

# Wrestlers outweigh the competition

By Allison Hannon  
Reporter

If you've ever been in the main gym after school you've probably seen the wrestling team hard at work carrying each other around the indoor track on their shoulders and doing wheelbarrows.

They run two miles and then run the stairs. Next come push-ups and sit-ups. "We start by running 22 laps, two miles, and that's just to begin practice. It helps to build endurance," said senior Chip Sciuolo. "Then we go over the moves we messed up in the matches." This repetition insures that the team will not make the same mistakes in their upcoming matches. "It's not new; it's review!" said Coach Anderson.

Competition and rival competitors play a large part in a wrestler's life. "Our biggest challenge is going to be East Forsyth," said Coach Anderson. There's also competition within the team itself. "In every weight class there are two or three wrestlers who challenge each other for a Varsity

spot," said Sciuolo. In these challenge matches, any wrestler can challenge any other wrestler in his weight class to find out who will compete in the matches against other teams.



Marcus Gause takes a Northwestern opponent to the mat during a recent match. Gause shows his strength and agility.

There's a price to pay, however. "For every point they lose a match by that's how many pepsies they do," said

junior, Conrad Withrow. What is a pepsi? "You hit the ground as hard as you can then get up as fast as you can," said Coach Anderson.

One thing that all wrestlers strive for is to lose weight. They lose most of the weight by eating less than normal and through the sweat lost in their strenuous practices. "It's not hard if you don't eat a lot. Just eat lots of vegetables," said Sciuolo. According to the team, losing all this weight for their matches does have a couple of advantages though. First, after each match the team eats together at the Your House restaurant. It also helps them compete at a higher level. "You try to lose as much weight as possible so that you can wrestle in the lowest weight class as possible," said sophomore, Marc Feller. "You lose water and weight, but you keep the muscle."

The varsity wrestling team looks to end their 98-99 season successfully with their hard work and dedication paying off.

## "Talkin' junk": The art of trash talking

By Greg Dolan  
Reporter

Trash talk in sports sounds something like this: "You throw up enough bricks to build a building. If you keep throwing up bricks this will be an indoor court." Trash talk has become prevalent throughout the sports world and is evident at Grimsley events.

Lacrosse has a tendency to be a violent sport with a high potential for its participants to lose control, but the Grimsley lacrosse team only attacks when provoked. Case in point: In Grimsley's highly contested loss to Reynolds High School last May, things got out of control.

During the game a ruck of Reynolds fans started to heckle Grimsley junior Joe Kelly. Every time Kelly touched the ball, they called out their most crude offenses. Towards the end of the game Kelly scored a goal, after which the crowd started booing Kelly. Kelly then ran over to the Reynolds sideline, pulled down his britches, and shook his bum back and forth at the Reynolds fans. Kelly was then exiled to the penalty box for thirty seconds. But Kelly said, "Yeah I would do it again. They deserved it. Nobody messes with Joe Kelly and gets away with it."

Another incident of lacrosse naughtiness, prompted by the insubordinations of Grimsley opponents, was the Grimsley game against Chapel Hill High. The game

was winding down with the Whirlies down by four. One of the rivals began to talk talk to Grimsley's squad. Abe Whaley, emulating a tactic demonstrated to him by lacrosse coach Brian Maleski, took his stick by the head, and swung it around, hitting the rival player in the knee. That player immediately dropped and had to be carried off the field. After the game, when Whaley went to apologize to the injured competitor, Chapel Hill's coach got in Whaley's face and started screaming, accusing Whaley of being a cheater and a dirty player. Whaley never got to apologize. After the game, his stick wielding skills inspired Whaley's teammates to tag him the name, "The Samurai."

One can guess that wrestling, not Nitro or anything seen on Jerry Springer, the real stuff, carries a high potential for misconduct. In a match last season, against Randleman High School, things got really fiery. The assistant coach for Randleman High had a son, who was to wrestle against Grimsley Senior, Chip Sciuolo. When they battled on the squared circle, words were exchanged, and the assistant coach overheard one of Sciuolo's affronts. The coach lost control. He cursed Sciuolo, and he then spit on Sciuolo's face.

These violent incidents do not just occur in physical sports. Being refined and haughty are elements of tennis that some think to be obligatory. But the events at last season's quarterfinal state playoff match between the Whirlies and Watauga High, defies every stereotype tennis holds.

The match was closely contested and each team's entire season came down to just a few games. In the match between the number one doubles pairs, both Grimsley and Watauga sent their best to capture a victory. Grimsley's Matt Pascale and Scott Fischer. On a questionable call made by Watauga, Pascale exploded. He raised his voice and said, "There is no way that ball was out." His indignant opponent responded, "It is our call; the ball is out." That was the last straw for Pascale. Pascale raised his finger, pointed it at the gallery of spectators, and said, "You are all a bunch of hookers (tennis terminology meaning cheaters)." Pascale claims that he, himself, is not hooked on trash talking.

Many fans feel that trash talking accentuates sports competitions, creating a more vivid animated match, which ultimately is more entertaining.

## Whirlie athletes' trademarks exposed

"Every Friday we have a game I wear my blue underwear."

William Bystrycki, junior, football

"When I take a shot, at the peak of my jump, I click my heels together."

Felisha Tate, sophomore, basketball

"Before every game we touch the 'G' in the gym. I don't really know why, but I guess it is for good luck."

Wyatt Taylor, junior, basketball

"Before every match I try to find a quiet place and I don't talk to anyone until the match is over."

Chip Sciuolo, senior, wrestling

"When we run out before each game, we slap the top of the door."

Robert Suggs, junior, football

"Sometimes the men's 400 yard freestyle relay yells as they dive into the water."

Jonathan Bass, sophomore, swimming

"If I win a match, I jump over the net."

Christin Harwell, junior, tennis

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The Robinsons

Good Luck

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