



HANDY POINT CHART FOR PROCESSED FOODS

Point Values of Popular Sizes, Effective May 2, 1943

USE BLUE STAMPS G H J

Table with columns for CANNED AND BOTTLED, WEIGHT, and CONTAINER SIZE. Rows include FRUITS, FRUIT JUICES, VEGETABLES, and VEGETABLE JUICES.

Note.—Jams, jellies, marmalades, fruit butters and similar preserves are NOT rationed.

Table with columns for SOUPS, CONTAINER SIZE, and BABY FOODS. Rows include Tomato Soup and other soups.

Table with columns for FROZEN, CONTAINER SIZE, and various food items. Rows include strawberries, beans, corn, etc.

Table with columns for DRIED, CONTAINER SIZE, and various food items. Rows include dried soups, peas, beans, etc.

This chart only lists point values for the most popular sizes. See the official chart at your grocer's for other sizes and unit values.

CAUTION Only items on this chart require the surrender of Blue Stamps from War Relocation Authority.

Farm Production Resources Said Ample For United States

AGRICULTURAL OFFICIAL DECLARES SOME CHANGES ARE LIKELY IN EATING HABITS

The agricultural resources of the United States are certainly ample to meet all of our requirements for food production...

That is the opinion expressed Tuesday by J. B. Hutson, associate director of the food production Administration...

Discussing the current feed situation as it applies to North Carolina, Hutson said the livestock program that would return farmers the maximum quantity of nutrients from the feed available...

Citing the increase in livestock production, Hutson said the nation now has more livestock than at any previous time in the history of the country.

will be reached before the end of the year.

The American people, he said, have made adjustments in their eating habits in the past. During the last 35 years consumption of meat, for example, has fluctuated between 163 pounds per person in 1908 to 116 pounds per person in 1935.

The feed grain situation, he pointed out, raises the additional question as to how farms can best utilize their available feeds in the production of foods that will contribute most to the nation's diet.

"There is a surprisingly wide range in the efficiency with which different types of livestock convert hay and grain into human food. There is a wide range in the amount of labor necessary to bring about this conversion. If we pass for a moment the vitamins, minerals and other minor elements recognized as highly essential to satisfactory nutrition and concentrate, instead, upon calories and proteins that can be obtained from concentrated feeds, we probably should rate the animal products as follows: milk consumed as fluid milk and milk solids, first; milk consumed as cheese, second; eggs third, chickens, fourth; hogs, fifth; and fat steers, sixth.

Turning to full utilization of available protein food, he said that nutrition experts point out that the typical American diet can substitute vegetable proteins for about half of the proteins now obtained from meat.

"For example, we can produce five times as much protein per acre from an average yield of soybeans and six times as much protein from an average yield of peanuts as from an acre of feed fed to milk cows. The relative production per acre of fats from direct food crops is almost equally as striking. We can get more fat per acre in the form of vegetable oils from either soybeans or pea-

nuts than we can get from feed grown on an equal acreage and fed to hogs and much more than we can get from feed grown and fed to milk cows."

The tremendous saving in land and labor by direct consumption of food products should be most reassuring to those who fear we will be faced with a scarcity of food. It is not too early, however, to consider how far we should shift from growing crops to feed livestock to growing crops for direct consumption, he concluded.

Broken Watch Crystal Replaced THE JEWEL BOX 932 Roanoke Ave. Roanoke Rapids, N. C.

CAMEL TOBACCOS advertisement featuring a sailor and a pack of cigarettes. Text includes 'IN THE NAVY they say: BUBBLES IN THE TANK', 'JACK O' THE DUST', 'DOG IT DOWN', 'CAMEL', 'FIRST IN THE SERVICE', 'COSTLIER TOBACCOS'.

A Modern Ben Hur

General Lew Wallace wrote Ben Hur in 1880. It is said that he started out to write a story that would disprove the authenticity of the gospel story and especially the divine nature and authority of Jesus as the Christ of God. His Christian wife, in the meantime, was praying that his eyes might be opened to see the true reality of the matter. He wrote three chapters in this negative, skeptical frame of mind. At this point he was impressed deeply and strongly that he was altogether wrong, went from his study to his wife's room and told her of the remarkable experience that had changed his whole outlook as to the matter. She begged him to rewrite those chapters and complete the story in the light of his new vision. He did so, and gave to the world what is generally conceded to be the greatest story portraying the character and work of Jesus that has ever been written. Nor can any other story, even today, displace Ben Hur. I am not saying anything now, however, when I say that the whole approach to religion -- God, Christ, the Bible -- is very different now from what it was when Ben Hur was written. Some one told me recently that Dr. Lloyd Douglas had put out a story that does for the age of Jesus the same thing that General Wallace did two generations ago, with the important difference that Dr. Douglas speaks in the language and concepts of current life and deals with the problems of this age. It was rather hard for me to see how it could be so. But during the past few days I have read Dr. Douglas' story and am ready to say that the appraisal of it by my friend was not in the least extravagant. This is perhaps as high as commendation of THE ROBE as I could give.

