# Waffles Enjoyed For Any Meal

#### Universally Liked And May Be Served For Any of 3 Meals

By MISS VIRGINIA BLOUNT Home Service Director Virginia Electric & Power Co.

#### "Waffles"

Waffles are universally liked. They may be served for breakfast, lunch or supper. Because of the endless number of variation that can be made in the waffle recipe to make it a meal within itself, they may be served more frequently. They are easy to prepare and inexpensive according to the richness of materials used to add variety. Try these recipes on those new electric waffle irons that were received Christmas.

When using an electric waffle iron follow the directions which come with that particular iron. However, if you have no directions a new waffle iron should be heated, then greased thoroughly before using. After that it is not necessary to grease it again.

If there is no indicator on the bron, preheat for 5 or 6 minutes and bake the waffles 2 to 3 minutes. Clean the grids with a dry brush, never immerse in water, and wipe with a clean cloth.

A tablespoon of batter to each section is all that is necessary.

Waffles should be eaten as soon as baked; but if they must be kept hot, lay each waffle separately on the open grating of the oven shelf. Never pile them on top of each other.

#### Waffles

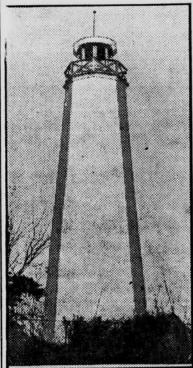
- 1 1-2 c. flour, 1 c. milk,
- 2 eggs.
- 2 T. Baking powder,
- 2-3 t. salt,
- 2 T. melted butter.

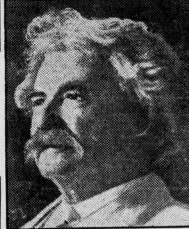
Sift together the flour, salt and baking powder, Add the yolks of eggs and half the milk. Mix until smooth, add the remaining milk gradually. Stir in melted butter gradually, and, last of all, fold in the stiffly beaten egg white. Bake at once.

#### Virginia Waffles

- 2-3 c. cornmeal (white)
- 2 1-2 c. boiling water,
- 2 eggs,
- 2-3 t. sugar,
- 2 T. butter, 1 1-2 c. flour,
- 1-2 t. salt,
- 3 t. baking powder,
- 1 1-2 c. milk,

#### Mark Twain Memorial





The Mark Twain Memorial lighthouse, erected on Cardiff Hill overlooking the Mississippi river at Hannibal, Mo., will be lighted for the first time on Jan. 15. when President Roose-velt presses a button in the White House, opening celebration of the centennial of the famed author.

ter and cool. Meantime sift the flour, salt and baking powder, add the yolks of eggs and milk gradually, betaing until smooth. Blend the two mixtures, fold in the stiffly beaten egg whites and bake. Cream Waffles for Electric Waffle

### Iron

2 c. flour,

- 1 1-2 t. baking powder, 1-4 c. melted butter,
- 4 eggs,
- 1 c. milk,
- 1 c. thick cream,
- 1-2 t. salt,

Mix and sift dry ingredients. Beat yolks and add milk and cream Add gradually to dry ingredients. Cook together the cornmeal, wa- Beat until smooth. Add melted but ter and salt for twenty minutes as butter and mold in stiffly beatfor mush; add the sugar and but- en egg whites. Bake 4 tablespoons

#### batter for each waffle.

#### Pound Cake Waffles

- 3-4 c. butter,
- 1 c. sugar,
- 4 eggs, 1-4 c. milk,
- 1 1-3 c. flour,
- 1-2 t. salt.
- 2 Teas, baking powder,

1 t. lemon or vanilla flavoring. Beat the butter and sugar to a cream; add the well beaten yolks of eggs, milk, then the flour, salt and baking powder sifted together. Add flavoring then fold in whites beaten to a stiff froth and cook as ordinary waffles.

Variations:

To any of these plain waffle recipes any one or a combination of these may be added.

- 6 T. cocoa,
- 1-2 t. cinnamon,
- 2-3 c. stoned chopped dates, 1 c. blueberries, blackberries,
- 1 c. chopped nuts,
- 1 c. bran,
- 1-4 t. nutmeg
- 2-3 c. sweet potato.

