

The Belles

OF ST. MARY'S

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Hetti Johnson practices her self-defense holds on her instructor Mr. Frederic Storaska.

SELF-DEFENSE INSTRUCTION IS OFFERED TO ST. MARY'S GIRLS

According to the Salem College newspaper, one has security if she has a knowledge of Karate. At St. Mary's, a five hour course—including some lessons in Karate—is being taught in the art of self defense by Mr. Frederic Storaska. It has been designed to teach women the most effective means of protecting themselves in the event of an attack by a potential assailant. Mr. Storaska discusses the types of people and the situations which foster these attempted assaults.

He outlined his program which will incorporate the principles of confidence, emotional stability, relaxation, thinking, and proper reaction.

The Chapel Hill murder of this past summer has brought to light a definite need for a course such as Mr. Storaska is offering. It is believed that if the murdered girl had had this course, her life would have been saved, as was the life of an eighteen year old girl who used methods advocated by Mr. Storaska in a mere half-hour lecture.

The self-defense course presented at St. Mary's gives each girl a chance to save her own life, and for this reason it has been urged that all students participate in it.

Having favorably impressed many groups with the method he promotes, Mr. Storaska has made his concept of safety and ethical concern well-known. He has taught classes to S.B.I. and B.I. groups as well as on school and college campuses.

Mr. Storaska stressed above all to remain calm under any situation. He said that one is reduced to the level

of the assailant if one loses her presence of mind.

He added that charm, kindness and understanding have often proved to be the best weapons a girl can protect herself with in an awkward situation.

The Senior Class elected their officers on Wednesday, September 29. The following girls were elected: Mary Melcher, vice president; Mary Rountree, secretary; Marcia Separk, treasurer; and Debbie Ellis, dance marshal. Last spring the class elected Jean Muchmore as their president. Meg Christian was chosen to be Honor Board member and Gayle Boineau to be Legislative Body representative. (See photo at right).

Mary Melcher is from Pinehurst and has been at St. Mary's for four years. She is head crucifer this year. Last year she was vice-president of the Choir. She has been quite active in the Dramatics Club and is co-director of the lighting for programs in the auditorium. In addition, she has been on the *Belles* staff in the past, and this year she is circulation editor. Also she works on the *Stagecoach* staff.

Mary Rountree has been quite busy during her two years at St. Mary's. She was treasurer of the Junior class. Also she is a member of Y.W.C.A., a Sigma cheerleader, a crucifer, an acolyte, and a hall representative. She is from Greensboro.

Besides being class treasurer,

ST. MARY'S FILM SERIES SPONSORS SATURDAY MOVIE

First Flick at S.M.J.C.

By Louise Bauer

The good guy gets the bad guy? Not always . . . sometimes he gets the woman! Saturday, October 23, at 7:00 in the auditorium the St. Mary's Movie Committee will present the first of its series of films. *Seven*

Brides for Seven Brothers is a rollicking musical comedy of six brothers in the Oregon Territory who practice the fine Roman art of stealing women. The abducted girls are supported by the seventh brother's wife, who requires the men to court their prospective brides in a more gentlemanly fashion. The movie is noted for its exciting dance scenes.

The St. Mary's Film Series was begun last year as an attempt to present entertainment for students remaining on campus. Moreover, girls can bring their dates if they so desire. A nominal fee of twenty-five cents per person is charged to help cover rental charges of the films.

NEWS IN BRIEF

Orchesis Announces New Members

Orchesis is an advanced modern dance group. To gain membership, a girl must be able to meet certain requirements. The new members for this year are as follows: Sherwood Wright, freshman, Williamsburg, Virginia; Martha Garrett, junior, Atlanta, Georgia; Lander Marshall, junior, Montgomery, Alabama; Martha Harrelson, senior, Southport; and Memory Rockwell, senior, from Waynesboro, Georgia.

New Caperettes

The Caperettes is an advanced tap dance group whose members are selected throughout the year. The following girls have been selected as new members: Sallie Ragsdale, junior, Raleigh; Clarine Pollock, junior, Gatesville; and June Shuping, junior, from Greensboro.

St. Mary's Girl Has Sweetbriar Honor

Miss Mary Lindsay Smith, a former St. Mary's girl from Raleigh, and a junior at Sweetbriar has been tapped into the Chung Mungs at the school. The Chung Mung is an honorary society which performs service to the school. Congratulations Mary Lindsay!

Davidson Homecoming

Davidson's Homecoming is set for October 22-24. Among the distinguished guests for the week-end will be the 1965 Miss North Carolina, Penny Clark, of Sanford.

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Four Seniors Elected To Class Office



Marcia Separk is a Day Student counselor, and she is on the Sigma-Mu team. She is a member of the Granddaughters' Club and is on the business staff of the *Stagecoach*. She is from Raleigh.

Debbie Ellis is the dance marshal this year as well as being president of the Cold Cuts. She is also presi-

dent of the Young Republican Club, and a member of the Dramatics Club. She is from Raleigh.

Also, at the annual fall meeting of the Alumnae Council on Wednesday, October 20, Jean Muchmore, senior class president was elected to serve as the 1965-6 Student Alumnae Representative.