Of course no one will suspect any connection between the stories from my comparison except that they both deal with the same historical period -- the Roman Empire at the time of Jesus. THE ROBE covers a period of about three years, beginning just before the crucifixion of our Lord and extending beyond the martyrdom of Stephen and into the time of the Roman persecution of the Christian movement. It is a marvel to me to note how many of the persons and incidents of the New Testament are woven into the story, how naturally they take and fill their respective places, and how one is made to feel that he is actually living in the period while reading this book. I hope that the book may have a wide and sympathetic reading. THE ROBE is published by Houghton Mifflin and Company, Boston, and sells for \$2.75. W. R. Cullom.

DON'T BE A LAND PILOT

BY RUTH TAYLOR

One thing we know - the calls for more arms, more food, more handgades, more bonds - are the signs of pending offensive action on the part of the Allies. Such action will be costly, we know - costly in men, munitions and money - but wars are never won by defensive measures. We have to take the offensive and strike hard fast and ruthlessly.

The fighting is up to the armed forces and to those who direct them, but there is one thing we can all do to help - Stop harrying those in authority who have the responsibility and burden of making decisions and determining strategy! The enemy should be the only opponent about whom they should have to worry. Whether we agree or not with their decisions is unimportant, in a democracy and under a republican form of government it is up to

both minority and majority to give loyal service both of lip and arm to those whom the people themselves have selected to lead them.

The success of the North African venture was largely due to the fact that it came as a surprise to the enemy. Its advantages or disadvantages were not hashed out in the press or over the air by self-styled experts. That is not the way wars can be fought and WON. Now is not the occasion for either "land pilots" or swivel chair generals. We have commanders trained and equipped to make the necessary decisions - so let's leave the job to them.

Two thousand, one hundred and seven years ago, Lucius Annelius Paulus, a Roman general, stated the case in words which are just as applicable today:

"In every circle and truly at every table, there are people who lead armies into Macedonia; who know where the camp ought to be placed; what posts ought to be occupied by troops; when and through what pass that territory should be entered; where magazines should be formed; how provisions should be conveyed by land and sea; and when it is proper to engage the enemy, when to lie quiet.

"What is my opinion? That commanders should be counseled, chiefly, by persons of known talent; by those who have made the art of war their particular study, and whose knowledge is derived from experience; from those who are present at the scene of action, who see the country, who see the enemy; who see the advantages that occasions offer and who, like people embarked in the same ship, are sharers of the danger.

"If therefore, anyone thinks himself qualified to give advice respecting the war which I am to conduct, which may prove advantageous to the public, let him not refuse his assistance to the state, but let him come with me into Macedonia. He shall be furnished with a ship, a horse, a

LITTLETON TOWNSHIP (Colored)

- Rogers, Est. of Nancy, 1 lot Thelma home 2.06
Rouse, Alice, 1 lot East End Ave 1.62
Rouse, William J., 1 lot Harvey Gore land 1.62
Shaw, Wesley and Freddie, 19 acres Webb-Lucas land.
3 5 | 10 acres Est. S. Ferguson St. 11.09
Stovall, Robert, 11 acres Ashe Coppersmith land 5.44
Taylor, Eva, 2 acres pt. Lucy Leach land 3.15
Tillery, Dinah, 1-4 acre old Point Road 1.27
Webb, Emmitt, 5 acres Lucy Leach land 1.97
Wilkins, Daisy, 1 lot East End St. 12.01
Williams, Lucy A., 1 lot E. Side Ferguson St. 4.06
Williams, Moses, 30 acres Ben Hawkins land - improvements 13.73
Williams, Pattie, 1-2 acres Eaton Ferry Road 3.37
Williams, Sallie, 25 acres Zollicoffer land 4.32
Williams, Est. of Susanna, 1 lot East End Ave., 1 lot East End Ave. 5.74
Williams, Vasco, 20 acres home pt. S. B. Pierce 10.24
Wright, Emma, 1 lot Butterwood 3.75
Young, Lewis, 1 lot East Ferguson St., 1 lot West Ferguson St. 24.91
Young, Est. of Winfield, 1 lot Print 1.13
Zollicoffer, Albert, 5 acres home 6.12
Zollicoffer, McRae, 1 6 | 10 acres near Print 5.14
Zollicoffer, N. M., 50 acres Glasgow land, 10 3 | 4 acres home, 25 acres M. B. Glasgow land, 27 5 | 10 acres M. B. Glasgow land 19.21
Zollicoffer, Est. of Tom, 37 acres home 6.80
AFTER LIST
Thornton, J. C., 9 lots East End Ave. 3.33



