

# "Elaborate Menus Without Effort" - Miss Camp

## Herald Food Editor Gives Attention To Summer Hospitality

By MISS JOHNNIE CAMP,  
Home Service Director,  
Virginia Electric & Power Co.

Summer entertaining must be easy entertaining, if it is to be enjoyed equally by hostess and guests -- the menu easy to plan -- easy to prepare and easy to serve. To accomplish this, menus need not be limited to the extremely simple dishes.

Prepare your luncheons and dinners in the cool of the morning--or the day before they are you want to be unruffled at your party--and place the food in your automatic refrigerator.



With the aid of your refrigerator elaborate menus may be prepared almost without effort-- All manner of foods and beverages may be evenly and thoroly chilled, cocktails, salads or desserts frozen easily and quickly--and jellied dishes moulded with gratifying speed.

**Summer Lunch Menu**  
Pineapple Mint Cocktail  
Chicken Salad Supreme  
Potato Chips Saltines  
Raspberry Fluff  
Iced Coffee

**Pineapple Mint Cocktail**  
3 slices pineapple  
Mint  
Lemon Sherbet  
3-4 cup sugar  
2 cups water  
3-4 cup lemon juice  
2 egg whites  
4 tablespoons powdered sugar  
pinch salt  
Boil the sugar and water together for five minutes. Add the lemon juice and chill thoroly. Freeze for about one hour at coldest temperature, remove to mixing bowl, beat quickly with rotary egg beater, then combine with stiffly beaten egg whites which have been sweetened with powdered sugar. Freeze. Six servings.

**Chicken Salad Supreme**  
1 cup chicken  
3 hard cooked eggs  
1-2 cup celery  
1-2 cup nut meats  
1-2 pound seedless white grapes  
1 tablespoon gelatin  
1-2 cup chicken stock  
1-4 to 1-2 teaspoon salt  
1-3 cup mayonnaise  
Cut chicken into small pieces (marinate with French dressing) chop egg, slice celery and nut meats, and add white grapes. Soak gelatin in half of chicken stock, and dissolve in remaining stock which has been heated.

Mix above ingredients and pack in ring mold. Garnish with julliene strips of carrot (marinated in French dressing) and parsley. Fill center with shredded lettuce and tomato cubes. Serve with mayonnaise.

**Raspberry Fluff**  
1-2 cup raspberries  
1-3 cup granulated sugar  
2 tablespoons lemon juice  
1 egg white  
dash of salt

Place in a bowl, 1-2 cup of raspberries (packed down measure) with the sugar, lemon, unbeaten egg white and salt. Beat with a large rotary or electric egg beater until stiff. This will take from ten to fifteen minutes beating and will increase in volume to 2 1-2 cups. Chill in your automatic re-

### Here's How!



ANNETTE HANSHAW

**CURVES** are back in style, and slim little Annette Hanshaw, blues singer of Captain Henry's Maxwell House Show Boat, is gaining weight in accordance with the dictates of fashion.

It's all done by using two and one-half pints of cream a day. Every day she drinks three glasses of straight cream; one at 11 o'clock in the morning, one at 4:30 in the afternoon, and one before bedtime. She also uses cream generously on her cereals and in her coffee. So far Annette has gained ten pounds in as many days and now weighs . . . ooh . . . 97 pounds.

Ninety-seven pounds is not very much blues singer, but even 97 pounds is a lot more than Annette weighed when she made her first professional appearance. She was two years old then and got a lollipop for her first song. She thought it was a good racket, as she liked to sing anyhow, so she has been chanting the blues ever since. The genial Captain Henry gives her more than a lollipop for her show boat singing though.

### Refrigerator.

Serve in a pudding dish with lady fingers. It may also be served with a thin lemon custard with whipped cream or with crushed raspberries.

Iced Coffee should be prepared by pouring fresh, hot, double-strength coffee over an iced tea class full of ice cubes. Serve with heavy coffee cream and powdered sugar.

