THE OLD FORT NEWS

The Old Fort News is published each week in connection with the Marion Progress.

MISS GERTRUDE DULA, Editor and Business Manager.

REAL HEROISM

We want a heroism which is heroic in its own secret thoughts. We want heroes who slay dragons in private. We want the royal courage which strangles an unworthy impulse as soon as it is born. We want exploits in sacrificial thinking, magnificent conquests of selfishness in the several days with Mr. and Mrs. W. Friday night. quiet courts of the soul. A real man S. Burgin. must wrestle with lions and bears in the jungles of his own spirit, and there he must register a courage of Asheville visited Mr. and Mrs. J. A. which the world has no account. All Swann Sunday. of which means that a man must be a hero in the very pith and fibre of Edith LeFevre spent Sunday in number of the "younger set" at his his being. It must be his nature to Rutherfordton. be heroic.—J. H. Jowett.

BRIDGE PARTY

The Old Fort Woman's Club entertained with a bridge party at the home of Mr. and Mrs. George E. Moore on Saturday evening. The house was decorated with flags, banners and spring flowers.

Moore, dressed as George Washington and Martha Washington, met the guests and presented them with last week with Martha Hyams. miniature flags.

After five progressions were played Mr. George Sandlin was the fortunate winner of a car tank full of Super Shell gasoline donated by Col. D. W. Adams to the club. The last week-end in Converse, S. C. consolation prizes were won by Prof. S. B. Smithey and Mrs. Joe ternoon in Marion. Mashburn.

Delicious refreshments were served by Mrs. A. Crippen, Mrs. P. H. Mashburn, Mrs. Geo. Sandlin, Mrs. in Asheville Thursday.

Cuthbert, Mr. Bestline, Mr. J. Hig-business. gins, Miss Carrie Saunders, Mr. and Mrs. Geo. Sandlin, Mr. and Mrs. E. Wilkinson motored to Asheville on Mountain farmers desiring infor-Ragle, Mrs. Hart Taylor, Mr. and Thursday to visit Margaret Jordan mation about growing burley tobac-Mrs. Graybeal, Mr. and Mrs. Geo. who is a patient at the Mission Hos- co will find agronomy information Moore, Dr. and Mrs. Harry Ditmore, pital. Dr. and Mrs. D. M. McIntosh, Mr. and Mrs. C. Nesbitt, Mr. Robert Smithey, and Mrs. J. B. Curtis were Copies of the circular may be had Wilkinson, Miss Edith Rowe Grady, visitors in Asheville on Saturday. free of charge from the agronomy Miss Gertrude Dula, Mr. Clyde Miller, Mr. Kimball Miller, Mrs. W. Le- nurse in State Hospital, Morganton, Fevre, Prof. and Mrs. S. B. Smith- is spending several days with her ey, Mr. and Mrs. A. Crippen, Mrs. parents, Mr. and Mrs. Fred Allison. der demonstration methods in Ca- brought top prices with a total of P. H. Mashburn, Mrs. Joe Mashburn and Miss Maude Crawford.

ST. VALENTINE PARTY

Miss Frances Grant charmingly en- in Asheville. tertained a number of her friends Misses Polly Ann Greene and Hawith a Valentine party. The house zel Swann attended an "Old Time" NOTICE OF SALE OF TEN THOUwas very prettily decorated with red dance at Camp Allison last week. hearts and other Valentine ideas. Mr. and Mrs. W. W. LeFevre and After several contests progressive family made a visit to Rutherford alphagram was played at three ta- College Sunday. bles, the prize going to Mr. Wood- Miss Catherine Finch entertained ved by Miss Grant, assisted by Miss nesday. The guests were Mr. and eleven o'clock a. m., on the 8th day Walker, Jennie Mae Noblitt, Doris served. Dalton, Martha Hughes and Agnes Noblett; Messrs. Gordon London, itor in Asheville on Thursday. Joe Lee Grant, Carlyle Nesbitt, Woodrow Harris, J. C. Hensley, Al- stag party Monday night. Enjoying DOLLARS on the 1st day of April gie London and Dewey Hensley.

OLD FORT, SILOAM, OAKDALE Kanipe. PRESBYTERIAN CHURCHES M. E. Hansel, Minister.

Old Fort: Sunday School 10 a. m. Dula, last Thursday and Friday. Public worship with sermon by pastor, 11 a. m. Christian Endeavor Society 6:45 p. m. Prayer service Wednesday, 7:30 p. m.