From where I sit...

by Joe Marsh

All this talk about people over 40 being too old for a new job! Well, you ought to meet Pop Graham, the new foreman at the iron works. Pop must be over seventy -- yet soon as the war broke out he started out on a brand new career.

"I reckon Uncle Sam can use me now," he says -- and pitches in with both hands, making armor plate.

Yes, there's a lesson for the young folks in Pop Graham's

spirit. And when the hard day's work is over, you'll find Pop relaxing and having a cool refreshing glass of beer. From where I sit that's still another lesson we can learn from older people -- moderation. Moderation in enjoying good beer... tolerance for others who enjoy this friendly, wholesome beverage of moderation.

New Cattle Disease Now Found In State

Several outbreaks of anaplasmosis, an infectious disease of cattle only, which is transmitted by carriers not at present located, has been reported in several sections of North Carolina, according to Dr. C. D. Grinnells, Experiment Station Veterinarian at North Carolina State College. Records show that it has been diagnosed in more than twenty states.

Dr. Grinnells says that this new disease is carried from an infected to a negative animal by some fifteen species of ticks. It may also be transmitted by bleeding needles, vaccination needles and other surgical instruments. Outbreaks often follow dehorning operations, castrations and other minor operations where the same instrument is used without sterilization between animals.

The carrier problem is the great difficulty in managing anaplasmosis. Animals that recover from

LATEST CROP OF ODD DIVORCE COMPLAINTS

Curious problems aired in divorce courts, including the case of a husband who had to share his bed with a pet monkey, the wife who was forced to salute her spouse and other equally strange complaints of martial life. Look for this unusual feature in the May 16th issue of

The American Weekly The Big Magazine Distributed With The BALTIMORE SUNDAY AMERICAN Ask Your Dealer To Reserve Your Copy

IS THERE ANYTHING THIS GHOST BUSINESS

Famous spook-hunting tells of sixteen authentic tions and offers an interesting planation of how spectres actually "manufactured" mind. Read this illuminating in May 16th issue of

The American Weekly The Big Magazine Distributed With The BALTIMORE SUNDAY AMERICAN Ask Your Dealer To Reserve Your Copy

Want Ad

NOTICE Due to labor shortage I am unable to saw any more logs some time. I want to thank customers for their past favor. J. G. Trueblood, Weldon, N. C.

LOST--Small black leather case with initials S. E. S. containing two keys and driver's license. Finder please return Mrs. J. S. Selden.

DYNAMITE FOR SALE magazine is full of dynamite and fuses for Eastern North Carolina. Pierce-Whitehead Ware Co., Weldon, N. C.

FOR RENT--Upstairs Apt. 2 rooms and bath, centrally located. Apply to Mrs. M. Arrington, Phone 159-W., South Hill, W.

FOR SALE--Nice fat fryers. T. J. Canipe, W-5931, We De 4t.

WANTED--In Roanoke Rapids Weldon several men for auto and industrial insurance. Good salary and commission. Experience not essential. For application phone R-602-6.

PERMANENT WAVE, 59c. your own Permanent with Curl Kit. Complete equipment, including 40 curlers and shampoo. Easy to do, absolutely harmless. Praised by thousands including June Lang, glamorous movie star. Money refunded if not satisfied. SELDEN'S PHARMACY

LITTLETON THEATRE

LITTLETON, N. C.

Week of May 17th

MONDAY, TUESDAY

Gary Cooper

PRIDE OF

THE YANKEES

Admission--Children 9c. All other down stairs 25c. Balcony 20c. including tax.

WEDNESDAY

Don Red Barry

JESSIE JAMES, JR.

Admission -- Afternoon and 9c and 20c, including new tax.

THURSDAY and FRIDAY

George Montgomery-Ann Ruth

ORCHESTRA

WIVES

down stairs 25c. Balcony 20c. including tax.

SATURDAY

Tim Holt

PIRATES OF

THE PRAIRIE