Taco Turkey W/Dressing, Roll & Cranberry Sauce Potatoes Green Beans Shredded Lettuce & Tomato Sweet Potato Spice Bar	16 Sausage Pizza Manager Choice Seasoned Green Vegetable Carrot & Raisin Salad Pineapple Rice Krispie
19 Holiday	20 Holiday	21 Holiday	22 Holiday	23 Holiday
26 Holiday	27 Holiday	28 Holiday	29 Holiday	30 Holiday



Christmas At The Palace

Visiting students admire hand-crafted ornaments on a Christmas tree in the drawing room of the historic Tryon Palace Commission House. The 10th annual Tryon Palace Christmas celebration runs Dec. 8 through Dec. 21.

Along The Pathway

By REBA W. MITCHELL

Along the pathway of life there are people who feel they have nothing to thank God for. It is true starving, hungry, homeless people find it hard to even hope or to be thankful. Throughout this Thanksgiving week, as we enjoy our blessings, we should be thankful for our bountiful supply, not only by thanking the Lord but by remembering others that are not so fortunate. We should remember them not only in prayer but by lending them a helping hand as much as possible.

It is good to remember those in prayer that are in need, but we need to share our bountiful supplies with them. Thanksgiving is not the only time to be thankful and share our blessings. We should be thankful and share throughout the entire year. God in his word teaches us to be thankful. 1st Thessalonians 5:18 says, "In everything give thanks; for this is the will of God in Christ Jesus concerning you."

He also tells us if we see our brother in need and shut up our bowels of compassion from him, how dwelleth the love of God in him. That is not stopping with brothers only, that means anyone in need. God does not have respect of persons, and we should not either. We should have compassion and help the stranger that is in need, no matter what the need is. Jesus said in His word if we fail the least of them, then we have failed Him also.

Don't let Thanksgiving, thoughtfulness, lending a helping hand, sharing and compassion end with the day of Thanksgiving this week. Let those actions continue through our entire lives. Our work is not done until we lay down this earthly life and go to meet our master. As it has been said, we have to get the hay in while the sun shines. The word of God tells us Jesus said he must work while it is day for the night comes when no man works. Therefore, we must use the opportunity that is at hand or it will pass and many times second chances do not come. Watch or someone will slip away that we could have lightened the load for. We can reach the place we can no longer work or the end of our lives. Then it will be too late. We cannot come back to do the deeds we have before us today.

Let's take this Thanksgiving spirit and use opportunities on into Christmas, New Year's and the balance of our lives to share our blessings and time with others.

Thanksgiving and Sharing

Thank God for His blessing each day along life's way. Reach out and help someone as you are passing by. Someone may need a kind word spoken and a smile. Reach out and share with someone this very day. It will bring approval from our Father on high, Because you care, some life will be worthwhile. Let's give thanks this day and every day, Let's share with friends and strangers passing by. Some are lonely, some are hungry along this way. Use the opportunity of the moment that is night.

Church News

New Hope Holiness Church
 Revival services will be held at the New Hope Holiness Church in Vanceboro Nov. 28 through Dec. 2 at 7:30 p.m. each night. The guest evangelist will be the Rev. Jerry Smith from Bennettsville, S.C. The public is invited to attend.



OVERLOADING YOUR ELECTRICAL OUTLETS CAN BE A BURNING PROBLEM.

Tryon Seafood

Thanksgiving Specials

Select oysters — 5.50 pt.	Jumping Mullet — .69 lb.
Oysters in shell (singles) — 24.00 basket	Lg. Sea Mullet — 1.75 lb.
Lg. Shrimp — 5.50 lb.	Cat fish — 1.00 lb.
Lg. Speckled Trout — 1.99 lb.	Rock — 2.50 lb.
Med. & Lg. Flounders — 1.99 lb.	Puppy Drum — 1.59 lb.
Med. Spots — 1.25 lb.	Red Snapper — 3.50 lb.
	Filet Whiting — 2.50 lb.

Lowest prices, freshest fish in Craven County. All prices include cleaning.

Main St. Vanceboro
 hrs. - 10-6 Mon. - Sat.
 244-0490

Farm Life Florist
 invites you to attend their
Holiday Open House
 Saturday, November 26, 1988
 10 am - 2 pm

Remember Us... And They'll Never Forget You!

If you know someone who is:

- Having A Birthday
- Having A Baby
- Having A Party
- Having An Anniversary
- Going Away
- Being Promoted
- Getting Married
- Coming Home
- Recently Engaged



Send them a greeting they'll never forget!

Special Greetings

Yard Greeting Signs for all occasions
 Rentals
 633-1074
 Delivery & pickup are free

THANKSGIVING SALE

Nov. 24-30

Ladies' White Tennis Shoes	\$4.99
Religious Pictures 16"x20"	\$9.95
Maple Nut Candy	\$2.79 lb.
Velvet Ribbon	20' - 29' yd.
Plastic Ribbon	15' yd.

Shop Cannon's Catalog for fast delivery service. No freight charge.

CANNON'S VARIETY STORE

244-0508

Vanceboro

TO THE CITIZENS OF THE
 THIRD DISTRICT.
 CRAVEN, LENOIR & PAMLICO
 COUNTIES



I would like to take this opportunity to thank each and everyone who voted and worked on my behalf in the November 8 General Election, which was so successful.

You have helped to send me to Raleigh for 11 years after this term - and for this I say "THANK YOU"! I will continue as in the past to put YOU, my constituent, FIRST.

Please feel free to call on me at any time that I may be of assistance to you.
 Your Representative
Gerald Anderson

(This ad paid for by Candidate's Campaign Funds)