### 150 May Take Tests To Practice Law In N. C. August 21st.

The last examination to be given to applicants to practice law in North Carolina by the State Supreme Court will be held August 21, but notices of intention to take the examination must be filed by noon, July 15 and certificates of proficiency and character must be filed by noon August 15. Indications are that about 150 will take the tests, as compared to a usual 100 average.

The 1933 General Assembly took examination of applicants from the Supreme Court and placed it in the hands of a Board of Law Examiners, elected by the State Bar Counsel, composed of lawyers, except that one member of the Supreme Court will be on the board. The new law becomes effective the first of the year, as it relates to examinations, and the number of applicants is larger because of the change.

### CARD OF THANKS

We take this opportunity to thank our friends and neighbors for the kindness shown us, and for the beautiful floral offerings during our recent bereavement, in the death of our husband and father. Mrs. W. O. Sheffield and Family.

### Catholic Church

St. John the Baptist Church.  
Corner of Hamilton and Washington Streets. Mass on Sunday at 10 o'clock A. M. Mass during week at 8 o'clock A. M.

Rev. Fr. Peter McNerney,  
Pastor.

### NOTICE OF RE-SALE

Whereas, under and by virtue of the power of sale conferred upon me by that certain Deed of Trust executed by C. L. Grimmer, Jr., and Mildred E. Grimmer, his wife, to Allen C. Zollicoffer, Trustee, dated the 31st day of March, 1926, and recorded in the office of the Register of Deeds for Halifax County, State of North Carolina, in Book 368 at Page 459, default

having been made in the payment of the indebtedness thereby secured, and at the request of the holder of the note evidencing the same, I did, after due advertisement according to Law, on Friday the 30th day of June, 1933, at 11 o'clock A. M., in front of the Rosemary Branch of the Roanoke Bank & Trust Company, Roanoke Rapids, N. C., at Public Auction, sell for cash to the highest bidder the tract or parcel of land hereinafter described; and whereas, the highest bid then received having been raised five (5) percent and according to law, I will on the 28th day of July, 1933, at 11 o'clock A. M., in front of the Rosemary Branch of the Roanoke Bank & Trust Company, Roanoke Rapids, N. C., offer for sale at public auction to the highest bidder for cash the following described real property, to-wit: That certain lot or parcel of land, together with all improvements thereon, situate near the

town of Roanoke Rapids, Halifax County, North Carolina; fronting Thirty (30) feet on the West side of Hamilton Street and running back the same width ONE HUNDRED FORTY (140) FEET to an alley, being shown and designated as Lot No. FIVE HUNDRED TWENTY FIVE (525) on the map or plat of the property of The Roanoke Rapids Power Company of record in the office of the Register of Deeds for Halifax County, North Carolina, and being the same lot of land sold to Carrie L. Lanford by Deed of J. T. Stainback et als dated the first day of March, 1922, and recorded in the office aforesaid; reference to which said map and deed is here made for greater certainty of description.

This the 12th day of July, 1933  
ALLEN C. ZOLLIFFER,  
Trustee.  
W. B. Allsbrook, Atty.  
2t-7-20-Z&A.

## Look At these Prices

The highest QUALITY obtainable, together with the finest SERVICE our corps of clerks can render, combined with our VOLUME of buying-selling tends for real ECONOMY at the "M" SPECIALS for FRI. SAT. July 14th-15th.

COFFEE	Loose Ground	2 lbs.	25c
MEAL		5 Pounds	13c
TOMATOES	Fresh-lb.		5c
CORN FLAKES	3 for		25c
CREAM	WHIPPING—HALF PINT		12c
	Guaranteed Quality		
CAKE FLOUR	SWANS DOWN	Per Pkg.	25c
OXYDOL	WASHING POWDERS	Per Pkg.	5c
CAMAY SOAP			5c

FREE With 10c Purchase of Candy—A FREE Chance on Radio We're Giving FREE

SMOKED  
PICNICS

Per Lb. 10c

PORK CHOPS  
NICE and LEAN

2 Pounds 25c

BEEF ROAST

Per Lb. 12 1/2c

COUNTRY MELONS And other fine fruits and vegetables at Lowest Market Prices

# M SYSTEM M

Grocery & Market

