

**EDITORIAL:  
TIME TO WORRY**

The new year brings a fresh opportunity for reflection, appreciation, and anxiety. If we aren't careful, we can think ourselves into a terrible state of depression. After the most joyous holiday comes the worst case of the blues - there's a whole new year to worry about.

Here's something I got out of someone else's newspaper. There was a message in for most of us.

"Life is so complicated today, most of us don't even know how to worry right.

"We worry about hurricanes and atomic wars, but we get killed in the family car.

"We worry about the kids, but we drag them across streets against traffic lights and leave household poison out for them to get into.

"We worry about airplanes crashing, but we break our neck by tripping on the steps or falling off a ladder.

"We protest nuclear reactors and poison ourself spraying the flowers.

"We worry about the community not supporting the football team, but we don't get out and vote in important elections.

"We worry about safe conditions where we work, then we blow our hands off with gasoline or chop them into pieces in our home work shop.

"We strive for success, but ignore the doctor's advice. We worry about retirement and do our best to keep from living that long.

"We worry about losing a five dollar bet, but we gamble our lives without even thinking about it; while we're all so concerned about great problems, we die of ordinary things which a moment's thought could have prevented."

I try to avoid New Year's resolutions, but I do hope to do more thinking and less worrying in this new year.

With thanks to Mel Everingham for getting out this edition while I'm on vacation, best Holiday wishes for you and yours - and a Happy New Year!

- Hale

**NEW SUPERVISOR**



**JACK WHITMIRE**  
Shop Supervisor  
in Maintenance Services

**NEW TECHNOLOGIST**



**HAROLD RAHN**  
Computer Technologist  
in Engineering Services

**TRANSFERRED**



**ERNIE LEE**  
To Florence Plant, Polymer Products  
Dept. as Maintenance Supervisor

**WELCOME, NEW EMPLOYEES!**



**MARY SUE DAVES**



**BLONDIE KAY GASH**



**DEBBIE MARTIN**



**LARRY MAXWELL**



**RAYMOND D. HILL**



**JAMES H. JOHNSTONE**



**FREDIA J. PRESSLEY**



**DORIS SHEEHAN**

**Medical Notes...**



*Dr. James S. Stout*



On Thursday, December 13th, I attended an interesting meeting on out-patient surgery at the Transylvania Community Hospital.

This concept is a relatively new

though proven method for reducing expenses and offering greater convenience for the patient, the surgeon, and the local medical facility.

Out-patient treatment, under this plan, is where a person at the hospital for surgery in the morning is released the same day for recuperation at home. Any nursing requirements at home are minimal in the types of surgery selected.

I have been associated with a hospital in the northeast where out-patient surgery was practiced in a center adjacent to the main hospital. The experience showed that it met enthusiastic approval of both the patient and the physician. Convenience and economy were felt to be major features not to mention elimination of the need to spend an unneces-

sary period of time recovering away from home.

It is estimated that 40% of all surgical procedures can be accomplished on an out-patient basis with no sacrifice to the welfare of the patient. Up to 300 procedures have been found to be performed safely and successfully.

There are also unexpected benefits. At one hospital, the overall infection rate was a very low 1 in 1000.

I think this is an improvement in medical care at a time when we're all experiencing a renewed awareness of the value of the dollar.

Note: The 12/13/79 issue of The Transylvania Times covers this subject under Ambulatory Surgery on Page 12, Section A.

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