

SPORTS SHORTS

Swim team has rewarding season

Both the men's and woman's team finished as Conference Champions. Many swimmers qualified for the state swim meet that took place on February 15, in Raleigh. The swimmers include seniors: Andy Coughlin, Emily Durham, Daniel Chamblee, Matt Guttentag, Zach Lauenstein, Amanda Rutherford, and Ricky Sherwood. Juniors included: Olivia Chasse, Katie Maggio, and Andy Young. Sophomores were: Lila Cummings, Nathan Durham, and M.E. Miller. Freshmen included Meg Young.

Women's soccer schedule

Feb. 27 vs. NE Guilford (Scrimmage) 5:30 p.m.
Mar. 3 at SE Guilford, 7 p.m.
Mar. 4 at Forsyth Country Day, 7 p.m.
Mar. 6 vs. W. Forsyth, 7 p.m.
Mar. 11 vs. SE Guilford, 7 p.m.
Mar. 12 vs. HP Central, 7 p.m.
Mar. 17 at E Chapel Hill, 7 p.m.
Mar. 19 at HP Central, 7 p.m.
Mar. 20 vs. SW Guilford, 7 p.m.

Men's baseball schedule

Feb 27 at E Guilford, 5 p.m.
Mar. 3 at Reynolds, 4:30 p.m.
Mar. 6 vs. Ragsdale, 5:30 p.m.
Mar. 7 vs. HP Andrews, 5:00 p.m.
Mar. 11 vs. E Guilford, 5:00 p.m.
Mar. 12 at S Alamance, 7:00 p.m.
Mar. 14 at Ledford, 5:00 p.m.
Mar. 15 Pittston, PA (Endowment) 2:00 p.m.
Mar. 18 vs. Dudley, 7:00 p.m.

Women's softball schedule

Mar. 4 vs. Reynolds, 4:00 p.m.
Mar. 5 at HP Central, 4:00 p.m.
Mar. 7 vs. HP Wesleyan, 4:00 p.m.
Mar. 12 at Reynolds, 4:00 p.m.
Mar. 14 vs. HP Central, 4:00 p.m.
Mar. 20 at HP Wesleyan, 4:00 p.m.
Mar. 21 vs. Forsyth Country Day, 4:00 p.m.
Mar. 26 vs. Smith, 4:00 p.m.

Men's lacrosse schedule

Mar. 4 vs. Reynolds, 7:30 p.m.
Mar. 7 at Durham Jordan, 7:30 p.m.
Mar. 10 at Mt. Tabor, 7:30 p.m.
Mar. 13 vs. E Chapel Hill, 7:30 p.m.
Mar. 17 vs. NW Guilford, 7:30 p.m.
Mar. 21 vs. SE Guilford, 7:30 p.m.

Women's lacrosse schedule

Mar. 1 Greensboro College Jamboree TBA
Mar. 5 vs. Cardinal Gibbons, 6:00 p.m.
Mar. 7 at E Chapel Hill, 7:00 p.m.
Mar. 10 vs. Page, TBA
Mar. 15 vs. Providence, 1:30p.m.
Mar. 19 vs. Chapel Hill, 7:00 p.m.

Doug Rozelman places at State
Senior Doug Rozelman placed fifth in the North Carolina High School Wrestling State Championships. He won four of six matches during the two-day competition at the LJVM Coliseum in Winston-Salem.

ACC provides most intense action around

After taking the National Championship title last season, Maryland is prepared to prevail once more.

By Ashish Sharda
Staff Writer
Sports Commentary

This year, the Atlantic Coast Conference (ACC) is different from the past. Traditional juggernauts Duke, North Carolina, and Maryland are no longer one cut above the others. The conference is wide open, providing for potentially exciting and competitive games.

As the season began, I found myself having countless arguments with obsessed Duke fans. All the pre-season hype concerning Duke didn't concern me. I knew the team would have a good season, as they always do with Coach Kryzewski at the helm, but as for a national championship, I was highly skeptical. I still am.

Duke lacks the inside presence needed to win the NCAA tournament. Freshman Shavlik Randolph is their only post player, and he is too weak at the moment to play the position. During the ACC season he has played against inside forces such as Virginia's Travis Watson, who pushed him around. This lack of a tough post player is Duke's main weakness.

Duke's youth also puts the team at a disadvantage. With freshmen occupying the bulk of playing time for the team, lack of experience will prevent this team from being as good as the experts said they would be in the beginning of the season.

