

Dr. Drew delivers messages to viewers regarding addiction, sex, other health issues

BY LINDSEY STADLER
Reporter

Drew Pinsky, familiarly known as Dr. Drew, continues to enjoy a fruitful career that has included acting, radio-hosting, and practicing internal medicine with a concentration on addiction cases. Pinsky was born in Pasadena, California, where he attended Polytechnic School for grades K-12. His mother is a retired singer and actress, and his father was a physician. After completing twelfth grade, Pinsky attended Amherst College where he majored in biology. He earned his M.D. at the University of Southern California, School of Medicine and completed his residency at USC County Hospital. Then he became chief resident at Huntington Memorial Hospital and eventually moved into his own private practice.

While still a medical student, Drew initiated his radio-career in 1984 by appearing on an "Ask a Surgeon" segment of a local radio station. That experience, combined with a "Loveline" segment, soon gained Pinsky and co-worker Jim "Poorman" Trenton their own show, which aired nationally in 1995 and soon transformed into its very own television show, launching on MTV the following year. The "Loveline" radio show still continues today.

In November of 2007, Pinsky began "Dr. Drew Live," yet another talk radio show. The program focused on a variety of different health issues, and even though it was cancelled the

following year, the show's website is still up and running; interested listeners can still download and listen to various old shows.

Pinsky made his acting debut on the television show "Space Ghost Coast To Coast" in 1998 and later made appearances on "Dawson's Creek" and even "Family Guy." He has also appeared in the films "New York Minute," "Big Stan," "Overexposed," and "Wild Hogs." Additionally, he has appeared on many television talk shows and served as "health and human relations expert" on the very first season of the TV series "Big Brother" in 2000.

Pinsky has also hosted his own series, "Strictly Sex with Dr. Drew," later changed to "Strictly Dr. Drew" on the Discovery Channel. Its first broadcast was in 2006, and it still continues to air today. He teamed up with VH1 to create a new series entitled "Celebrity Rehab," which focuses on celebrities in drug rehabilitation facilities. The series first aired in 2008 and has been renewed for multiple seasons as well as a follow-up show, "Sober House," which involves many of the same celebrities for "Celebrity Rehab" as they continue their recoveries in a sober environment.

In 2003, Pinsky had a book published about his experiences as the Medical Director of the Department of Chemical Dependency Services at the Las Encinas Hospital Drug Rehabilitation Clinic in Pasadena, California. He also contrib-



Dr. Drew Pinsky hosts a show on Headline News, covering subjects including the latest kidnappings, trials, and celebrity downfalls. He was also popular for his radio talk show about sex. *Internet photo.*

uted to the book "When Painkillers Become Dangerous: What Everyone Needs to Know about OxyContin and Other Prescription Drugs," published in 2004. Five years later, another book of his was available to readers, "The Mirror Effect," which concerns celebrity narcissism.

Aside from Pinsky's medical career and media appearances, he speaks at college campuses and other venues. He received the Larry Stewart Leadership and Inspiration

Award at the twelfth Annual PRISM Awards in 2008.

Married to Susan Pinsky for 20 years, Pinsky and his wife have triplets who are presently 19 years of age. Pinsky stays busy with all of his media programming, and when he does find some free time, he spends it with his family and exercises to remain fit. The Pinsky clan lives in a 13-bedroom house in his hometown of Pasadena, California.

Florence and the Machine delivers motivating lyrics laced with deep meanings in 'Ceremonials'

BY LINDSEY JENKINS
Photographer

English-born musician Florence Welch, also known as Florence and the Machine, released her second album entitled "Ceremonials" on October 31, 2011. This album shares a similar sound to her first album called "Lungs," but it also features tracks with different and fresh sounds not yet heard from her.

Welch wanted "Ceremonials" to be an improved version of "Lungs" with a "more dark, more heavy, bigger drum sounds, bigger bass, but with more of a whole sound," according to an article on Wikipedia. Critics describe her work as a combination of rock, alternative, and soul.

In the first track, called "Only If for a Night," Welch sings about a dream she recalled and what sort of meaning she interpreted. It is one of the slower songs on the album and begins with the sound of cathedral bells. "Shake It Out" carries an upbeat sound and is very catchy. One line of the lyrics that really stands out is "it's always darkest be-

fore the dawn," which symbolizes that dark and sad times will always exist, but happy times are never far behind. The title "Shake It Out" implies that one should remain strong to overcome difficult situations in life and keep a positive attitude in general.

"What the Water Gave Me" features several instruments, but most noticeably guitar and harp.

"It's a song for the water because in music and art, what I'm really interested in, are things that are overwhelming. The ocean seems to be nature's great overwheeler. When I was writing this song, I was thinking a lot about all those people who've lost their lives in vain in attempts to save their loved ones from drowning. It's about water in all forms and all bodies. It's about a lot of things," said Welch in an explanation of the song's intended meaning.

"Never Let Me Go" explores the musician's feelings as she finds relief from stress in her life, thus it also concerns her finding an escape from all her problems. In "Breaking Down," also regarding her personal

struggles, Welch writes that she sees something in "the edge of the room," meaning she has trouble sleeping because of haunting nightmares. The song is fast paced with soft singing that sets the mood of the song.

Very powerful both lyrically and vocally is the tune called "No Light, No Light." Listeners enjoy hearing the broad range of notes Welch can reach. The lyrics include "You can't choose what stays and what fades away," suggesting that different events will happen in one's life, and no one knows for sure who or what will influence him the most or who will remain around the longest.

"Seven Devils," a slow, eerie-sounding track, concerns the seven venial sins: Greed, Lust, Gluttony, Sloth, Wrath, Envy, and Pride. Welch sings about how these sins taunt her and tempt her.

Another fast-paced track, "Heartlines," is about lines in the palm of someone's hand and how they are supposed to determine the destiny of his or her love life. Welch writes, "Just keep following the heartlines on your hand,"

insisting that love finds different paths for everyone.

In the track called "All This and Heaven, Too," Welch searches desperately for some sense of understanding about what she does not comprehend. She would give her all and "heaven, too" just to understand what she cannot figure out.

"Leave My Body" is a song in which Welch claims she wants to leave the past and bad memories behind. She wants to be finished with conflicts that hold her back and keep her from enjoying a better future. "Remain Nameless" is a slow track about how people tend to let others down, so one cannot really depend upon anyone but himself or herself. For this reason, Welch claims that she surrounds herself with individuals who need her, unlike most people.

"Ceremonials" provides listeners a selection of music that truly portrays Welch as a growing artist. She has certainly transformed herself since her debut album in 2009. This album is definitely worth the purchase.