Siloam: Sunday School 2 p. m. Oakdale: Sunday School 2 p. m. Public Worship with sermon by the pastor, 3 p. m.

VICTIM IDENTIFIED

Kit—"But anyway, dear, we must give Jack credit for getting her a nice engagement ring."

Kat-"Oh, no, we needn't - the jeweler's given him credit for that.' -Sydney Bulletin.

A REQUEST

Old Fort people are requested to send news items for the Old Fort News page, in the Marion Progress, to Miss Gertrude Dula, editor of this page, and not direct to the Progress office. This is to avoid the same news item being printed twice on the page. Mailing boxes for Old Fort News items will be found at the Old Fort Drug Store and the Bradley Drug Store. Postoffice Box 191, Old Fort, N. C.

LOCAL AND PERSONAL

R. V. Jones of Marion was in Old Fort Saturday.

Marion Nesbitt of Gastonia spent in Old Fort the past week-end. Sundya with Mr. and Mrs. C. F. Noblitt.

Clarence Wise of Marion was in Old Fort Sunday.

Dayton Ayers of Marion visited his uncle, W. C. Early, Monday.

Asheville. Miss Grace Smith of Marion was the McDowell County Relief Asso-

a visitor in Old Fort Sunday.

Otis Grant is ill with influenza. Mr. and Mrs. Carl Swann of

Mr. and Mrs. W. W. LeFevre and

Swann spent Saturday in Asheville. Louise Laughridge, Miss Catherine Miss Polly Ann Greene spent the week-end in Asheville. W. E. Grant of Spruce Pine spent

Sunday in Old Fort. Misses Stella Sherrill and Nellie Blankenship spent Saturday in Mar-

Little Bert and Mary Louise business trip to Marion Monday. Miss Davie Mae Arney made a

nelly Springs spent several days highway that connects the Shenan-

Asheville Saturday. in Asheville

Mrs. N. Justice spent Monday af-

end in Charlotte.

Those present were Mr. Louie tain was in Old Fort Tuesday on Roanoke.

Mrs. S. M. Wilkinson and Robert BRIEF NEWS OF INTEREST

On Saturday night, Feb. 15th, Henry C. Fisher spent Wednesday was only 73 cents as compared with

row Harris. A salad course was ser- with one table of bridge last Wed-Pearl Cox. Those enjoying the party Mrs. Dennis Haynes and Robert of March, 1930, for the purchase were Misses Frances and Dorothy Bryson. Dainty refreshments were

Miss Mary Will Greene was a vis-

the guest of his sister, Miss Gertrude

Mr. Riddell, auditor for the United States Leather Company, is in Old Fort this week.

Marion were visitors in Old Fort on

Johnson City on Sunday.

Special CHICKEN DINNER

With Vegetables, Deserts and the best of Coffee

50c.

ON SUNDAY

Why bother to cook? You will enjoy a dinner at

The B. and J. Cate OLD FORT, N. C. NEXT TO POST OFFICE

Major W. A. Collett of the Mari-ITEMS OF INTEREST on Progress was a visitor in Old Fort on Saturday.

Mrs. D. Rix and sister, Hazel Swann, of Dendron, visited friends

Mr. and Mrs. Floyd Hopper of Marion spent Sunday with the former's parents, Mr. and Mrs. P. C.

Mrs. C. M. Young and two daughters, Elizabeth and Mary Ellen, of Connelly Springs, were guests of J. L. Lackey spent Sunday in Mr. and Mrs. Geo. Hyams, Sunday. Dr. D. M. McIntosh, chairman of

ciation, attended the meeting of T. Y. Lytle of Marion is spending this organization held in Marion on Mr. and Mrs. Henry C. Fisher

spent the past week-end in Biltmore at the home of Mr. and Mrs. W. G. Reed. Mr. Reed, father of Mrs. Fisher, has zbeen dangerously ill. Francis Mauney entertained a

home Monday evening. The guests Misses Rhoda Grady and Hazel were Miss Mary Will Greene, Miss Finch, Miss Nancy Miller, "Capt," Fisher, Merrill Kanipe, Harrison Hansel, Maurice Flemming and Robert Bryson.

