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founding of our nation. This bujutsu trains us in body and in spirit to achieve the martial spirit by means of ki with the multitude of deities. So we train to unite the truth, happiness and beauty of the sincere soul. Bu builds sincere people who have not the slightest vulnerability or opening since they have completely unified their soul and their mind. Therefore our aim is to mutually cultivate in both the world of appearances and in the world of essences and thus to take charge of this world of the present and bring to perfect harmony and beauty our Japanese spirit.

The game of Capoeira requires the use of intuition and foresight and does not

rely solely on the use of physical strength. During the game the capoeiristas skillfully expose the limitations of their opponents and engage in playful attacks and counterattacks thus better enabling themselves to discover their personal power. Professor Marcia Cigarra. Some styles of Capoeira choose animal mascots such as the chameleon. The chameleon changes its color according to each situation in order to survive. The style gives the capoeirista the means to adapt to any opponent regardless of the physical condition, style and rhythm that they may impose on the player.

In this way the capoeirista using the chameleon style is able to

preserve his or her physical and moral integrity. The traditional styles of martial arts, like the traditional philosophies exist today, but in this post-modern era of plurality, Jeet KuneDo, a martial arts stressing formlessness and freedom of style was developed by Bruce Lee after coming to the United States. In this melting pot of ideologies it is important that we maintain our own mentality both in mind and body. There are many roads that lead to the Way, but these contain but two common features: recognition and practice. By recognition is meant that meditation reveals the truth that all living things share a common nature, a nature concealed by the veils of illusion. Bodhidharma.

Bisei: Carolina's Sweet Voices

Carol Choe, Junior

BISEI, Japanese for "sweet voices", was created by several members of the Asian Students Association in March 1998. Many had realized the lack of diversity in the types of entertainment groups on campus, especially those for Asians. Although many dance teams had been formed, no one had thought to create a fun, laid-back vocal group. At that time, this enterprising group was called the Asian Ensemble and consisted of three key leaders, Francis Ahn, Carol Choe, and Angela Wang, and a handful of members who really loved to sing. For a year, the ensemble struggled to find a niche they could fill. However, it soon became apparent that the group did not need to cater to a particular mold, rather they could explore various creative venues with their song.

BISEI had their first debut during Journey into Asia in November 1999. Since then, they have been asked to lend their "sweet voices" for various performances around campus. BISEI is hoping to expand its horizons with different vocal styles and songs and also to use their gifts for charitable causes.