

The ROANOKE News

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Farm Homemakers State College Hints

BY RUTH CURRENT
N. C. State College

The homemaker of today should look upon her kitchen as a laboratory; scientific knowledge of bacteria must be applied here for the health of the family, because in the kitchen is prepared the food for nourishing adults and grow-

ing children. Sunlight in the kitchen destroys germs. Floors or their linoleum coverings may be wiped daily with a damp cloth, and small throw rugs shaken or cleaned.

Washing dishes does not insure sanitary cleanliness if the dish cloth has lain wet, concealing all kinds of bacteria.

Scalding dishes after washing, removes the film which holds bacteria to the sides of the dishes. Dish cloth and dish towels for

drying dishes must be boiled and sunned often. Yellow laundry soap and scalding hot water is a disinfectant, and half teaspoonful of concentrated lye added to water in which towels are boiled will whiten them and kill germs.

Unwashed doorknobs harbor germs. The garbage pail must be emptied and scalded often if it is to be odorless as well as safe from poisonous bacteria. Many kitchen utensils, after washing, may be put out of doors in the hot sunlight for thorough sterilization.

When you use a make-shift arrangement to reach a high shelf, you're asking for a fall. Reachable cabinets eliminate this hazard.

Cluttered cellar steps frequently cause bad falls. It's easy to put things like mops, shoes, and skates away if there is a place for them. The lack of handrails is an added hazard.

Feeding tests have shown that it takes almost twice as much late cut hay to put a 100 pound gain on a steer as with early cut hay.

Fertilize your crop in accordance with your rotation, says Dr. Emerson Collins, in charge of Extension agronomy at State College.

The future progress of the poultry industry in North Carolina lies largely in reducing mortality and increasing the performance of individuals in the flock, says Prof. Roy Dearstyne of State College.

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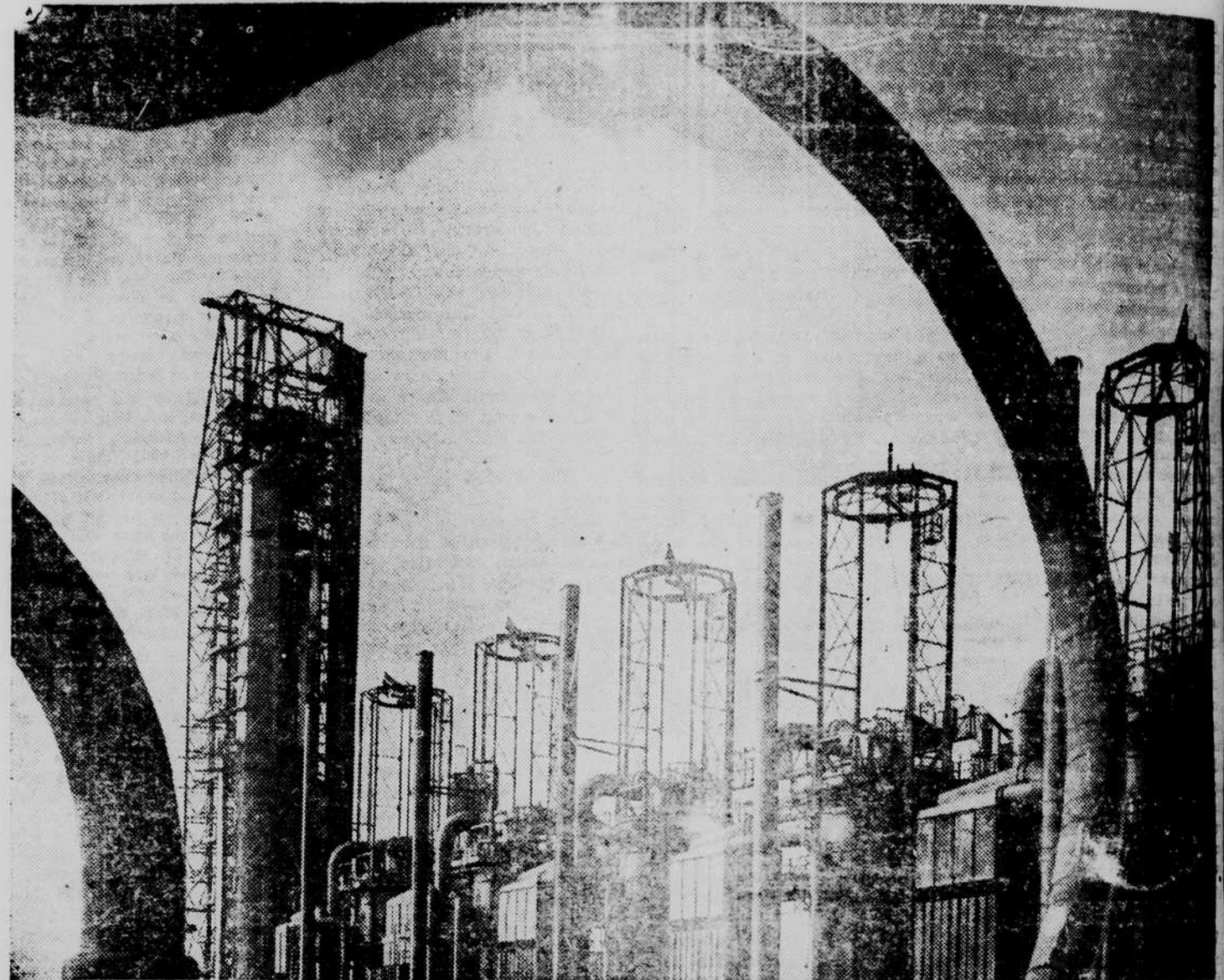
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HAPPY NEW YEAR



HEAR YE! HEAR YE!

Whereas our friends remained steadfast and true to us in 1944, and whereas we have a deep feeling of appreciation for this expression of loyalty, therefore be it proclaimed throughout this country that we have ordered the New Year, 1945, to be an especially happy and prosperous one for all.

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Free men can hope and plan and achieve—and we Americans are free!

As the old year wanes, hope springs up afresh, and the determination to do better in 1945 than ever before rises buoyantly. That your fondest hopes may be fulfilled during the coming year is the earnest wish of

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