HIGHWAY MEETING TO BE IN ROANOKE

The first meeting of the Eastern Miss Mary Ellen Young of Con- National Parks Tour, the great doah of Virginia with the Great J. A. Swann visited relatives in Smokies of North Carolina, will be held in Roanoke February 28. The Mrs. B. G. Curtis spent Saturday highway is known as the Blossom Trail, and beginning at Winchester Mr. and Mrs. J. R. Harris spent in Virginia passes through Marion to Murphy.

All towns along the route are asked to send representatives to H. Hansel is spending the week- hear reports and take part in election of officers. J. Q. Gilkey of Mar-Mrs. Annie Hughes was a visitor ion is one of the directors, and is on the program to reply to the address W. LeFevre and Mrs. Geo. Moore. Mr. J. L. Melton of Black Moun- of welcome by Mayor C. B. Fox, of

circular 45 prepared by E Y. Mrs. Geo. Moore, Mrs. S. B. Floyd of considerable interest. Miss Ethel Allison, a student department at State College.

Corn grown by adult farmers un-Mrs. Ola Jones of Asheville is tawba county last year produced an visiting her sister, Mrs. W. W. Le- average of 53.3 bushels per acre as compared with the county average Mrs. Walter LeFevre and Mrs. of 20 bushels. The cost per bushel the average cost of \$1.46 a bushel.

SAND DOLLARS WATER BONDS OF THE TOWN OF OLD FORT, NORTH CAROLINA.

Sealed bids will be received by the Board of Aldermen of the Town of Old Fort, North Carolina, in the office of the Mayor in said Town, until of TEN THOUSAND (\$10,000) DOLLARS water bonds to be issued under the Municipal Finance Act of North Carolina, to bear date 1st day Robert Bryson entertained with a rially FIVE HUNDRED (\$500) his hospitality were Messrs. Charley in each of the years 1932 to 1951, Fisher, Francis Mauney and Merrill both inclusive; and the bonds are to the Bank of Old Fort, a certain e in denominations of FIVE HUN-DRED (\$500) DOLLARS each, bearing a rate of interest not to exceed 6 per cent per annum to be after date, which Deed of Trust is fixed on the date of sale, payable semi-annually on the 1st day of April and the 1st day of October of ords, and whereas there has been deeach year, both principal and interest payable at the Chase National Bank in the City of New York and Mrs. Hill and three daughters of State of New York. Bidders are inmust be in multiples of one-fourth in Marion, McDowell County, N. C Mr. and Mrs. F. P. Sweeney and of one per cent; must not exceed six on Monday, the 3rd day of March, Robert Wilkinson visited friends in per cent, and must be the same for 1930, at twelve o'clock noon and accrued interest. If any bidders land, lying and being in McDowell name the same amount of interest, the premium shall determine the 2nd Tract: Being lots No. 7 and 8 the premium shall determine the award. The right to reject any and all bids is reserved.

in Block "K" in the Town of Old Fort, N. C., bounded on the north all bids is reserved.

by the written approving opinion of Messrs. Storey, Thorndike, Palmer & Dodge of Boston, Massachusetts. Late G. B. Thomasson: Beginning on or its bid certified check on an in- tween Thomasson and Jones, and corporated Bank or Trust Company, runs S. 30 E. 153 feet to a stake on pavable to the order of the Treasurer of the Town of Old Fort, N. C., 112 feet and 3 inches with Railroad or deposit a sum of money for and Street to a stake on Spring Street; in an amount equal to two per cent thence with Spring Street N. 32 W of the face amount of the bonds bid 191 feet to a stake on Main Street for, to secure the Municipality from

February 19, 1930. There will be no auction.

Read the advertisements. It pays.



WHAT IS SELF-RISING FLOUR?

This is a question often asked by women-just what is self-rising flour? From what is it made and what are the advantages in using it?

Well, first of all, self-rising flour is a soft wheat flour to which the miller adds pure monocalcium phosphate and bicarbonate of soda, which is realle baking powder, and salt for seasoning. So it is after all a ready prepared or pre-leavened flour.

Using self-rising flour in the home three times each day has many advantages. The greatest thing about it is its dependability. In fact, self-rising flour gives the only source of a uniform biscuit 365 times a year. Do not add baking soda or baking powder to

When a woman mixes soda and buttermilk, she has no way to tell accurately about the acidity of the butter milk without taking it to a laboratory, and if she wants to have a firstclass biscuit, the soda and buttermilk must neutralize each other. In the self-rising flour the leavening is accurately proportioned by weight and on a basis of a minimum, whereas, the other way is usually a maximum and guess work at that.

