

continued from page 3

To restore the beauty of Mars Hill by removing litter from the community, a conscious effort on everyone's part must be made. To this end a sub-committee of the Student Affairs Council has been formed to study this problem. The problem has also been discussed in at least one fraternity, as a project for the college's benefit. I'm sure any effort by a club, group, sorority, or fraternity will be appreciated by the whole community. As initial clean-up may be a relatively easy task if one or two large groups make the effort, maintaining the cleanliness of the campus and surrounding areas requires each person to refrain from littering. It requires people to dispose of trash properly everyday. The problem can be solved by our taking pride in the college, the community, and the Earth.

Tim Carter
Chief Justice

Two hours
of internship
Credit

can be obtained
by writing for the
Hilltop

See: David Bowerman,
Darryl Gossett or
Dr. Schubert
for details

Album Review The Kids Are Alright

A double album of live music that spans the history of The Who. **The Kids Are Alright** is, of course, a treat for all die-hard Who fans. It is an excellent collection of old songs that combines humor, fierceness, and above all, fun from one of the '60's and '70's great rock and roll groups. Only the Beatles and the Stones compare in significance.

The music on the album is straight-out rock and roll. There are plenty of power chords from Pete Townshend, wailing from Roger Daltrey, churning bass from John Entwistle and flailing drums from Keith Moon. Although some of the cuts may sound dated to new rock listeners, one has to realize that the Who has been around for a long time and has changed a good bit from its meager beginnings to its current superstar status.

The Kids is the soundtrack for the Who's forthcoming movie. It may not contain all the songs most Who fans would expect to hear, but it does give a good representative cross-section of their music. The opening tune, "My Generation", is taken from the Smothers Brothers' television show, on which The Who appeared. At the end of this song, Keith Moon is actually blown up by explosives he has secretly placed in his drum kit. This, and other loony antics by Moon, added a great deal of energy and humor to The Who's performances and serves as a good tribute to the wild drummer of The Who.

For those looking for a great deal of sophistication in their music, this ain't the album to get. It contains pure rock classics by The Who, such as "Baba O'Riley" and "Can't Explain" and expresses the power and simplicity of the group. As a whole, the album is a collection of the best adrenalin-filled songs you're likely to hear, but it's only rock and roll.

Keith Coker



ATTENTION

If you haven't already noticed, the Security Department has repainted many of the parking lots around campus. The lines are clearly marked with two distinct colors. Each color represents a designated lot for either faculty/staff or students and open parking. Green lines are for faculty/staff; white lines are for students and open parking with a college parking sticker. These lots are being patrolled by security, and tickets are being given for parking in improper zones. Yellow lines indicate no parking.

We can be Proud

The response to the Red Cross Blood Bank's visit to Mars Hill College on October 8th was greater than in their visits in recent years. One hundred and twenty-four pints of blood were donated by students and staff.

The Red Cross Bloodmobile visits our campus each semester under the sponsorship of Delta Kappa Theta Fraternity. Response in the past couple of years has varied from 85 to 100 pints. This visit, however, found our college community in a generous mood and went well above averages for recent years in numbers of pints donated.

Our generosity could not have come at a better time. The blood bank in Asheville is dangerously low on blood; so much that it was reported that only emergency surgery was being allowed by the local hospitals. Twenty-five pints of blood donated before 12:30 on Monday were taken immediately to Asheville where it was used for transfusions before the day was over.

Phil - C

Hardware and Building Supply



Book Review Shyness

What it is, What to do About it

Philip G. Zimbardo is a professor of social psychology at Stanford University. He received his Ph.D. at Yale University and is well-known for his research on imprisonment and vandalism.

Shyness: What it is, What to do about it, is the title of a book that deals with a universal problem. Zimbardo became interested in the problem by counseling some of his shy students and soon had a dozen students attending a seminar on shyness. This has now evolved into a Shyness Clinic at Stanford University where he helps people overcome their shyness and learn more about the nature of the problem.

Zimbardo believes that "shyness is an insidious personal problem that is reaching such epidemic proportions as to be justifiably called a social disease. Trends in our society suggest it will get worse in the coming years as social forces increase our isolation, competition, and loneliness."

Zimbardo's research proved that shyness is common, widespread, and universal. Eighty percent of all people say that they were shy at some point of their lives. Over forty percent said that they were still shy. In other words 4 out of every 10 people are shy. That is 84 million Americans! Only about 7 percent of all Americans reported never, ever feeling shy.

Family background plays an important role in creating shyness in children.

Birth order also seems to have an effect. More first-born children are shy than later-born. First-born children do not develop their social skills as much as later-borns. "Later-borns do so as a matter of social survival, having to interact with their siblings who are initially bigger, smarter, and tougher. They learn to use social finesse instead of raw power to achieve their ends."

The emphasis on achievement and competition in American society can make children shy. Zimbardo feels that "All children need a sense of belonging. They need to feel that home and school are safe places, places where they are recognized for their personal worth, where their opinions are valued, and where their uniqueness is cherished. School and home should be places of refuge from anxiety, not sources from which self-doubt first springs. They should be "Power spots where a child learns intuitively the power of unconditional love and the strength of learning how to learn."

Zimbardo came to the conclusion that we can prevent shyness in society by changing our cultural values, social norms, and situational forces. In countries such as the People's Republic of China or Israel the emphasis is on common goals. Children are made to feel special and are loved unconditionally. If we had similar values and life-styles, we would have fewer shy children.

Campus Paperback Bestsellers

1. **Chesapeake**, by James Michener. (Fawcett, \$3.95.) Multi-family saga along Maryland's Eastern Shore: fiction.
2. **The World According to Garp**, by John Irving. (Pocket, \$2.75.) Hilarious adventures of a son of a famous mother.
3. **Wifey**, by Judy Blume. (Pocket, \$2.50.) Housewife's experiences on road to emotional maturity: fiction.
4. **The Far Pavilions**, by M. M. Kaye. (Bantam, \$2.95.) High adventure and love in the Himalayas: fiction.
5. **Pulling Your Own Strings**, by Wayne W. Dyer. (Avon, \$2.75.) How "not" to be victimized by others.
6. **Evergreen**, by Belva Plain. (Dell, \$2.75.) Jewish immigrant woman's climb from poverty on lower Manhattan.
7. **The Amityville Horror**, by Jay Anson. (Bantam, \$2.50.) True story of terror in a house possessed.
8. **Second Generation**, by Howard Fast. (Dell, \$2.75.) On-going story of Italian family in "The Immigrants": fiction.
9. **Scruples**, by Judith Krantz. (Warner, \$2.75.) Rags to riches in the fashion world: fiction.
10. **The Women's Room**, by Marilyn French. (Jove/HBJ, \$2.50.) Perspective on women's role in society: fiction.

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