

DR. LISTER EXPLAINS VIRUS INFECTIONS

Dr. Lister, plant physician, shares this knowledge with you about virus infections.

"Virus infections are the most common cause of illness known today. Most lost time illnesses are from virus infections.

What is a virus? . . . In contrast to germs such as fungus, protozoa, bacteria, or rickettsia, each of which involves groups of many, many varieties, a virus is a specific type of infectious germ.

Between all germs, there are physical and biological differences which may be observed in clinical distinctions. Most important to understand, there are differences in prevention and treatment of germ infections.

Virus infections give a patient a fever or temperature ranging from normal to moderate 3 to 4 degree elevations. Pulse rate is unchanged. There is no puru-

lent discharge and blood count is normal.

In contrast to other germs, there is no drug available to affect the life of a virus no matter how mild or serious the infection. Therefore, attention is directed primarily toward prevention and supportive actions, then symptomatic care when infection has set in.

Two preventive measures are flu vaccine and vitamin C. People with poor health or who are unusually susceptible to virus infections should take flu vaccine. Healthy individuals should take vitamin C at 500 mg. per day to prevent or lessen severity of virus infection. People with low resistance or susceptible people should take 1000 to 1500 mg. per day.

The infectious season is September through February. Flu vaccine is available in medical at no cost. Vitamin C is sold in the cafeteria as 500 mg. tablets. They are subsidized at a price of \$1.00 per 100 tablets.

Indiscriminate use of drugs, antibiotics, and even aspirin, for virus infections, can cause as great a problem as the disease itself.

Drugs carry degrees of danger either due to toxicity of the drug, allergy to the drug, or increasing the resistance of non-virus germs to antibiotic therapy. The first two complications may result in serious and even fatal reactions. This is why drugs require prescription by a licensed physician.

Antibiotics used in error for virus infections decrease the effectiveness of their further use for secondary infections.

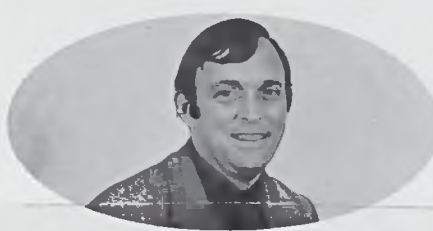
Aspirin should not be used to lower fever for fever is not a disease . . . it is a way the body helps fight disease.

If there are any questions . . . any problem involving this or any kind of illness in which I can be of help for information or advice . . . please let me know." . . . Dr. Lister.

RECENT PROMOTIONS . . .



George D. Beatty
Promoted to . . . Controls Engineer
Engineering Services



Henry Rankin III
Promoted to . . . Shift Supervisor
Coating Area



Ronald R. Haskett
Promoted to . . . Foreman
Maintenance Services



James R. Cabe
Promoted to . . . Foreman
Maintenance Services



Donald R. Surrette
Promoted to . . . Computer Technologist
Engineering Services



Theodore W. Hamilton
Promoted to . . . Technologist
Maintenance Services

SUMMER HIRE MISSED

We missed one Du Pont Dad-Summer Hire Son combination in the August Fotofax special edition. They are Larry Van Der Vliet and Larry, Jr. Here they are . . .



Larry, Jr.
Junior
UNC-Asheville



Larry Van Der Vliet
Process Control

(CO. PRESIDENT, Cont'd from page 1)

for Wilmington, Delaware.

He met and spoke with several employees during his plant tour. His reflections of these conversations and his overall impressions of the visit are as follows.

—The primary objective of these visits is to see people who are responsible for making products.

—It adds dimension to business reports and reveals opportunities and some of the problems.

—I expected to see a good looking plant and saw one.

—The friendliness of people was impressive.

—Brevard is different from most other Du Pont plants due to dark areas where extra demands are placed on product quality and employee safety.

—Non works injuries with two-wheeled vehicles seem to be a present safety problem which you are working on to correct.

—Overall, Photo Products, with silver sensitized materials, instruments, and electronics products, have experienced very fine growth and this growth is expected to continue.

CONGRATULATIONS !