Another team of fledgling fresh-



Steve Blake, senior point guard for Maryland, is one of the returners from the 2002 National Championship team. His experience and guidance will help lead the Terrapins on their quest once again.

men is the North Carolina Tarheels. After a dismal season last year, the team recruited some of the best freshmen in the country. For the first time in the esteemed school's history, UNC has three freshmen: Raymond Felton, Rashad McCants, and Shawn May are the present and the future of the team. Although they are highly talented, they will experience the same problems as Duke because of the lack of experience.

The Tarheels were expected to be an NCAA tournament team, but little else. In lieu of their recent

struggles, I think the Heels will not qualify for the field of 65 competitors who make the big dance. They are too inconsistent, should start thinking about next year, and looking forward to a bright future.

Conversely, defending national champion Maryland has a plethora of seniors. This is the reason why I feel Maryland can reach the Final Four once again; all their players have been in the system for four years, and they have game experience. When the big games come around, they will be able to perform in key situations. Many

people counted them out early on in the season because of the losses of Juan Dixon, Lonnie Baxter, and Chris Wilcox. However, seniors such as Taj Holden, Drew Nicholas, and Steve Blake have stepped up to heal the wounds of the departed.

Unlike Maryland who was expected to accomplish this year, experts expected Wake Forest to do little. The team has surprised many of the critics, in large part because of jaw-dropping play from senior Josh Howard. His outstanding performances night in and night out may earn him ACC Player of The Year honors and an ACC championship for his team.

Likewise, another player who may be the lone driving force for his team is Julius Hodge of NC State. He is the catalyst of the offense, as every play begins and ends with him. Hodge is supported with a stack of role players, including former Grimsley Whirlie Cameron Bennerman, which will be the ex-factor in the success of their season. Although NC State is having a good season, failed early expectations have caused them to fall out of the national radar screen.

After covering and analyzing each team, I can say that the ACC is no longer the number one conference in college basketball, but the most competitive. The teams are above average, but not among the elite in the country.

Not one team is the clear-cut favorite to run away with the ACC trophy. To see who will climb to the top of the ACC plateau at the season's end will once again be an interesting journey through the upper echelon of college basketball.

Spring season greets runners, hikers alike

As spring approaches, it is a great time to hit the trails around Greensboro.

By Emily Durham
Staff Writer

Sandy beaches and hot sunny days – visions of Spring Break dance through the heads of Grimsley students as the countdown begins. Instead of doing hundreds of crunches the week before the long awaited vacation, why not hit the trails of Greensboro with running shoes, a bike, or in-line skates?

Lake Daniel Trail (1.9 miles)
Lake Daniel Trail (across the street from Grimsley) runs from Friendly Avenue, behind Wesley Long Hospital, and then parallels Benjamin Parkway. In addition to running, walking, and biking on the paved walkway, one can also stop at any of the twenty fitness stations to obtain an extra workout.

The Greensboro Arboretum (1.1 miles)

Besides an extensive collection of flora and fauna, the arboretum, located within Lindley Park between Wendover Avenue and West Market Street, boasts over a mile of paved walkways perfect for running, inline skating, or biking.

The Bicentennial and Bog Gardens (1.7 miles)

One of the hidden jewels of Greensboro, the two gardens located off Hobbs Road have almost two miles of paved walkways. The bog garden additionally features a half-mile boardwalk, which provides many opportunities for viewing wildlife, especially during sunrise and sunset. Because of the parks' close proximity to Grimsley and Friendly Shopping Center, they are perfect places to take your favorite fast food for a picnic. However, bicycles are not permitted in the gardens.

Country Park (6.1 miles)

Country Park, located off Battleground Avenue near Lowes, is an excellent park for hikers and bikers alike. The Country Park loop (1.6 miles) around the lake is an easy one-lane road that is open to bikers, pedestrians, cars, and inline skaters.

Courthouse National Military Park (4 miles)

If the idea of learning history while being outdoors is appealing, then the national park is a definite "don't miss." While hiking or biking the trails and road system within the park, one can learn about the Battle of Guilford Courthouse through the interpretive displays and signs.



Leung photo

Junior Sreyas Sankar and senior Mauricio Velasquez enjoy a leasurly jog on the Lake Daniel Trail across from Grimsley. As the weather heats up, outdoor exercise is a great way to stay in shape.

Bur-Mill Park (4.5 miles)

Bur-Mill Park, the most distant of the recreation areas listed, is reached by following Battleground Avenue out to one mile north of Horse Penn Creek Road. Within the park are some of the city's most challenging mountain biking trails.

For fishing enthusiasts, there is a lake and pier available.

Instead of heading to the gym, take in some fresh air outside while exercising. If you look around closely, spring may not be as far off as it seems.