(To late last week)

Miss Sue Millikin has returned from a visit to friends in Geor-

Miss Dot Campbell has been the guest of her parents, Mr. and Mrs. D. M. Campbell for a few days.

George Austin Hux left the first of the week for the University of

#### Baptist Ladies Aid

The Baptist Ladies Aid met with Mrs. Coleman Best on Tuesday. After the devotional and a business session a social hour was enjoyed. Refreshments were served by the

The County Commissioners have ordered that no children will be allowed to play or skate in the Court House yard in the future.

Mr. Mattox, head of the relief employment of the state was here on business Monday. The office for the three counties of Hertford, Northampton and Halifax was opened in the "Green" building in Weldon this week. Different employees from the 3 county offices have been transferred to Weldon with additional ones added. Newton Shepherd of Weldon is head of the office.

Davis and Meacham the two farm demonstrations agents of this Co. are attending the Extension Con-

## FEEL TIRED, ACRY-

Get Rid of Poisons That Make You III

Is a constant backache keeping pou miserable? Do you suffer g, scanty or too frequent ion; attacks of dizziness, atic pains, swollen feet and nicies? Do you feel tired, nervous Then give so

Then give some thought to your kidneys. Be sure they function property, for functional kidney disorder permits poisons to stay in the blood and upset the whole sys-

Use Doan's Pills. Doan's are for the hidneys only. They help the ridneys cleanse the blood of health destroying poisonous waste. Doan's Pills are used and recommended the world over. Get them from any

ference at State College at Ra leigh.

C. F. Moseley of the F. C. A. office spent the week end with his family at Warrenton.

Little Bobby Ewing is improvbly burned on Christmas Day by in one night.

#### - Methodist Quarterly Conference Sunday

Rev. W. C. Martin, presiding elder, will preach at First Methodist Church next Sunday morning, Jan. ing at his grand-parents, Capt and 20th., at 11:00 o'clock. The public Mrs. R. B. Ewing at the State is invited to hear him. Immediate-Farm. The little fellow was terrilly following the sermon the first quarterly conference will be held. on open fire and had 9 convulsions | The pastor asks that all the officials be present.



Eight o'Clock Mild & Mellow Ib. 19 Red Circle Rich & Full Bodied No. 21c VIGOROUS and WINEY Ib. 25c

Soap 3 cks. 14c Mello Wheat pkg. 15c

TOMATOES 4 No. 2 Cans 29° PEA BEANS 4 lbs. 15c

String BEANS Olympia PEAS 4 No. 2 Cans 25C

Super Suds, Pkg. ..... 9c | Oct. Soap, 4 Lge. Cks. 19c

Gelatin Dessert Sparkle Choc. Pudding 4 pkgs. 17

### SAUER KRAUT 2 No. 2 Cans 15c

ARMOUR'S PRODUCTS

**Corned BEEF 2** 

Potted Meat, 2 1/4 Cans ... BANNER BRAND Sausage, No. 1 Can ......

Tripe, No. 1 Can ...10c Tongue, 1/2 Can .... 23c

15c Heads BANANAS lbs.

Cured - Per lb. 21c

SHOULDER

15c BEEF ROAST

SAUSAGE Qt. 39c

lb. 10c

## Today's Offer To All Who Have Stomach Distress

Money Back if One Bottle of ful of Dare's Mentha-Pepsin that Dare's Mentha-Pepsin Doesn't Do You More Good Than Anything You Ever Used.

Get a bottle of this grand stomach medicine today with the distinct understanding that your money will be promptly returned if it does not stop the most acute stomach distress quicker than anything you ever used.

Your stomach may be so distended with gas that you think beating, yet with one tablespoon- dozens of it.

dreadful feeling of suffication will vanish in a few minutes.

With the same speed it stops gas, belching and heartburn.

It's a wonderful formula—this combination of Pepsin with other good stomach invigorators - so wonderful that in one small town in New Jersey over 6,000 bottles were sold.

Every regular druggist guarantees one bottle of Dare's Menthaevery minute your heart will stop Pepsin. Rosemary Drug Co. sells