



Surge of Success

by Sartia Stover

Focusing on Success? Try this— This book of the law shall not depart out of thy mouth; but thou shalt meditate therein day and night, that thou mayest observe to do according to all that is written therein; for the thou shalt make thy way prosperous and then thou shalt have Good Success” Quoted from one of the greatest works of literature, the Holy Bible.

Surge of Success has marched through January and February and now we are marching in March. It's the third month of the year, already, and I know you have success stories to tell. Take a moment and reflect, but . . . not long. Remember your success is contingent on the variables in your life, and what you must overcome to reach your goals. Each person's story comes with a different triumph. Search yourself for the role model that lies within you, and inspire others to live.

This month as we Surge into Success, we will be lending you thoughts from the school of life. Read and Remember:

Louise Hay says, “I find that when we really love and accept and approve of ourselves exactly as we are, then everything in life works. Acceptance is the act of embracing what life present to you with a good attitude.”

Eleanor Roosevelt says, “No one can make you feel inferior without your consent. It's not what happen to you , it's what you do about it.”

Susy Prudden says, Your body is your vehicle for life. As long as you are here, live in it, Love, honor, respect and cherish it, treat it well, and it will serve you “in-kind.”. If you abuse your body it will break down in various ways until you learn the lesson of respect.

Bruce Springsteen says, “It ain't no sin to be glad you're alive!” Sometimes I forget the importance of pleasures as I race through the demands and commitments of my life.”

Jon Kabat-Zinn says, “When experience is viewed in a certain way, it presents nothing but doorways into the domain of the soul.” Openness means being receptive. Life will present you with innumerable lessons, none of which will be useful to you unless you recognize them and are open to their inherent value.”

Ralph Waldo Emerson says, “I will do strongly before the sun and moon whatever inly rejoices me and the heart appoints. There are no neutral actions. Even the smallest gesture has a direction to it, leading you closer to your path or farther away from it, whether you realize it or not.”

Author Unknown says, “I cried because I had no shoes until I saw a man who had no feet” As you work towards aligning yourself with your own individual truth, you will be required to move out of the complaining of “it's not fair,” if you want to move toward serenity,”

Harold Kushner says “ You nourish your soul by fulfilling your destiny. Grace comes when you understand and accept that the universe always creates circumstances that lead every person to his or her own true path,

and that everything happens for a reason as part of a divine plan.

Remember as you read, there is a divine plan for your life. Surge into Success. Information this month was taken from Dr. Cherie Carter-Scott's book, If life is a Game These are the Rules.

Until next time Sartia



Straight From the Heart

“Straight From the Heart” continues to share poetry and other literary works by local artists. Enjoy the world of the “Muse” in rhyme, rhythm, prose, laughter as we feature different artist each month. This month, we will feature Linda Beverly, a 2nd grade school teacher at Rural Hall Elementary School, and Kan-D a local resident of Winston-Salem, who loves to write inspirational poems.

CELEBRATION

by Sartia

I can see you in me, and me in you,
Woven together by the Master Weaver.
The tiny, colorful threads of the Universe.
It's the Fabric of our African Heritage and
The Mysterious Wonder of the Human Experience
Come, let us celebrate one another.

LOVE

by L. C. Beverly

L - is for a heart leaping when that special one comes into view.
the joy that fills you completely and makes you feel brand new.
O - is for the one and only that makes the world seem so right
even if danger is ever present morning, noon, or night.
V - is for violins playing whenever that special one speaks.
The voice is music to the ears and movement to the feet.
E - is for elevation the feeling of walking on a cloud.
when the name of that special one is spoken
with a few present, or in a crowd.
Love is what we need. Four letters in a word so small.
But what you do with Love
Can Make Others Feel Ten Feet Tall!

A MOTHER'S PRAYER

by “Kan-D”

I've made such a mess of my life. How do I keep my children
from making such a mess of their lives? How can I help them?
How can I tell them that you're all they need in
the midnight hour when I never held on long enough
to see if you were all I needed?
How can I get them to believe that you're a comforter
when I never let you comfort me?
How can I make them understand that you can fill all their voids
when I haven't let you fill mine yet?
How can I make them realize that you have everything under control
when I'm still trying to control my life, my way?
How can I help them turn to you, and come what may,
when I turn astray when troubles come my way?
How can I convince them that you will wipe away all their tears
when I am still using tissue to wipe away my tears?
How can I let them know that you will mend their broken hearts,
when my heart still feels like it has been
crushed into tiny pieces of egg shells?
All because I still think I can fix it my way.
Well, Daddy, my way is not working. I need you to fix it (my life).
I broke it because I did what you told me NOT to do.
So, now I need you Lord. I need you to be all I need in the midnight hour.
I need you to be my comforter. I need you to fill all my voids.
I need you to take life under control and wipe away all tears.
I need to trust in you enough to let you mend my broken heart.
I need you to do all of this so I can tell my girl to turn to you come what may.
Help me to save Myself, So I can save my babies!!!