Self-rising flour is economical for all baking purposes. In addition to the saving in the purchase of baking powder, soda and salt, it also saves eggs. The leavening is so generally distributed that it does not require so many eggs. In the original recipe for the standard 1-2-3-4 butter cake, four eggs are required if using plain flour. Substituting self-rising flour in the same formula requires only two eggs Use one egg to every one and a half cupfuls of self-rising flour.

You can take any of your own favorite cake recipes and change it into a self-rising flour recipe.

Use one whole egg or two egg whites to each one and a half cupfuls of flour, and add one tablespoonful of der and soda. Do no unnecessary beating. Do not let batter stand after mixing. Bake at the correct temperature.

The most common mistake in baking cakes is in having too hot an oven. Keep the oven at 350 degrees F.

Seven farmers of Cartaret county are fifteen hundred dollars richer this week through the co-operative shipment of 78 live hogs. The hogs \$1551.18.

LET US TRAIN YOU FOR BUSINESS-THE RICHEST

FIELD IN THE WORLD Typewriting, Shorthand, Stenotypy, Bookkeeping and Accounting are the Keys that open the avenues to the business world.

New business enterprises coming to this section will call upon our schools for office help-then, why not take specialized training which assura

Asheville, N. C. - Spartanburg, S. C.

LAND FOR SALE

Whereas under date of October 6th, 1925, J. M. Mashburn and wife, Effie S. Mashburn, executed and delivered to J. L. Nichols, Trustee, for Deed of Trust securing an indebtedness of \$3,000 due eight months recorded in Book 28 page 278 Mc-Dowell County Mortgage Deed Recfault in the payment of said indebt-

edness at maturity: Now therefore, under and by virtue of the power of sale containvited to name the rate of interest ed in said Deed of Trust, the underwhich the bonds are to bear; the rate signed will, at the courthouse door all of said bonds; that bonds will be offer for sale to the highest bidder awarded to the bidder offering to for cash, for the purpose of satisfytake them at the lowest rate of in- ing said indebtedness, the following terest, at a price not less than par described piece parcel and tract of

The bonds will be accompanied by Main Street, on the E. by Spring Each bidder must present with his a stake on Main Street, a corner be-Railroad Street, thence N. 75 E. thence with Main Street S. 59 W loss resulting from failure of 101 feet and 6 inches to the beginthe bidder to comply with the terms of his or its bid. Said bonds will be awarded at not less than par unless all bids are rejected. ter of Deeds of McDowell County.

Said sale will be for cash and sub-I. L. CAPLAN, Clerk. ject to confirmation by the Court. This 29th day of January, 1930. J. L. NICHOLS, Trustee.

DOES COST OF TRANSPORTATION INFLUENCE YOUR CHOICE OF A CAR?

Mr. Geo. W. Bryson of Bryson-Snyder Company drove to Ohio recently, traveling 652 miles. Cost for gas and oil was \$7.70. Number of occupants, three. The car that he drove was a Chevrolet Sedan.

See our display and ask for a demonstration of the New 1930 Model.

> - CHEVROLET -"For Economic Travel"

Kanipe Motor Co.

Old Fort, N. C.

Extra Value Without Extra Cost



Triplex shatter-proof glass windshield Rustless Steel Five steel-spoke wheels

At least \$50 extra value is represented in just these few features of the new Ford car-most of them exclusive to Ford in the low-price field. Yet they are given to you without extra cost.

Other important features are the four Houdaille hydraulic double action shock absorbers, the safety of the fully enclosed four-wheel brakes, the aluminum pistons, the chrome silicon alloy valves and unusual accuracy in manufacturing. In design, material and performance the new Ford is a value far above the price.

> \$435 up—f. o. b. Detroit Call or 'phone for demonstration

Fisher Motor Co. OLD FORT, N. C.

OUR 1930 CHRISTMAS CLUB IS NOW OPEN

Join now in one of our classes ranging from 10c to \$10.00, payable each week, and have your Christmas Money all ready next year.

It's not what you earn that makes you rich, but what you SAVE.

> THE BANK OF OLD FORT OLD FORT, N. C.

J. S. BRADLEY, Pres.

P. H. MASHBURN, Vice-Pres.